



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Week of January 10, 2021

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Cream of Cauliflower	French Onion	Hamburger	Vegetable	Chicken Rice	Basil Tomato	Chicken Stew
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Ginger Beef	Coq Au Vin	Tuscan Pork	Beef Patty	Pork Cutlet	Cod	Beef Tips
	Lemon Salmon	Veal Parmesan	Chicken Alfredo	Stuffed Squash	Rainbow Trout	Rosemary Chicken	Shepherd's Pie
Starch	Rice	Mashed Potato	Parmesan Polenta	Sweet Potato	Mash & Gravy	Rice Pilaf	Potato Wedges
	Mashed Potato	Pasta	Pasta	Mashed Potato	Parsley Rice	Mashed Potato	Mashed Potato
Vegetables	Carrots	Broccoli	Peas	Mixed Veggies	Chef's Veggie	Spinach	Peas & Onions
	Asparagus	Corn	Harvard Beets	Zucchini	Yellow Squash	Glazed Carrots	Brussel Sprouts
Desserts	Coconut Cream Pie	Pear Crisp	Blueberry Pie	Banana Pineapple Cake	Berry Parfait	Lemon Cream Cake	Pumpkin Bar
	Pecan Bar	Key Lime Pie	Brownie	Strawberry Crepe	Fruit Cobbler	Custard Pie	Sheet Cake

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136
notice is suggested.

24 Hour