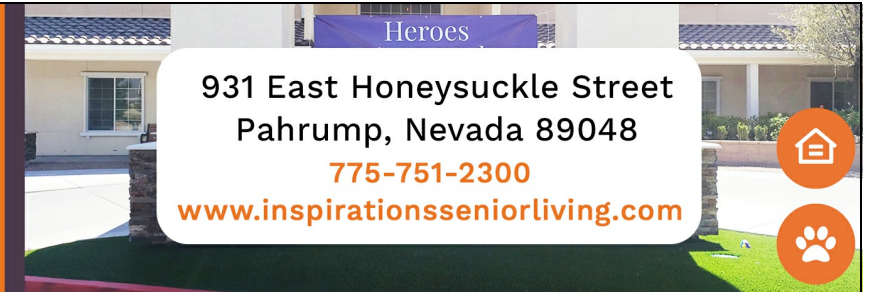




INSPIRATIONS
SENIOR LIVING
A GRACE MGMT COMMUNITY

JULY 2021

INSPIRATIONS Senior Living-MC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>		<p>Happy Birthday!! Jeanne E. 7/15</p>		<p>1 PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>2 SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration SE 12:30 Scenic Drive PY 3:00 Sittercise SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>3 PY 7:00 Chair Exercise (IN2L) SP 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>
<p>4 Independence Day</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music with Sue PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>5</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>6</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>7</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>8</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>9</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>10</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>
<p>11</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music with Sue PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>12</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>13</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>14</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>15</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>16</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>17</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>
<p>18</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music with Sue PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>19</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>20</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>21</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>22</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>23</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration SE 12:30 Seemore's Outing CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>24</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>
<p>25</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music with Sue PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>26</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>27</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>28</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>29</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>30</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>	<p>31</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music with Sue PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Hot Chocolate SP 7:00 Night Time Meditations</p>

Events are Subject to Change.