

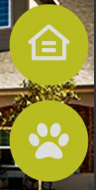


TWIN RIVERS
A GRACE MGMT COMMUNITY

JANUARY 2021



1720 North Plano Road
Richardson, Texas 75081
804-323-3800 | License: 146797
www.twinriversassistedliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SO - Social SP - Spiritual</p>				Happy New Year! from everyone at Twin Rivers Memory Care. Wishing you a happy healthy New Year.	<p>1 New Year's Day</p> <p>E 10:30 Bird Watching-AR SO 11:30 Bean Bag Toss Game-AR CO 2:30 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR SO 6:00 Movie Matinee-LR CR 6:30 Adult Coloring-AR</p>	<p>2</p> <p>SO 10:30 Coffee & Donuts Social-DR PY 2:00 Afternoon Exercise (iN2L)-MR CO 3:30 Puzzle & Coloring -AR SO 6:30 Movie Matinee-LR</p>
<p>3</p> <p>E 10:00 Morning Hymns Sing Along(iN2L)-MR SP 11:00 Christ United Methodist Church-MR PY 2:00 Afternoon Stretch(iN2L)-AR SO 4:00 Classic Movie-LR</p>	<p>4</p> <p>PY 10:30 Morning Exercise -MR E 11:30 Sing Along Music With Susie Q(iN2L)-MR CO 2:00 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>5</p> <p>I 10:30 Table & Board Games-AR CO 11:30 Name that Tune (iN2L)-MR PY 2:00 Chair Volleyball-AR CO 3:00 Trivia (iN2L)-MR SO 6:30 Movie Matinee-LR</p>	<p>6</p> <p>E 10:30 Bird Watching-AR CO 11:30 Word Games-AR CR 2:30 Creative Arts (iN2L)-MR I 3:30 Game of choice(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>7</p> <p>PY 10:30 Chair Exercise-AR SP 11:30 Sing Along (iN2L)-MR PR 2:00 Hand Massages-AR CO 4:00 Puzzle & Board Game-AR SO 6:30 Movie Matinee-LR</p>	<p>8</p> <p>E 10:30 Bird Watching-AR SO 11:30 Bean Bag Toss Game-AR SO 2:00 Music Therapy Zoom Meeting With John Ivor(iN2L)-MR CO 2:30 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR</p>	<p>9</p> <p>SO 10:30 Coffee & Donuts Social-DR PY 2:00 Afternoon Exercise (iN2L)-MR CO 3:30 Puzzle & Coloring -AR SO 6:30 Movie Matinee-LR</p>
<p>10</p> <p>E 10:00 Morning Hymns Sing Along(iN2L)-MR SP 11:00 Christ United Methodist Church-MR PY 2:00 Afternoon Stretch(iN2L)-AR SO 4:00 Classic Movie-LR</p>	<p>11</p> <p>PY 10:30 Morning Exercise -MR E 11:30 Sing Along Music With Susie Q(iN2L)-MR CO 2:00 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>12</p> <p>I 10:30 Table & Board Games-AR CO 11:30 Name that Tune (iN2L)-MR PY 2:00 Chair Volleyball-AR CO 3:00 Trivia (iN2L)-MR SO 6:30 Movie Matinee-LR</p>	<p>13</p> <p>E 10:30 Bird Watching-AR CO 11:30 Word Games-AR CR 2:30 Creative Arts (iN2L)-MR I 3:30 Game of choice(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>14</p> <p>PY 10:30 Chair Exercise-AR SP 11:30 Sing Along (iN2L)-MR PR 2:00 Hand Massages-AR CO 4:00 Puzzle & Board Game-AR SO 6:30 Movie Matinee-LR</p>	<p>15</p> <p>E 10:30 Bird Watching-AR SO 11:30 Bean Bag Toss Game-AR CO 2:30 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>16</p> <p>SO 10:30 Coffee & Donuts Social-DR PY 2:00 Afternoon Exercise (iN2L)-MR CO 3:30 Puzzle & Coloring -AR SO 6:30 Movie Matinee-LR</p>
<p>17</p> <p>E 10:00 Morning Hymns Sing Along(iN2L)-MR SP 11:00 Christ United Methodist Church-MR PY 2:00 Afternoon Stretch(iN2L)-AR SO 4:00 Classic Movie-LR</p>	<p>18 Martin Luther King Day</p> <p>PY 10:30 Morning Exercise -MR E 11:30 Sing Along Music With Susie Q(iN2L)-MR CO 2:00 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>19</p> <p>I 10:30 Table & Board Games-AR CO 11:30 Name that Tune (iN2L)-MR PY 2:00 Chair Volleyball-AR CO 3:00 Trivia (iN2L)-MR SO 6:30 Movie Matinee-LR</p>	<p>20 Inauguration Day</p> <p>E 10:30 Bird Watching-AR CO 11:30 Word Games-AR CR 2:30 Creative Arts (iN2L)-MR I 3:30 Game of choice(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>21</p> <p>PY 10:30 Chair Exercise-AR SP 11:30 Sing Along (iN2L)-MR PR 2:00 Hand Massages-AR CO 4:00 Puzzle & Board Game-AR SO 6:30 Movie Matinee-LR</p>	<p>22</p> <p>E 10:30 Bird Watching-AR SO 11:30 Bean Bag Toss Game-AR I 2:00 Music Therapy Zoom Meeting With John(iN2L) CO 2:30 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR</p>	<p>23</p> <p>SO 10:30 Coffee & Donuts Social-DR PY 2:00 Afternoon Exercise (iN2L)-MR CO 3:30 Puzzle & Coloring -AR SO 6:30 Movie Matinee-LR</p>
<p>24</p> <p>E 10:00 Morning Hymns Sing Along(iN2L)-MR SP 11:00 Christ United Methodist Church-MR PY 2:00 Afternoon Stretch(iN2L)-AR SO 4:00 Classic Movie-LR</p>	<p>25</p> <p>PY 10:30 Morning Exercise -MR E 11:30 Sing Along Music With Susie Q(iN2L)-MR CO 2:00 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>26</p> <p>I 10:30 Table & Board Games-AR CO 11:30 Name that Tune (iN2L)-MR PY 2:00 Chair Volleyball-AR CO 3:00 Trivia (iN2L)-MR SO 6:30 Movie Matinee-LR</p>	<p>27</p> <p>E 10:30 Bird Watching-AR CO 11:30 Word Games-AR CR 2:30 Creative Arts (iN2L)-MR I 3:30 Game of choice(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>28</p> <p>PY 10:30 Chair Exercise-AR SP 11:30 Sing Along (iN2L)-MR PR 2:00 Hand Massages-AR CO 4:00 Puzzle & Board Game-AR SO 6:30 Movie Matinee-LR</p>	<p>29</p> <p>E 10:30 Bird Watching-AR SO 11:30 Bean Bag Toss Game-AR CO 2:30 Card & Board Game(iN2L)-MR I 3:00 BINGO-MR PR 4:00 The Price Is Right(iN2L)-MR CR 6:30 Adult Coloring-AR</p>	<p>30</p> <p>SO 10:30 Coffee & Donuts Social-DR PY 2:00 Afternoon Exercise (iN2L)-MR CO 3:30 Puzzle & Coloring -AR SO 6:30 Movie Matinee-LR</p>
<p>31</p> <p>E 10:00 Morning Hymns Sing Along(iN2L)-MR SP 11:00 Christ United Methodist Church-MR PY 2:00 Afternoon Stretch(iN2L)-AR SO 4:00 Classic Movie-LR</p>	<p>Location Legend AR= Activity Room MR= Media Room LR= Living Room DR=Dining Room</p>					

Events are Subject to Change.