



MAIN STREET
A GRACE MGMT COMMUNITY

JANUARY 2021

674 East Main Street
Hendersonville, Tennessee 37075
615-219-5112
www.mainstreetassistedliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ASSISTED LIVING</p> <p>Locations: RA-Resident's Apt. AR-Activity Room DR-Dinning Room L-Lobby</p>	<p>CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>				<p>1 New Year's Day 2</p> <p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CR 3:00 Activity Page- RA SE 6:00 TV Time and Conversation-AR</p>	<p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CO 3:00 Puzzle Page-RA SE 6:00 TV Time & Conversation- AR</p>
<p>3</p> <p>SP 9:00 Church Service on TV-RA SO 10:00 Visit With Caregiver-RA CR 11:30 Adult Art Page-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA</p>	<p>4</p> <p>SE 10:30 Braille Day-AR I 11:00 Daily Chronicles-AR PY 11:15 Walking Club-AR SE 1:00 Monday Movie Madness with Popcorn-AR PR 3:00 Writing Activity-AR</p>	<p>5</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CR 11:15 Let's Get Crafty-AR PR 1:00 Resident Council-DR PY 1:30 Bowling-AR SE 2:30 Whipped Cream Day-AR</p>	<p>6</p> <p>CO 10:30 20 Question Game-AR I 11:00 Daily Chronicles-AR CO 11:15 Master Sleuth Day-AR SE 1:00 Cooking Club-DR SO 2:30 Happy Hour-DR</p>	<p>7</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR SE 11:15 Putty in your Hands Day-AR CO 1:00 Hangman-AR SP 2:00 Music/Sing Along-AR SP 2:30 Thoughts on High-AR</p>	<p>8</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR SE 11:15 Elvis Lives Day-AR SO 1:00 Bingo-DR SE 2:00 Music Mania-DR SO 2:30 Happy Hour-DR</p>	<p>9</p> <p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CO 3:00 Puzzle Page-RA SE 6:00 TV Time & Conversation- AR</p>
<p>10</p> <p>SP 9:00 Church Service on TV-RA SO 10:00 Visit With Caregiver-RA CR 11:30 Adult Art Page-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA</p>	<p>11</p> <p>SE 10:30 Alexander Hamilton Birthday-AR I 11:00 Daily Chronicles-AR PY 11:15 Walking Club-AR SO 1:00 Scenic Bus Ride-Lobby CR 2:30 List It Game-AR</p>	<p>12</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CR 11:15 Let's Get Crafty-AR CO 1:00 20 Question Game-AR PY 2:00 Kick Ball-DR CR 2:30 Art Pages with Music-AR</p>	<p>13</p> <p>CR 10:30 Sticker Day-AR SE 11:00 Radio Time-AR PR 11:15 Coupon Clipping for the Veterans-AR PR 1:00 Menu Chat-AR SE 2:00 Meditation-AR SO 2:30 Happy Hour-DR</p>	<p>14</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR SE 11:15 Spice of Life Day-AR CO 1:00 Hangman-AR CO 1:30 What's That Sound?-AR SP 2:00 Music/Sing Along-AR SP 2:30 Thoughts on High-AR</p>	<p>15</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CO 11:15 Coin Day-AR SO 1:00 Bingo-DR SE 2:00 Music Mania-DR SO 2:30 Happy Hour-DR</p>	<p>16</p> <p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CO 3:00 Puzzle Page-RA SE 6:00 TV Time & Conversation- AR</p>
<p>17</p> <p>SP 9:00 Church Service on TV-RA SO 10:00 Visit With Caregiver-RA CR 11:30 Adult Art Page-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA</p>	<p>18 Martin Luther King Day</p> <p>CO 10:30 Dice Card Game-AR I 11:00 Daily Chronicles-AR CO 11:15 Martin Luther King Day-AR SE 1:00 Monday Movie Madness with Popcorn-AR PR 3:00 Writing Activity-AR</p>	<p>19</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CR 11:15 Let's Get Crafty-AR CO 1:00 Coffee Around the World Day/Poetry-AR PY 1:30 Bowling-AR CR 2:30 Art Pages with Music-AR</p>	<p>20 Inauguration Day</p> <p>CO 10:30 20 Question Game-AR I 11:00 Daily Chronicles-AR PY 11:15 Walking Club-AR SE 1:00 National Buttercrunch Day/Cooking Club-DR SO 2:30 Happy Hour-DR</p>	<p>21</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR SO 11:15 Price Is Right-AR CO 1:00 Hangman-AR SP 2:00 Music/Sing Along-AR SP 2:30 Thoughts on High-AR</p>	<p>22</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR E 11:15 IN2L Humor/Inspirational Time SO 1:00 Bingo-DR SE 2:00 Music Mania-DR SO 2:30 Happy Hour-DR</p>	<p>23</p> <p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CO 3:00 Puzzle Page-RA SE 6:00 TV Time & Conversation- AR</p>
<p>24</p> <p>SP 9:00 Church Service on TV-RA SO 10:00 Visit With Caregiver-RA CR 11:30 Adult Art Page-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA</p>	<p>25</p> <p>CO 10:30 Family Feud-AR I 11:00 Daily Chronicles-AR SE 11:15 Bubble Wrap Appreciation Day- AR SO 1:00 Scenic Bus Ride-Lobby CR 2:30 List It Game-AR</p>	<p>26</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CR 11:15 Let's Get Crafty-AR CO 1:00 20 Question Game-AR PY 2:00 Kick Ball-DR CO 2:30 Tea and Trivia- AR</p>	<p>27</p> <p>SO 10:30 Winter Memories Day- AR SE 11:00 Radio Time-AR PR 11:15 Coupon Clipping for the Veterans-AR PR 1:00 Menu Chat-AR SE 2:00 Meditation-AR SO 2:30 Happy Hour-DR</p>	<p>28</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CO 11:15 Family Feud-AR CO 1:00 Hangman-AR CR 1:30 Kazoo Day-AR SP 2:00 Music/Sing Along-AR SP 2:30 Thoughts on High-AR</p>	<p>29</p> <p>PY 10:30 Sit & Be Fit-AR I 11:00 Daily Chronicles-AR CO 11:30 What did it Cost?- AR SO 1:00 Bingo-DR SE 2:00 Music Mania-DR SO 2:30 Happy Hour-DR</p>	<p>30</p> <p>SO 10:00 Visit With Caregiver-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA CO 3:00 Puzzle Page-RA SE 6:00 TV Time & Conversation- AR</p>
<p>31</p> <p>SP 9:00 Church Service on TV-RA SO 10:00 Visit With Caregiver-RA CR 11:30 Adult Art Page-RA I 1:00 Daily Chronicles-RA SO 2:00 Visit With Caregiver-RA</p>						

Events are Subject to Change.