



SEDGWICK PLAZA

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

Executive Director // Danielle Jefferies

Sedgwick Plaza Administration

Lawonder Markham // Life Enrichment

Sedgwick Plaza Administration

Eric Blassingane // Maintenance Director

Sedgwick Plaza Administration

Meshell Boydson // BOM

Sedgwick Plaza Administration

Crystal Johnson // Housekeeping Supervisor

Sedgwick Plaza Administration

Lori Stuart// Wellness Director

Alexa Schreck // Sales Counselor

Resident Birthdays

Delva Powers 5/6 DJ S. 5/1

Patty Irwin 5/7 Hubert Z 5/29

Alice Gates 5/18 Joann G 5/29

Sandy Mckown 5/23

Bobbie Long 5/24

Rosie Thannum 5/28

Staff Birthdays

Trevor Blassingame 5/1

Crystal Johnson 5/23

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

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1								8
3		8	5				2	
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9							1	5

<div>  SEDGWICK PLAZA A GRACE MGMT COMMUNITY </div> <div> <h1>MAY 2021</h1> </div> <div> 2455 North Woodlawn Blvd Wichita, Kansas 67220 316-395-2795 www.sedgwickplaza.com </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> CO - Cognitive CR - Creative I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual </div>	Piano Music with Eddie every Tuesday at 10am in the front living room area	MR- Meadowlark Room \ GL Garden Level \BPC Blood Pressure Clinic \ PR- Pioneer Room \ MDR- Main Dining Room \ CD- Circle Drive \ HHOK- Home Health of Kansas \ EC- Encompass	"Success is not final, failure is not fatal: it is the courage to continue that counts." - Winston Churchill	Cinco De Mayo and Mariachi Band May 5th 4:30-5:30 / Men Breakfast with Encompass- 2nd Tuesday @ 8:30 am 5/11 Ladies Brunch with Home Health and Hospice of Kansas 3rd Thursday 8:30 am 5/20	The personal life deeply lived always expands into truths beyond itself. Anais Nin	<div> 1 May Day </div> <div> SP 9:00 Communion with St Thomas Church - MR CO 1:00 Canasta Card Game CO 2:00 Big Money Bingo SE 6:00 Evening Movie of Choice </div>
2 <div> SP 11:00 United Methodist Church Service Ch.10 @ 11am SE 6:00 Evening Movie </div>	3 <div> PY 10:00 Jump Start and Devotional CO 11:00 MR:What has to be broken before you can use it? CO 1:00 EZ Does It Trivia CO 2:00 Big Money Bingo CO 3:15 Weed it Out Word Game SE 6:00 Evening Movie of Choice </div>	4 <div> SE 12:00 POPCORN TUESDAY! PY 10:00 Jump Start and Devotional CO 10:30 Women's Coffee Social SO 1:30 Men's Coffee Social PY 2:00 Great Plains Nature Center SE 6:00 Evening Movie of Choice </div>	5 Cinco de Mayo <div> PY 10:00 Jump Start and Devotional CO 1:00 Weed it out Puzzle CO 2:00 Big Money Bingo SE 4:30 Celebrating Cinco De Mayo with Mariachi Band SE 6:00 Evening Movie of Choice </div>	6 <div> SP 9:00 Bible Study (PR) PY 10:00 Jump Start and Devotional CO 12:30 BPC I 1:00 Bridge Game CR 2:00 Wood and Washer Craft SO 3:15 Thirsty Thursday SE 6:00 Evening Movie of Choice </div>	7 <div> CO 10:00 The Traveler with Jerry PY 1:00 Jump Start and Devotional CO 2:00 Big Money Bingo with Jerry CR 3:15 May Day Flower Craft SE 6:00 Evening Movie of Choice </div>	8 <div> SP 9:00 Communion with St Thomas Church - MR CO 1:00 Canasta Card Game CO 2:00 Big Money Bingo SE 6:00 Evening Movie of Choice </div>
9 Mother's Day <div> SP 11:00 United Methodist Church Service Ch.10 @ 11am SO 1:00 Dementia Support Group SE 6:00 Evening Movie </div>	10 <div> PY 10:00 Jump Start and Devotional CO 11:00 MR:What is always in front of you but can't be seen? CO 1:00 Mixed-Up May Day Fun CO 2:00 Big Money Bingo SO 3:15 Jeopardy with Friends SE 6:00 Evening Movie of Choice </div>	11 <div> SE 12:00 POPCORN TUESDAY! PY 8:00 Men's Breakfast PY 10:00 Jump Start and Devotional CO 10:30 Women's Coffee Social PR 2:00 Resident Council CR 3:15 Flower May Wreath SE 6:00 Evening Movie of Choice </div>	12 <div> PY 10:00 Jump Start and Devotional SP 10:00 Mass / St Thomas Church SE 11:00 Lunch Outing "Rubens Mexican Grill" CO 2:00 Big Money Bingo SO 3:15 Wine Wednesday SE 6:00 Evening Movie of Choice </div>	13 <div> SP 9:00 Bible Study (PR) PY 10:00 Jump Start and Devotional SP 10:30 Prayer Warriors I 12:30 BPC SO 1:00 Bridge Game SE 2:00 Ice Cream Social SE 3:00 Scenic Drive SE 6:00 Evening Movie of Choice </div>	14 <div> PY 9:00 Jump Start Exercise PY 10:00 Jump Start and Devotional CO 1:00 AL Resident Council CO 2:00 Big Money Bingo with Jerry CR 3:15 Brain exercise TV Charades SE 6:00 Evening Movie of Choice </div>	15 Armed Forces Day <div> SP 9:00 Communion with St Thomas Church - MR CO 1:00 Canasta Card Game CO 2:00 Big Money Bingo SE 6:00 Evening Movie of Choice </div>
16 <div> SP 11:00 United Methodist Church Service Ch.10 @ 11am SE 6:00 Evening Movie of Choice </div>	17 <div> PY 10:00 Jump Start and Devotional CO 11:00 MR:What goes up but never comes down? PY 1:00 Target Golf CO 2:00 Big Money Bingo CO 3:15 The Price is Right 1960's SE 6:00 Evening Movie of Choice </div>	18 <div> SE 12:00 POPCORN TUESDAY! PY 10:00 Jump Start and Devotional SP 1:00 Prayer - The Garden of Eden in Genesis 2 SE 2:00 Afternoon Movie SE 6:00 Evening Movie of Choice </div>	19 <div> PY 10:00 Jump Start and Devotional SE 1:00 Music Entertainment Youtube CO 2:00 Big Money Bingo SO 3:15 Ladies Tea Social SE 6:00 Evening Movie of Choice </div>	20 <div> SO 8:30 Ladies Brunch with HHOK SP 9:00 Bible Study (PR) PY 10:00 Jump Start and Devotional PY 10:30 Prayer Warriors I 12:30 BPC SO 1:00 Bridge Game SE 1:00 Zoo Visit SE 3:15 Thirsty Thursday SE 6:00 Evening Movie of Choice </div>	21 <div> PY 10:00 Jump Start and Devotional CO 1:00 Domino Game CO 2:00 Big Money Bingo with Jerry PR 3:15 Resident Education with Encompass SE 6:00 Evening Movie of Choice </div>	22 <div> SP 9:00 Communion with St Thomas Church - MR CO 1:00 Canasta Card Game CO 2:00 Big Money Bingo SE 6:00 Evening Movie of Choice </div>
23 <div> SP 11:00 United Methodist Church Service Ch.10 @ 11am SO 2:00 Grievance Support Group SE 6:00 Evening Movie of Choice </div>	24 <div> PY 10:00 Jump Start and Devotional CO 11:00 MR:What can you keep after giving to someone? PY 1:00 Outdoor Horseshoe Toss CO 2:00 Big Money Bingo CR 3:15 Jewelry Making SE 6:00 Evening Movie of Choice </div>	25 <div> SE 12:00 POPCORN TUESDAY! PY 10:00 Jump Start and Devotional SO 10:30 Women's Coffee Social CO 1:00 White Board Word Unscramble SE 2:00 Afternoon Movie SE 3:30 Ice Cream Social SE 6:00 Evening Movie of Choice </div>	26 <div> PY 10:00 Jump Start and Devotional SE 11:00 Lunch Outing to Braums SE 1:00 Kenny Rogers - Live By Request CO 2:00 Big Money Bingo SO 3:15 Wine Wednesday SE 6:00 Evening Movie of Choice </div>	27 <div> SP 9:00 Bible Study (PR) PY 10:00 Jump Start and Devotional SP 10:30 Prayer Warriors I 12:30 BPC SO 1:00 Bridge Game PR 2:00 Music and Games PR 3:15 Birthday Celebrations SE 6:00 Evening Movie of Choice </div>	28 <div> PY 10:00 Jump Start and Devotional CO 1:00 Golf Putting with the Fellas CO 2:00 Big Money Bingo with Jerry SP 3:15 Bible Trivia SE 6:00 Evening Movie of Choice </div>	29 <div> SP 9:00 Communion with St Thomas Church - MR CO 1:00 Canasta Card Game CO 2:00 Big Money Bingo SE 6:00 Evening Movie of Choice </div>
30 <div> SP 11:00 United Methodist Church Service Ch.10 @ 11am SE 6:00 Evening Movie of Choice </div>	31 Memorial Day <div> PY 10:00 Jump Start and Devotional CO 11:00 MR:The more of this there is, the less you see. What is it? SE 1:00 Hangman CO 2:00 Big Money Bingo PY 3:15 Table Volleyball SE 6:00 Evening Movie of Choice </div>	First Thursday each month - Interim Home Health & Hospice Second Thursday each month - Encompass Home Health & Hospice	Third Thursday each month - Home Health and Hospice of Kansas Fourth Thursday each month- Mobile Medical	Communion every Saturday of the month 9 am Mass- 2nd Wednesday of the month 5/12 10 am	Happy Birthday to you all: Birthday Celebrations is scheduled 5/27/21	New Residents PLEASE fill out your Life Story Form and return to the front desk. Thank you!

Events are Subject to Change.

Did You Know?

RANDOM FACT

In the early 1900's, Marshall Field's department store used **professional scapegoats** who would take the blame and be fired to appease disgruntled customers.

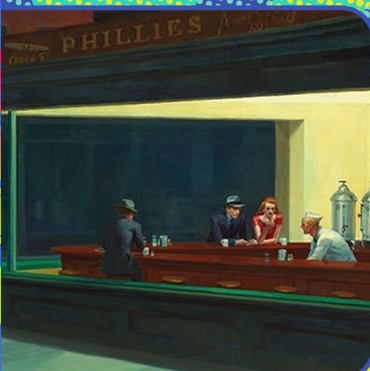




The first season of **The Odd Couple** (1970-71), was filmed in the same apartment as the one used in the 1968 movie.



Independent Living



Artist Spotlight
EDWARD HOPPER

Nighthawks is a 1942 painting by Edward Hopper that portrays people sitting in a downtown diner late at night. Within months of its completion, it was sold to the Art Institute of Chicago for \$3,000, and has remained there ever since.

HEALTH Tips

Thyme for a Remedy

Thyme has both culinary and medicinal uses and is a common remedy for a cough, a sore throat, bronchitis, and digestive issues.





The world's longest pizza was 6,333 feet long, and was made using approximately 17,700 lbs of dough, 5,000 lbs of tomato sauce and 3,900 lbs of mozzarella cheese.





FLOWER OF JULY
LARKSPUR

The Larkspur indicates strong bonds of love.

