



BELVEDERE COMMONS OF FRANKLIN

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

John Pugh // Executive Director

Cynthia Brooks // Business Office Manager

Ashley Walker // Sales Director

Latoya Gibson // Sales Counselor

Margie Watkins // Director of Nursing

Nikita Haynes // Activities Director MC

Holly Coons // Activities Director AL

Faye Cartwright // Food Service Director

Residents Birthdays

Martha S.

5/14

Staff Birthdays

Delores P.

5/6

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

Emma P.

Gerri P.

Jim M.

June B.

Marjorie C.

Mary S.

John D.

Harry P.

Jarvis S.

Steve R.

Natasha R.

Buzz L.



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MAY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday
2	3	4	5 Cinco de Mayo	6
SP 10:00 Worship SO 11:00 Fellowship Hour SO 1:30 Bingo Match CO 3:00 Current Events PY 3:30 Ring Toss	PY 10:15 Yoga and Mimosa SP 10:30 Sing-a-long w/ Nikita CO 11:00 Have You Ever? SO 1:30 Nachos w/ Nikita CO 3:30 Coffee and Chronicles	PY 9:30 Garden Club CO 10:30 Book Club CO 11:00 Who Am I? SO 1:30 Cookie Bingo PY 2:30 Ball Toss PY 3:30 Connect 4	PY 10:15 Wii Wednesday CO 10:30 Cinco de Mayo History CR 1:30 Plastic Egg Maracas Craft CO 3:30 Viva Mexico Word Search	PR 9:30 Garden Club SE 10:30 Sensory Room CO 11:00 Would You Rather I 1:30 Performance By Cow Boy Dan I 3:30 Residents Tales
9 Mother's Day	10	11	12	13
SP 10:00 Worship SO 11:00 Fellowship Hour SO 1:30 Muffins and Mimosa SO 3:00 Music and Mingling CO 3:30 Mother's Day Word Search	PY 10:15 Seniorsize SP 10:30 Sing-a-long w/ Nikita CO 11:00 Call Out the Answer PY 1:30 Horse Shoe CO 3:30 Wacky Wordies	CO 10:30 Book Club CO 11:00 Famous Sayings I 1:30 Performance By Craig Dighton E 2:30 Reminisce PY 3:30 Football Toss	SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Water Bottle Top Flowers Craft PY 3:30 Wheel of Fun Toss	I 9:30 On This Day SO 10:30 Movie Matinee PR 11:00 Helping Hands CO 1:30 Family Feud PY 3:30 Tic-Tac-Toe
16	17	18	19	20
SP 10:00 Worship SO 11:00 Fellowship Hour CO 1:30 Easy Does It Trivia CR 3:00 Let's Color PY 3:30 Bowling	PY 10:15 Yoga and Mimosa CO 10:30 Sing-a-long w/ Nikita CO 11:00 Name Combination PY 1:30 Air Hockey CO 3:30 Word Ladder	PR 9:30 Garden Club CO 10:30 Book Club CO 11:00 Around the House SO 1:30 Hershey Bingo w/ John PY 2:30 Balloon Volleyball CO 3:30 Finish the Lines	PY 10:15 Wii Wednesday CO 10:30 Summer-Themed Song Titles CR 1:30 Bottle Top Lady Bugs Craft PY 3:30 Bowling Extravaganza	SO 9:30 Fruit w/ Faye SP 10:00 Bible Study SE 10:30 Sensory Room SP 11:00 Bible Trivia PY 1:30 Dart Board Challenge CO 3:30 Star of the Month
23	24	25	26	27
SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Corn Hole Toss SO 3:00 Coke Floats PY 3:30 Dart Board Challenge	PY 10:15 Seniorsize SP 10:30 Sing-a-long w/ Nikita CO 11:00 Finish the Phrase CR 1:30 Fun w/ Cynthia PY 3:30 Let's Take a Stroll	CO 10:30 Book Club CO 11:00 Trivia I 1:30 Performance By Gordon Ellis CO 2:30 Blurt SO 3:30 Pringle Bingo	SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Dragon Fly Craft PY 3:30 Catch and Toss	PR 9:30 Garden Club SO 10:30 Movie Matinee PR 11:00 Helping Hands SO 1:30 Slushies w/ BO CO 3:30 Charades
30	31 Memorial Day	AR- Activity Room	CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual	
SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Ball Toss CO 3:00 Name that Job PY 3:30 Walk Club	PY 10:15 Seniorsize SO 10:30 Snack and Chat CO 11:00 Picture a Word CO 1:30 Finish the Presidential Quote/Slogan CO 3:30 Heroes Cryptograms			

Events are Subject to Change.

Don't miss out on these Special Events!





Friday		Saturday	
	1	May Day	
	SP 10:15 Daily Devotional		
	CO 10:45 Trivia		
	CR 1:30 May Day Baskets		
	CO 3:00 Guess Who?		
	SO 3:30 Lemonade and Cookies		
7		8	
SP 10:15 Devotions		PY 10:15 Seniorsize	
PY 10:45 Aerobics		PY 10:45 Hydrate Your Thirst	
SO 1:30 Ritz Bingo		PY 1:30 Sit-Down-Soccer	
CO 3:30 Odd Couples		PY 3:00 Walk Club	
		CO 3:30 Jenga	
14		15	Armed Forces Day
SP 10:15 Devotions		SP 10:15 Daily Devotional	
PY 10:45 Aerobics		CO 10:45 Armed Forces Day Fun Facts	
SO 1:30 Birthday Party		PY 1:30 Balloon Volleyball	
PY 3:30 Let's Take a Stroll		CO 3:00 Name that Tune	
		CO 3:30 Coffee and Chronicles	
21		22	
SP 10:15 Devotions		PY 10:15 Seniorsize	
PY 10:45 Aerobics		PY 10:45 Hydrate Your Thirst	
SO 1:30 Ice Cream Bingo		SO 1:30 Popsicle on Front Porch	
CO 3:30 What Am I?		E 3:00 Reminisce	
		PY 3:30 Ring Toss	
28		29	
SP 10:15 Devotions		SP 10:15 Daily Devotional	
PY 10:30 Aerobics		CO 10:45 "Picture It"	
SO 1:30 Popcorn Bingo		PY 1:30 Bean Bag Toss	
CO 3:30 Hangman		PY 3:00 Noodle Volleyball	
		CO 3:30 Starts with May	

Did You Know?

HEALTH *Tips*

Beware of hidden calories!

Just 100 extra calories a day can add 10 pounds a year! Small choices like lighter salad dressings, or water with meals, can make a big difference!

HEALTH *Tips*

Mind Your Attitude!

Always look on the bright side: being an optimist can help you live longer!

MUSIC History

Tony Bennett began singing for money at age 13, performing as a singing waiter in several Italian restaurants around his native Queens.

MUSIC History

Barbra Streisand is one of the best-selling music artists of all time, with more than 68.5 million albums in the United States and 145 million records sold worldwide.



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