



TWIN RIVERS
A GRACE MGMT COMMUNITY

June 2021

Meet Our Team!

Chris Henger.....Executive Director
Sheila Ricketts.....Marketing Sales
Helen Kassaye.....BOD
Salem Demsew.....Lifestyle Coordinator
Diane Martinez.....LE Director
Syndi Sphabmixay.....VP Coordinator
Chef Nach.....Culinary Director
Mario Luna.....Maintenance Director
Jason Myers.....Van Driver
Mabelle McCoy.....Weekly Concierge
Diana Sutton.....Weekend Concierge

Welcome New Residents

Patsy V. Francis C
Gayle H. Patricia B.
Benita W.

Welcome to our Neighborhood we are
Happy us join us!!



Patsy V.....June 5th

Ron B.....June 9th

Gary A.....June 16th

Monthly Birthday Party!

Tuesday June 29th at 3:00 pm

*Cake & Ice Cream provided by Reliant Home
Health and Music by Amity Hospice.*

Weather Proverbs for June!

- A good leak in June, set all in tune.
- When it is hottest in June, it will be coldest in the corresponding days of the next February.
- [24th] If rain on St. John's Day, we may expect a wet harvest.

Welcome to the Family

our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.



TWIN RIVERS
A GRACE MGMT COMMUNITY

JUNE 2021

Sunday	Monday	Tuesday	Wednesday	Thursday
CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social	SP - Spiritual	1 PY 10:30 Exercise Video-MR CO 1:00 Resident Delight Work Sheet-AR I 2:00 Bridge Club -AR SE 2:00 Movie Matinee-MR CO 6:30 Mexican Train-B	2 CO 10:30 BINGO -MR SE 2:30 BINGO -MR PY 3:30 Health Talk-MR SE 4:30 Manipulation Card Game-AR CO 6:30 Mexican Train-B	3 PY 10:30 Exercise Video-MR SO 11:30 Welcome Committee I 2:00 Beginners Bridge -AR SO 2:00 Food Committee Meeting SO 3:00 Ice Cream Social-B CO 6:30 Mexican Train-B
6 10:00 Coffee & Conversation-B SP 11:00 Christ United Methodist Church-MR SE 12:00 Music Sing Along w/Lynna -DR SO 6:30 Mexican Train -B	7 E 9:45 Morning Relaxation-OP PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR CO 3:30 Worship / Communion-MR CO 6:30 Mexican Train-B	8 PY 10:30 Exercise Video-MR CO 10:30 Painting Class with Reena-AR CO 1:00 Resident Delight Work Sheet-AR CO 2:00 Bridge Club-AR SE 2:00 Movie Matinee-MR CO 6:30 Mexican Train-B	9 CO 10:30 BINGO -MR SE 2:30 BINGO -MR PY 3:30 Health Talk-MR SE 4:30 Manipulation Card Game-AR CO 6:30 Mexican Train-B	10 PY 10:30 Exercise Video-MR SP 11:00 Prayer Session-PR CO 1:00 Resident Delight Work Sheet-AR I 2:00 Beginners Bridge -AR SO 3:00 Ice Cream Social-B CO 6:30 Mexican Train-B
13 10:00 Coffee & Conversation-B SP 11:00 Christ United Methodist Church-MR SE 12:00 Music Sing Along w/Lynna -DR SO 6:30 Mexican Train -B	14 Flag Day E 9:45 Morning Relaxation-OP PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR SP 3:30 Worship & Bible Study-MR CO 6:30 Mexican Train-B	15 PY 10:30 Exercise Video-MR SP 11:30 Jody & Jody CO 1:00 Resident Delight Work Sheet CO 2:00 Bridge Club-AR SE 2:00 Movie Matinee-MR CO 6:30 Mexican Train-B	16 CO 10:30 BINGO -MR SE 2:30 BINGO -MR PY 3:30 Health Talk-MR SE 4:30 Manipulation Card Game-AR CO 6:30 Mexican Train-B	17 PY 10:30 Exercise Video-MR CO 1:00 Resident Delight Work Sheet-AR I 2:00 Beginners Bridge -AR SO 3:00 Ice Cream Social-B SO 4:00 Live Entertainment with Bill Cobbs -DR CO 6:30 Mexican Train-B
20 Father's Day 10:00 Coffee & Conversation-B SP 11:00 Christ United Methodist Church-MR SO 12:00 Live Entertainment by Ruby Westin SO 6:30 Mexican Train -B	21 E 9:45 Morning Relaxation-OP PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR SP 3:30 Worship & Bible Study-MR CO 6:30 Mexican Train-B	22 PY 10:30 Exercise Video-MR CO 1:00 Resident Delight Work Sheet CO 2:00 Bridge Club-AR SE 2:00 Movie Matinee-MR CO 6:30 Mexican Train-B	23 CO 10:30 BINGO -MR SE 2:30 BINGO -MR PY 3:30 Health Talk-MR SE 4:30 Manipulation Card Game-AR CO 6:30 Mexican Train-B	24 PY 10:30 Exercise Video-MR CO 11:00 Prayer Session-PR CO 1:00 Resident Delight Work Sheet-AR I 2:00 Beginners Bridge -AR SO 3:00 Ice Cream Social-B CO 6:30 Mexican Train-B
27 10:00 Coffee & Conversation-B SP 11:00 Christ United Methodist Church-MR SE 12:00 Music Sing Along w/Lynna -DR SO 6:30 Mexican Train -B	28 E 9:45 Morning Relaxation-OP PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR SP 3:30 Worship & Bible Study-MR CO 6:30 Mexican Train-B	29 PY 10:30 Exercise Video-MR CO 2:00 Bridge Club-AR CO 2:00 Collin County History Museum on Zoom-AR SO 3:00 Monthly Birthday Party with Blane & Carla CO 6:30 Mexican Train-B	30 CO 10:30 BINGO -MR SE 2:30 BINGO -MR PY 3:30 Health Talk-MR SE 4:30 Manipulation Card Game-AR CO 6:30 Mexican Train-B	Chris Henger..Executive Director Sheila Ricketts....Sale/Marketing Helen Kassaye.....BOD Selma Demsew..AL Coonodator Activities are Subject to Change

Events are Subject to Change.

June 2021 Assisted Living Calendar



1720 North Plano Road
Richardson, Texas 75081
804-323-3800 | License: 146797
www.twinriversassistedliving.com



Friday

Saturday

4	E 9:45 Morning Relaxation SP 10:30 Nondenominational Worship Service-MR PY 2:00 Exercise w/Jason-MR CR 4:00 Happy Hour -B CO 6:30 Mexican Train-B	5	SO 10:00 Coffee & Donut -B I 2:00 Card Games -AR CO 6:00 Mexican Train -B PR 6:30 Dominos -B
11	E 9:45 Morning Relaxation-OP SP 10:30 Nondenominational Worship Service-MR PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR 3:30 Men's Club CR 4:00 Happy Hour -B CO 6:30 Mexican Train-B	12	SO 10:00 Coffee & Donut -B I 2:00 Card Games -AR CO 6:00 Mexican Train -B PR 6:30 Dominos -B
18	E 9:45 Morning Relaxation-OP SP 10:30 Nondenominational Worship Service-MR PY 10:30 Walking Club-FL 12:00 Father's Day Cookout PY 2:00 Exercise w/Jason-MR CR 4:00 Happy Hour -B CO 6:30 Mexican Train-B	19	Juneteenth SO 10:00 Coffee & Donut -B I 2:00 Card Games -AR CO 6:00 Mexican Train -B PR 6:30 Dominos -B
25	E 9:45 Morning Relaxation-OP SP 10:30 Nondenominational Worship Service-MR PY 10:30 Walking Club-FL PY 2:00 Exercise w/Jason-MR SO 3:30 Men's Club CR 4:00 Happy Hour -B CO 6:30 Mexican Train-B	26	SO 10:00 Coffee & Donut -B I 2:00 Card Games -AR CO 6:00 Mexican Train -B PR 6:30 Dominos -B
Chef Nach.....Culinary Director Mario Luna.....Maintenance Diane Martinez.....LED Syndi Sphabmixay.....MC VP Coordinator		Twin Rivers Assisted Living Front Desk.....972-979-4333 MabelleWeekly Concierge Diana / Rachel.....Weekend Concierge's	

Did You Know?

HEALTH Tips

Chill Out!

Just two or three minutes under cool water in the shower can boost your mood.

HEALTH Tips

Wash Your Hands!

Viruses can live on surfaces for up to 24 hours. Wash your hands with warm soapy water often, and for at least 20 seconds.

June

BIRTH FLOWER

love
beauty
honor
faith
devotion



ROSE

"What is one to say about June, the time of perfect young summer, the fulfillment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade."

- Gertrude Jekyll, On Gardening ~

Twin Rivers Assisted Living

June 2021

*Happy Father's Day to
all our Fathers at Twin Rivers*

*A good father is one of the most unsung,
unpraised, unnoticed, and yet one of the
most valuable assets in our society.*



*The heart of a father is the masterpiece
of nature.*



I am the American Flag I have earned the right to be heard I will speak from the wisdom of life. Look at my face, I have known over 40 presidents I have traveled far. I have lived long and seen much. I have paid the price for my freedom of speech, I have wrapped my arms around those who have died for me. I am proud of my country preserve my dignity:

You have the freedom to choose.

Old Glory they called me and I am the American Flag. Under God, with Liberty

Butterfly Release 2021

