



SHOREHAVEN
A GRACE MGMT COMMUNITY

MAY 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-250-5329
www.shorehavenseniorking.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p> <p>LOCATION KEY: Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P Recreation Room = RR</p>	<p>Look For</p> <p>Every Monday: 9:45 Monday Morning Mingle-(DR) 10:30 20 Minute Cardio Workout-(L)</p> <p>Every Wednesday: 10:30 20 Minute Cardio Workout-(L)</p>	<p>Happy Birthday</p> <p>Franz Buschbacher 5/03 Rosemarie Lynn 5/04 Josif Nastovski 5/18 Devasia Thomas 5/26 Gloria Brinker 5/29</p>	<p>MOTHER'S DAY POEM</p> <p>Your arms were always open when I needed a hug. Your heart understood when I needed a friend. Your gentle eyes were stern when I needed a lesson. Your strength and love has guided me and gave me wings to fly.</p> <p>~ Sarah Malin</p>			<p>1 May Day</p> <p>SO 1:15 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CC 2:15 Movie Matinee: A Week Away-(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) SO 6:15 Kentucky Derby Kick-Off</p>
<p>2</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CC 2:15 History Video: Secrets of the Saqqara Tomb-(RR) CC 2:30 7 Card Match-(GR) PY 3:30 Fitness Walk-(RR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>3</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR) SE 2:30 Scenic Tour: St. Clair River-(L) PR 3:00 Food For Thought-(DR) PR 3:00 Activity Cart 3rd Floor Room to Room SO 5:30 Directors Night w/Brenda: Derby Races-(L) SO 6:30 Directors Night w/Brenda: Derby Races-(L)</p>	<p>4</p> <p>PY 10:30 Steps in Stride-(L) CR 1:30 Create Greeting Cards w/Roxanne-(AR) CC 1:30 Pinochle Revival w/Connie-(DR) PY 1:30 Body in Motion-(GR) PR 2:15 Baking For a Cause Planning Committee-(AR) PR 3:00 Activity Cart 2nd Floor Room to Room SO 4:00 Toasting Tuesday-(L) CC 5:30 Big Bingo Bash-(GR) CC 6:30 Big Bingo Bash-(GR)</p>	<p>5 Cinco de Mayo</p> <p>PR 9:30 Bus to Kroger-(L) SP 10:30 Inspiration with Joel Osteen-(GR) SO 11:00 Mexican Themed Lunch-(DR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) SO 2:15 1,2,3 & Pinata Swing with Margarita's-(DR) CR 3:00 Dancercise-(DR) PR 3:30 Activity Meeting-(AR) PY 6:30 Slam'n Jam'n Chair Volleyball-(L)</p>	<p>6</p> <p>SO 9:45 Hot Tea & Pastries-(L) PR 1:00 Bassett Family Chiropractor Presentation-(RR) PY 1:30 Hokey Pokey Exercise-(GR) SP 2:30 Prayer Service-(RR) CR 3:00 Drama Club Meeting-(GR) PR 4:00 Activity Cart 1st Floor Room to Room CC 5:30 Big Bingo Bash-(GR) CC 6:30 Big Bingo Bash-(GR)</p>	<p>7</p> <p>CC 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Chet Penkala-(DR) PY 4:00 Cool Down-(GR) CC 6:30 7 Card Match-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>8</p> <p>SO 1:15 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CC 2:15 Movie Matinee: Rain Man-(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CC 5:30 Free Bingo for Paper Essentials-(GR) CC 6:30 Free Bingo for Paper Essentials-(GR)</p>
<p>9 Mother's Day</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CC 2:15 Biography Video: Audrey-(RR) CC 2:30 7 Card Match-(GR) PY 3:30 Fitness Walk-(RR) E 4:00 Special Mother's Day Dinner E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>10</p> <p>SE 10:00 Ladies Spa Day-(GR) PY 1:30 Roll It Bounce It Exercise-(GR) E 2:00 Honoring Mom's, Couldn't Do it Without You~ music w/Suzi SE 2:30 Men Only Scenic Tour: Indian Village Detroit-(L) PR 3:00 Activity Cart 3rd Floor Room to Room CC 6:00 Po-Ke-No-(GR) CC 6:45 Po-Ke-No-(GR)</p>	<p>11</p> <p>PY 10:30 Steps in Stride-(L) CC 1:30 Pinochle Revival w/Connie-(DR) PY 1:30 New York, New York Exercise-(GR) CR 2:15 Stitch-N-Time Sewing Group-(AR) PR 3:00 Activity Cart 2nd Floor Room to Room SO 4:00 Toasting Tuesday-(L) CC 5:30 Big Bingo Bash-(GR) CC 6:30 Big Bingo Bash-(GR)</p>	<p>12</p> <p>PR 9:30 Bus to Meijer-(L) SP 10:30 Inspiration with Joel Osteen-(GR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) PR 2:15 Planning for Our Seed-N-Sown Gardening Group-(AR) CR 3:00 Dancercise-(DR) PR 3:30 Ambassador Meeting-(AR) PY 6:30 Slam'n Jam'n Chair Volleyball-(L)</p>	<p>13</p> <p>SO 9:45 Hot Tea & Pastries-(L) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:30 Prayer Service-(RR) CR 3:00 Drama Club Meeting-(GR) PR 4:00 Activity Cart 1st Floor Room to Room CC 5:30 Big Bingo Bash-(GR) SO 6:30 Directors Night w/Brian: Craft Beer Tasting-(RR) CC 6:30 Big Bingo Bash-(GR)</p>	<p>14</p> <p>CC 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Little Big Band-(DR) PY 4:00 Cool Down-(GR) CC 6:30 7 Card Match-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>15 Armed Forces Day</p> <p>SO 1:15 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CC 2:15 Movie Matinee: A Thousand Words-(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CC 5:30 Free Bingo: Dice Bingo-(GR) CC 6:30 Free Bingo: Dice Bingo-(GR)</p>

Events are Subject to Change.

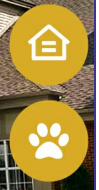


SHOREHAVEN
A GRACE MGMT COMMUNITY

MAY 2021

Shorehaven May 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-250-5329
www.shorehavensenioreliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CC 2:15 Sports Video: 7 Yards~The Chris Norton Story-(RR)</p> <p>CC 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(RR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>17</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SE 2:30 Scenic Tour: Clinton River-(L)</p> <p>PR 3:00 Food For Thought-(DR)</p> <p>PR 3:00 Activity Cart 3rd Floor Room to Room</p> <p>SO 5:30 Directors Night w/Heather:Derby Races-(L)</p> <p>SO 6:30 Directors Night w/Heather: Derby Races-(L)</p>	<p>18</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne-(AR)</p> <p>CC 1:30 Pinochle Revival w/Connie-(DR)</p> <p>PY 1:30 Body in Motion-(GR)</p> <p>PR 2:15 Baking For a Cause Planning Committee-(AR)</p> <p>PR 3:00 Activity Cart 2nd Floor Room to Room</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CC 5:30 Big Bingo Bash-(GR)</p> <p>CC 6:30 Big Bingo Bash-(GR)</p>	<p>19</p> <p>PR 10:00 Bus to Dollar Tree-(L)</p> <p>SP 10:30 Inspiration with Joel Osteen-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:00 Resident Council Meeting-(DR)</p> <p>PR 3:00 Cultivating our Garden Beds-(P)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball-(L)</p>	<p>20</p> <p>SO 9:45 Hot Tea & Pastries-(L)</p> <p>PY 1:30 YMCA Exercise-(GR)</p> <p>SP 2:30 Prayer Service-(RR)</p> <p>SO 3:00 Cowgirl Hair Do's-(AR)</p> <p>PR 4:00 Activity Cart 1st Floor Room to Room</p> <p>SO 6:45 "Saddle Up & Head on Down to Shorehaven's Hoedown" Senior Prom-(DR)</p>	<p>21</p> <p>CC 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>PR 2:30 LEGACY Presentation: Allergies-(RR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CC 6:30 7 Card Match-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>22</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CC 2:15 Movie Matinee: The Ballad of Lefty Brown-(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CC 5:30 Free Bingo for Home Good Essentials-(GR)</p> <p>CC 6:30 Free Bingo for Home Good Essentials-(GR)</p>
<p>23</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CC 2:15 Nature Video: Tales by Light, Sacred Nature-(RR)</p> <p>CC 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(RR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>24</p> <p>SP 1:30 Trinity Lutheran Service</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SE 2:30 Scenic Tour: Bell Isle-(L)</p> <p>PR 3:00 Activity Cart 3rd Floor Room to Room</p> <p>CC 6:00 Po-Ke-No-(GR)</p> <p>CC 6:45 Po-Ke-No-(GR)</p>	<p>25</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>CC 1:30 Pinochle Revival w/Connie-(DR)</p> <p>PY 1:30 Zumba Chair Exercise-(GR)</p> <p>CR 2:15 Stitch-N-Time Sewing Group-(AR)</p> <p>PR 3:00 Activity Cart 2nd Floor Room to Room</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CC 5:30 Big Bingo Bash-(GR)</p> <p>CC 6:30 Big Bingo Bash-(GR)</p>	<p>26</p> <p>PR 9:30 Bus to Meijer-(L)</p> <p>SP 10:30 Inspiration with Joel Osteen-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>CR 2:15 Seed-N-Sown Gardening Group-(P)</p> <p>CR 3:00 Dancercise-(DR)</p> <p>CC 6:30 Directors Night w/Mike: Black Jack-(RR)</p>	<p>27</p> <p>SO 9:45 Hot Tea & Pastries-(L)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:30 Prayer Service-(RR)</p> <p>SO 3:00 New Resident & Ambassador Social-(GR)</p> <p>PR 4:00 Activity Cart 1st Floor Room to Room</p> <p>CC 5:30 Big Bingo Bash-(GR)</p> <p>CC 6:30 Big Bingo Bash-(GR)</p>	<p>28</p> <p>CC 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Greg Jagua-(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CC 6:30 7 Card Match-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>29</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CC 2:15 Movie Matinee: Bonnie & Clyde-(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CC 5:30 Free Bingo: Dice Bingo-(GR)</p> <p>CC 6:30 Free Bingo: Dice Bingo-(GR)</p>
<p>30</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CC 2:15 Military Video: Medal of Honor-(RR)</p> <p>CC 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(RR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>31 Memorial Day</p> <p>SO 11:00 Memorial Day Barbecue-(DR)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SO 2:30 Memorial Day Social-(P)</p> <p>PR 3:00 Activity Cart 3rd Floor Room to Room</p> <p>CC 6:15 Memorial Day Movie: 13 Hours-(RR)</p> <p>CC 6:15 Memorial Day Movie: A Bridge too Far-(L)</p>	<p>\$ Money Reminders</p>	<p>Mondays:</p> <p>Po-Ke-No -- 7 Nickels & 1 Quarter</p> <p>Horse Races -- 5 Quarters</p>	<p>Tuesdays & Thursdays:</p> <p>Big Bingo Bash -- (2) Cards, \$1.00 ea.</p>	<p>Fridays & Sundays:</p> <p>7-Card Match -- 10 Nickels</p>	

Events are Subject to Change.