



**THE RESIDENCE**  
AT BETHEL PARK  
A GRACE MGMT COMMUNITY

# MAY 2021

5851 Keystone Dr  
Bethel Park, Pennsylvania 15102  
412-835-9500  
[www.residenceatbethelpark.com](http://www.residenceatbethelpark.com)



| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|--|--|---|--|--|
| <p>PICK UP THE CURRENT MOVIE PLAY LIST IN THE ACTIVITY ROOM.</p> <p>ENJOY A GLASS OF WINE WITH DINNER ON WINE DOWN WEDNESDAYS.</p>  | <p><b>CC</b> - Cognitive<br/><b>CF</b> - Creative<br/><b>PY</b> - Physical<br/><b>PF</b> - Purposeful<br/><b>SC</b> - Social<br/><b>SP</b> - Spiritual</p>   | <p>APTS.-APARTMENTS<br/>AR-ACTIVITY ROOM ON 2<br/>CH-CHAPEL ON 4<br/>DR-DINING ROOM ON 1<br/>LB-LOBBY ON 2</p>   |  | <p>LUNCH OUTINGS ARE BACK!<br/>SIGN UP FOR CRACKER BARREL AND RED LOBSTER.</p>  | <p>PIE IS FOR GUYS IS NEW!<br/>SIGN UP FOR 3:00 P.M. THURSDAY, MAY 13TH AND MEET IN THE ACTIVITY ROOM.</p>   | <p><b>1</b> <b>May Day</b></p> <p><b>PY 10:00</b> National Fitness Day/Silver Sneakers-AR<br/><b>PY 10:45</b> Wii Bowling on 4<br/><b>CR 2:00</b> Spring Crafts-AR<br/><b>CC 3:30</b> Bingo-AR<br/><b>CC 7:00</b> Poker with John on 4</p>   |
| <p><b>2</b></p> <p><b>CC 10:00</b> Pick up a New Puzzle Packet in the AR<br/><b>SO 2:30</b> Weekend Movie Matinee on 4</p>  | <p><b>3</b></p> <p><b>PY 10:00</b> Exercise Video on 4<br/><b>PR 10:00</b> Giant Eagle &amp; Walmart<br/><b>CC 2:15</b> Canasta with Carolyn on 3<br/><b>PR 2:30</b> Visit the LIBRARY<br/><b>SP 3:00</b> Rosary with Marilyn on 4<br/><b>CC 7:00</b> Dominoes with Terry on 4</p> | <p><b>4</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>CC 2:00</b> Mindbenders and More!-AR<br/><b>CC 2:30</b> Bingo-AR<br/><b>PY 3:30</b> Wii Bowling on 4<br/><b>CC 6:15</b> Card Games-AR<br/><b>CC 7:15</b> Pokeeno-AR</p>                     | <p><b>5</b> <b>Cinco de Mayo</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PR 11:00</b> Ambassadors Meeting-AR<br/><b>SO 12:00</b> Cinco de Mayo Celebration Featuring Maracas, Margaritas &amp; Music by Guitarist Martin Thomas-DR<br/><b>CC 3:00</b> Bingo-AR<br/><b>CC 7:15</b> Canasta w/ Carolyn on 3<br/><b>SO 7:15</b> Movie on 4</p> | <p><b>6</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PR 12:30</b> Redeem Prize Tickets-AR<br/><b>PR 2:00</b> National Nurses Day Photo-Lobby<br/><b>PR 2:30</b> Giant Eagle &amp; Walmart<br/><b>CC 2:30</b> Penny Poker w/Willie-AR<br/><b>CC 4:00</b> Bingo-AR<br/><b>CC 7:00</b> Scrabble/Qwirkle-AR</p> | <p><b>7</b></p> <p><b>PR 10:00</b> DOLLAR TREE &amp; More<br/><b>PY 10:00</b> Exercise Video on 4<br/><b>SO 11:30</b> CRACKER BARREL Lunch Outing<br/><b>SP 3:00</b> Rosary with Amy on 4<br/><b>SO 4:00</b> Social Hour- Pub<br/><b>SO 7:15</b> Movie on 4</p>    | <p><b>8</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PY 10:45</b> Wii Bowling on 4<br/><b>SO 1:00</b> D.J. Tom Plays Your Favorites-Bistro<br/><b>SO 3:00</b> Meet &amp; Greet Tea Social-AR<br/><b>CC 4:15</b> Scrabble/Qwirkle-AR<br/><b>CC 7:00</b> Poker with John on 4</p>    |
| <p><b>9</b> <b>Mother's Day</b></p> <p><b>PR 8:00</b> Enjoy a Continental Breakfast and Pick Up Your Box Supper-DR<br/><b>CC 10:00</b> New Puzzle Packets Available in the AR<br/><b>SO 1:00</b> Luncheon Music with Bill &amp; Pat Jander-DR<br/><b>SO 3:30</b> Weekend Movie Matinee on 4</p> | <p><b>10</b></p> <p><b>PY 10:00</b> Exercise Video on 4<br/><b>PR 10:00</b> Giant Eagle &amp; Walmart<br/><b>CC 2:15</b> Canasta with Carolyn on 3<br/><b>SP 2:30</b> Father Hissrich Celebrates Mass on 4<br/><b>CC 7:00</b> Dominoes with Terry on 4</p>                         | <p><b>11</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>CC 2:00</b> Mindbenders &amp; More-AR<br/><b>CC 2:30</b> Bingo-AR<br/><b>CC 4:45</b> Scrabble &amp; Qwirkle-AR<br/><b>PY 6:15</b> Wii Bowling on 4<br/><b>PY 7:15</b> Wii Bowling on 4</p> | <p><b>12</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PR 2:00</b> Dr. Hess Visits-Apts.<br/><b>SP 2:30</b> Bible Study w/Roger on 4<br/><b>CR 3:30</b> Let's Get Crafty-Red/White/Blue Necklaces-AR<br/><b>CC 7:15</b> Canasta w/ Carolyn on 3<br/><b>SO 7:15</b> Movie on 4</p>   | <p><b>13</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PR 2:30</b> Giant Eagle &amp; Walmart<br/><b>SO 3:00</b> Pie is for Guys-AR-Please Sign Up!<br/><b>CC 4:00</b> Card Games on 3<br/><b>CC 7:00</b> Scrabble/Qwirkle-AR</p>   | <p><b>14</b></p> <p><b>PY 10:00</b> Exercise Video on 4<br/><b>CC 11:00</b> Bingo-AR<br/><b>CC 2:30</b> Pokeeno-AR<br/><b>PR 2:30</b> Shop at KOHL'S<br/><b>SP 3:00</b> Rosary with Amy on 4<br/><b>SO 4:00</b> Social Hour- Pub<br/><b>SO 7:15</b> Movie on 4</p> | <p><b>15</b> <b>Armed Forces Day</b></p> <p><b>PY 10:00</b> Silver Sneakers - AR<br/><b>PY 10:45</b> Wii Bowling on 4<br/><b>SO 1:00</b> D.J. Tom Plays Your Favorites-Bistro<br/><b>CC 2:30</b> Bingo-AR<br/><b>CC 4:00</b> Scrabble/Qwirkle-AR<br/><b>CC 7:00</b> Poker with John on 4</p> |

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| Sunday  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday   |
|---|--|---|--|---|---|--|
| <p>16</p> <p><b>CC 10:00</b> Pick up a New Puzzle Packet in the AR</p> <p><b>SO 2:30</b> Weekend Movie Matinee on 4</p> <p><b>PR 9:00</b> Wear Purple for Peace Day</p> | <p>17</p> <p><b>PY 10:00</b> Exercise Video on 4</p> <p><b>PR 10:00</b> Giant Eagle &amp; Walmart</p> <p><b>CC 2:15</b> Canasta with Carolyn on 3</p> <p><b>SO 2:30</b> Visit the LIBRARY</p> <p><b>SP 3:00</b> Rosary w/Marilyn on 4</p> <p><b>CC 7:00</b> Dominoes with Terry on 4</p>   | <p>18</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>SO 11:30</b> RED LOBSTER for Lunch</p> <p><b>CR 2:30</b> Chef Glenn Cooks &amp; Bakes-Bistro</p> <p><b>PY 3:30</b> Wii Bowling on 4</p> <p><b>CC 7:15</b> Bingo-AR</p>              | <p>19</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PR 11:00</b> Ambassadors Meeting-AR</p> <p><b>PR 2:30</b> Ryan from FOX REHAB Discusses a Healthy Heart &amp; Blood Pressure on 3</p> <p><b>CC 3:30</b> Prize Jeopardy on 3</p> <p><b>CC 7:15</b> Canasta w/ Carolyn on 3</p> <p><b>SO 7:15</b> Movie on 4</p> | <p>20</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PR 12:30</b> Redeem Prize Tickets-AR</p> <p><b>PR 2:30</b> Giant Eagle &amp; Walmart</p> <p><b>CC 2:30</b> Penny Poker w/Willie-AR</p> <p><b>CC 3:30</b> Bingo-AR</p> <p><b>CC 7:00</b> Scrabble/Qwirkle-AR</p> | <p>21</p> <p><b>PY 10:00</b> Exercise Video on 4</p> <p><b>PR 10:00</b> Shop at TARGET</p> <p><b>CC 11:00</b> Bingo-AR</p> <p><b>SO 12:30</b> National Pizza Party Day-Sign Up Required-\$3.00 per person-AR</p> <p><b>SP 3:00</b> Rosary with Amy on 4</p> <p><b>SO 4:00</b> Social Hour- Pub</p> <p><b>SO 7:15</b> Movie on 4</p> | <p>22</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PY 10:45</b> Wii Bowling on 4</p> <p><b>CR 2:30</b> Let's Get Crafty-AR</p> <p><b>CC 4:00</b> Scrabble/Qwirkle-AR</p> <p><b>CC 7:00</b> Poker with John on 4</p>   |
| <p>23</p> <p><b>CC 10:00</b> Pick up a New Puzzle Packet in the AR</p> <p><b>SO 2:30</b> Weekend Movie Matinee on 4</p>   | <p>24</p> <p><b>PY 10:00</b> Exercise Video on 4</p> <p><b>PR 10:00</b> Giant Eagle &amp; Walmart</p> <p><b>CC 2:15</b> Canasta with Carolyn on 3</p> <p><b>PR 2:30</b> MACY'S &amp; SHV Shopping Trip</p> <p><b>SP 3:00</b> Rosary with Marilyn on 4</p> <p><b>CC 7:00</b> Dominoes with Terry on 4</p>   | <p>25</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PR 2:30</b> Table Talk-Bistro</p> <p><b>CC 3:30</b> Bingo-AR</p> <p><b>CC 4:30</b> Mindbenders-AR</p> <p><b>PY 6:15</b> Wii Bowling on 4</p> <p><b>PY 7:15</b> Wii Bowling on 4</p> | <p>26</p> <p><b>PY 10:00</b> Silver Sneakers for National Senior Health &amp; Fitness Day-AR</p> <p><b>CC 11:00</b> Pokeeno-AR</p> <p><b>PR 2:30</b> Dr. Hess Visits-Apt.</p> <p><b>SO 3:30</b> Meet &amp; Greet on 3</p> <p><b>CC 7:15</b> Canasta w/ Carolyn on 3</p> <p><b>SO 7:15</b> Movie on 4</p>                   | <p>27</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PR 2:30</b> Giant Eagle &amp; Walmart</p> <p><b>SO 2:30</b> Root Beer Floats-AR</p> <p><b>CC 4:00</b> Bingo-AR</p> <p><b>CC 7:00</b> Scrabble/Qwirkle-AR</p>  | <p>28</p> <p><b>PY 10:00</b> Exercise Video on 4</p> <p><b>CC 11:00</b> Bingo-AR</p> <p><b>CC 2:30</b> Phase 10 Card Game-AR</p> <p><b>SP 3:00</b> Rosary with Amy on 4</p> <p><b>SO 4:00</b> Social Hour- Pub</p> <p><b>SO 7:15</b> Movie on 4</p>   | <p>29</p> <p><b>PY 10:00</b> Silver Sneakers - AR</p> <p><b>PY 10:45</b> Wii Bowling on 4</p> <p><b>CR 2:00</b> Decorate Your Rollator, Walker, Cane &amp; W/C for the Holiday Weekend! AR- Resident Volunteers Please!</p> <p><b>CC 7:00</b> Poker with John on 4</p> |
| <p>30</p> <p><b>CC 10:00</b> Pick up a New Puzzle Packet in the AR</p> <p><b>SO 2:30</b> Weekend Movie Matinee on 4</p>   | <p>31 <b>Memorial Day</b></p> <p><b>8:00</b> Enjoy a Continental Breakfast &amp; Pick Up Your Box Supper-DR</p> <p><b>PY 10:00</b> Exercise Video on 4</p> <p><b>SO 1:00</b> Celebrate Memorial Day-DR</p> <p><b>CC 2:15</b> Canasta with Carolyn on 3</p> <p><b>SP 3:00</b> Rosary with Marilyn on 4</p> <p><b>CC 7:00</b> Dominoes with Terry on 4</p> |   |  |   |   |  |

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