



TWIN RIVERS
A GRACE MGMT COMMUNITY

JUNE 2021



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chris Henger..Executive Director Sheila Ricketts....Sale/Marketing Helen Kassaye.....BOD Selma Demsew..AL Coodonator	Chef Nach.....Culinary Director Mario Luna.....Maintenance Diane Martinez.....LED Syndi Sphabmixay.....MC VP Coordinator	1 PY 10:00 Chair Volleyball 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	2 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	3 SO 10:30 Patio Bird Watching 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	4 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	5 SO 10:30 Coffee & Donuts Social 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with Classical Music
6 E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with Classical Music	7 PY 10:30 Music & Motion 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat 3:30 Bible Study SO 7:00 Wind Down with Classical Music SO 7:00 Wind Down with Classical Music	8 PY 10:00 Chair Volleyball 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	9 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	10 SO 10:30 Music Therapy with Ivor 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	11 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	12 SO 10:30 Coffee & Donuts Social 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with Classical Music
13 E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with Classical Music	14 Flag Day PY 10:30 Music & Motion 11:00 Hydration Restoration SO 3:00 Snack & Chat 3:30 Bible Study SO 7:00 Wind Down with Classical Music	15 PY 10:00 Chair Volleyball 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	16 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	17 SO 10:30 Patio Bird Watching 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	18 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	19 Juneteenth SO 10:30 Coffee & Donuts Social 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with Classical Music
20 Father's Day E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with Classical Music	21 PY 10:30 Music & Motion 11:00 Hydration Restoration SO 3:00 Snack & Chat 3:30 Bible Study SO 7:00 Wind Down with Classical Music	22 PY 10:00 Chair Volleyball 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	23 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	24 SO 10:30 Patio Bird Watching 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	25 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Dominos I 2:00 Music Therapy Zoom SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	26 SO 10:30 Coffee & Donuts Social 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with Classical Music
27 E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with Classical Music	28 PY 10:30 Music & Motion 11:00 Hydration Restoration SO 3:00 Snack & Chat 3:30 Bible Study SO 7:00 Wind Down with Classical Music	29 PY 10:00 Chair Volleyball 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	30 PY 10:30 Chair Exercise 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music			CO - Cognitive E - Emotional I - Intergenerational PY - Physical SO - Social SP - Spiritual

Events are Subject to Change.