



HERITAGE OAKS
A GRACE MGMT COMMUNITY

JULY 2021

Heritage Oaks Senior Living 1st

1100 German School Road
Richmond, Virginia 23225
804-323-3800
www.heritageoaksseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>Location Keys Activity Room- AR Atrium A Cafe-C Chapel-CH Jefferson Room-JR Outside-O Library -L Theater Room-TR</p>	<p>Residents' Birthday Joseph Frasier 7/3 William Major 7/9 Frances Oliver 7/10 Charlotte Claiborne 7/15 Jesse Byrd 7/25 Willard Witherspoon 7/30</p>		<p>1 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Boccee Ball (A) 3:00 Hangman (A)</p>	<p>2 SO 9:30 Walmart SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 July 4th Parade-(O) SO 2:00 July 4th Celebration -A</p>	<p>3 SP 10:30 Worship Service w/ Dr. Hurbuck SO 1:00 Easy Listening Music [A]</p>
<p>4 Independence Day</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>5 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CR 1:30 Art Class w/ Jackie -AR SO 3:00 National Apple Turnover Day Social -A</p>	<p>6 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 Wheel of Fortune [A] PY 3:00 Table Tennis [AR]</p>	<p>7 PR 9:00 Bank/Post Office Run (O) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:30 Virginia Museum of Fine Arts -O SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>8 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Veteran pf the Month Service -A CO 3:00 Pokeno [A]</p>	<p>9 SO 9:30 Walmart [O] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:30 Lunch at Girlee's Restaurant [O] SO 3:00 Happy Hour [A]</p>	<p>10 SP 10:30 Worship Service w/ Dr. Hurbuck SO 1:00 Easy Listening Music [A]</p>
<p>11 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>12 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:00 Music Performance w/ Craig Anders-[A] CO 3:00 5 Cent Bingo [A]</p>	<p>13 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Music Performance by Dan and Jen -A SO 3:00 Wine Tuesday -[AR]</p>	<p>14 PR 9:00 Bank/Post Office Run (O) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:00 TJ Max-[O] SP 2:00 Devotions [CH] SO 3:00 Valentine's Museum Presentation [A]</p>	<p>15 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Johnny Grey-[A] SO 3:00 Fresh Baked Cookie Social -[A]</p>	<p>16 SO 9:30 Walmart [O] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:30 Lunch at Latitude-[O] SO 3:00 Happy Hour and Meet /Greet New Residents [AR]</p>	<p>17 SP 10:30 Worship Service w/ Dr. Hurbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>18 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>19 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Residents' Monthly Meeting-[A] SO 3:00 Blrthday Celebration - [A]</p>	<p>20 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Luau Party -[A]</p>	<p>21 PR 9:00 Bank/Post Office Run [O] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:00 Picnic in the Park -[O] SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>22 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 Grab bag Bingo-[A] PY 3:00 Boccie Ball-[A]</p>	<p>23 SO 9:30 Walmart [O] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:30 Lunch at Yamato Japanese Steakhouse [O] SO 3:00 Happy Hour [AR]</p>	<p>24 SP 10:30 Worship Service w/ Dr. Hurbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>25 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>26 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Hangman [A] SO 3:00 National Bagel Fest Day -[A]</p>	<p>27 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SE 1:30 Taste Testing Game [A] CO 3:00 5 Cent Bingo [AR]</p>	<p>28 PR 9:00 Bank/Post Office Run (O) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:00 Rosie Casino -[A] SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>29 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Pokeno [AR] SO 3:00 Blood Pressure Clinic-A</p>	<p>30 SO 9:30 Walmart [O] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 12:30 Lunch at Kickback Jack's [O] SO 3:00 Happy Hour [AR]</p>	<p>31 SP 10:30 Worship Service w/ Dr. Hurbuck [CH] SO 1:00 Easy Listening Music [A]</p>

Events are Subject to Change.