



HERITAGE OAKS
A GRACE MGMT COMMUNITY

FEBRUARY 2021

1100 German School Road
Richmond, Virginia 23225
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Keys Atrium -A Jefferson Room [O] Activity Room -AR Cafe-C Chapel -CH Library -L Theater Room - TR Outside -O	1 Black History Month PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 Black History Facts and Trivia [A] CO 3:00 5 Cent Bingo [AR]	2 Groundhog Day PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:00 Midday Movie [TR] PY 3:00 Finish the Lyrics [A]	3 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	4 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 Pokeno [A] SO 3:00 Health Talk w/ Encompass [A]	5 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Scenic Drive SO 3:00 Happy Hour [A]	6 SP 10:30 Communion [CH] SO 1:00 Easy Listening Music [A]
7 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]	8 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Fresh Baked Cookies [A] CO 3:00 Hangman [A]	9 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Ring Toss [A] CR 3:00 Arts and Craft	10 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	11 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Activity Store Shopping [JR] SO 3:00 Manicures [AR]	12 Chinese New Year PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Valentine's Day Crowning of King and Queen [A] SO 3:00 Valentine's Day Social [A]	13 SP 10:30 Church Service [CH] SO 1:00 Easy Listening Music [A]
14 Valentine's Day CR 1:00 Cards [L] CR 1:00 Easy Listening [A]	15 Presidents' Day PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 February IQ/ Presidents Trivia CO 3:00 Midday Movie [TR]	16 Mardi Gras PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Mardi Gras Parade [A] SO 3:00 Mardi Gras Social [A]	17 Ash Wednesday PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [CH] SO 3:30 Wine Wednesday [A]	18 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Bocce Ball [A] SO 3:00 Casino Games [AR]	19 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Scenic Drive SO 3:00 Special Happy Hour/ Meet and Greet New Residents [AR]	20 SP 10:30 Church Service [CH] SO 1:00 Easy Listening Music [A]
21 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]	22 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Residents' Dietary Meeting SO 3:00 February Birthday Celebration [A]	23 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Bid Whist Card Game [AR] CR 3:00 Room Service Activity Cart and Snack	24 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	25 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Line Dancing Exercise [A] CO 1:30 Trivia [A] PR 3:00 Blood Pressure Clinic w/ Encompass Health [A]	26 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Scenic Drive [O] SO 3:00 Happy Hour [AR]	27 SO 10:30 Church Service [CH] SO 1:00 Easy Listening Music [A]
28 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]	Residents' Birthday Waldensia Wise 2/07 Katie Gallandorm 2/14 James "Jim" Yarnell 2/15 John Allen Hill 2/15 Lewis Smith 2/17 Linda Draves 2/19 Beverly Saunders 2/21 Kam Fook Wong 2/26 Antoinette Archie 2/29		CO - Cognitive CR - Creative PY - Physical PR - Purposeful SO - Social SP - Spiritual			

Events are Subject to Change.