



THE HIGHLANDS  
A GRACE MGMT COMMUNITY  
Week of July 11th, 2021

**Good to Go Dinner Menu \$15** (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Baked Potato	Turkey Veggie Stew	Fish Chowder	Vegetable	Hamburger Macaroni	Mushroom Barley	Minestrone
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Roast Beef	Eggplant Parmesan	Pork Tips with Gravy	Carved Turkey	Fried Chicken	Nicoise Salad	Beans and Franks
	Sweet & Sour Chicken	Baked Haddock	Tuscan Pasta	Fish Tacos	Lasagna	Coq Au Vin	Shrimp Scampi
Starch	Basmati Rice	Spaghetti	Gnocchi	Mashed Potato	Mashed Potato	Brown Rice	Baked Beans
	Mashed Potato	Baked Potato	Mashed Potato	Stuffing	Baked Potato	Baked Potato	Angel Hair Pasta
Vegetables	Spinach	Brussel Sprouts	Carrots	Black Bean Salad	Peas	Trio Medley	Broccoli
	Cauliflower	Chef's Veggie	Zucchini	Broccoli	Cole Slaw	Green Beans	Capri Blend
Desserts	Peach Pie	Chocolate Cake	Brownie	Berry Cobbler	Cookie	Marble Cake	Berry Trifle
	Cheesecake	Crème Brule	Carrot Cake	Cherry Turnover	Coconut Cake	Key Lime Pie	Peach Crisp

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136  
24 Hr. notice is suggested. Highland Green Residents: \$1 delivery fee per address

