DIRIGO PINES A GRACE MGMT COMMUNITY It's not like home. It *is* home.

March 2021

March Spotlight Associate

We appreciate you!

Travis Frey, Housekeeper, has been employed with Dirigo Pines for nearly 2 and a half years. He consistently goes above and beyond to serve the residents, their families, and his fellow associates here at Dirigo Pines. Travis's positive attitude, upbeat demeanor, and genuine care for the residents has become nearly a daily topic of discussion. He is truly an asset to the entire Dirigo Pines Community.

On his days off, he enjoys spending time with his wife Melissa and their fur babies (dogs), Bailey and Bear! Thank you Travis for your devotion and hard work to better the lives of our residents! You make a difference and we are lucky to have you, enjoy your new parking space!

New Residents of Dirigo Pines!

Jean Stubbs

Carol Buchanan

Jean Corbani

Our story is yours.

We grow older and wiser, but are sure to never lose the spark that started it all. Grace Management continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S.. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

Resident Birthdays

Marion Peckham March 3

Thomas Newton March 4

Cindy Dunlap March 15

Gordon Tibbetts March 18

Alice Kimball March 22

Be sure to wish them a happy birthday when you see them!

Exciting things Happening in March!!

- Theatre Thursday kicks off this month with a showing of Shakespeare's *Measure for Measure* performed at the Globe Theater. 1:00 PM, March 4, KGP
- Spring is coming!
 - Daylight Saving Time begins at 2:00 AM on Sunday, March 14
 - National Napping Day is aptly celebrated on March 15 as we all attempt to recover from the imposed no-jet, jet lag.
 - The First Day of Spring is March 20
 - Be on the lookout for planting related activities and possibly some crocuses starting to peek through the snow this month.
- Dig out your green! On March 17th, we'll host a St. Patrick's Day Happy Hour in the Main Lobby with some light hor d'ouvres and themed beverages. Both alcoholic and non-alcoholic beverages will be available. Bring your neighbors and come celebrate!
- Life Enrichment is seeking your suggestions and ideas for movies, films, TV shows, activities, and crafts. Please, drop your suggestions into the suggestion boxes located at the concierge desk or at the Meadowbrook mailboxes.

ST. PATRICK'S DAY TRIVIA

Where was the very first St. Patrick's Day parade held?

 What year was the first parade held?
 T/F: In Ireland, St. Patrick's Day is a religious holiday similar to Christmas & Easter.

Who was the first president to attend a St. Patrick's Day parade?

 About how many cards are exchanged on St. Patrick's Day?
 What is Saint Patrick's real name?
 What are shamrocks a symbol of?
 T/F: Saint Patrick was born in Ireland.
 What date did Saint Patrick die?

T/F: There are 100,000 three-leaf clovers for every 4-leaf clover.

ANSWERS: (1) Boston (2) 1737 (3) True (4) President Truman (5) 15 million (6) Maewyn Succat (7) The Holy Trinity (8) False (9) March 17 (10) False. 10,000.

MARCH

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Word can go horizontally, vertically and diagonally in all eight directions.

TNEDRAGCRISPHEY MYDNIWWHGOLEOZR EDEROFNSNATUERE LEEFLOURI SHEEVL IGNCNESNARPNRB Т PORSGREEBWNESA NSLHORI HKVOERGT GGIAAWSEAMBWGNC ANNINEIGWRNB L L ECNIRTNNAHIOZT D TYOFMIWAGRAREUE SEARRHIGHRNDOR П ERRPL IALAWENERP FESMJTPWWKKHWPN

Awakening Melting Renewal Newborn Breezy Spring Outdoors Sprouting Crisp Sunshine Energized Plant Flourish Rainbow Unpredictable Garden Rainy Warming Refresh Windy Growing



Bangor Symphony Orchestra Update

Due to the late release date for March's Bangor Symphony Orchestra Masterworks II Concert, the March Concert, *Pärt and Tchaikovsky*, will be shown on Thursday, April 1. We will begin the afternoon with the *Pre-Concert Talk* at 1:00 PM and the *Pärt and Tchaikovsky* concert will begin immediately following the Pre-Concert Talk (at approximately 1:35 PM). The April concert will be played on April 29.