



HERITAGE OAKS OF ENGLEWOOD

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.

Your Team

Kathy Bruns - Executive Director
Marty Aldridge - Business Office Manager
Chris Snider - Sales Director
Sean Krasensky - Wellness Director
Sherry Blanchard - Village Program Coordinator
Donnie Brown - Asst Dining Services Director
Carla Lanning - Maintenance Director
Lisa Young - Life Enrichment Director

Staff Birthdays

1/03 - Tiffany Walls
1/13 - Sara Doggett

Resident Birthdays

January 1st - Gloria Del Pino
January 2nd - Mildred Schotanus
January 18th - Betsy Frazier
January 19th - CeCe Marken
January 20th - Linda Dorsch
January 21st - Martin Laschever
January 24th - Joyce Gothman
January 28th - Marilyn Carlson
January 29th - RuAnn Beierwaltes
January 31st - Myra Ehnert

1/13 - Mary Blanchard
1/18 - Melinda Hart

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

Jazz C.
Marc R.



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JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>HAPPY 2021! LET'S HAVE A GREAT YEAR</p>	<p>Special Events 4th - National Spaghetti Day 19th - National Popcorn Day 25th - National Peanut Butter Day</p>	<p>January Birthdays 1/01 - Gloria Del-Pino 1/02 - Mildred Schotanus 1/18 - Betsy Frazier 1/19 - Cece Marken 1/20 - Linda Dorsch</p>	<p>January Birthdays 1/21 - Martin Laschever 1/24 - Joyce Gothman 1/28 - Marilyn Carlson 1/29 - Ru Ann Beierwaltes 1/31 - Myra Ehnert</p>
<p>3</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:00 Dominos - 1B CO 10:30 Bingo For Candy - BH SO 12:30 Football Game - MR CO 1:30 Bridge Players - 2L SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study - MR SO 3:15 Bingo For Candy - BH</p>	<p>4</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:15 Protestant Communion - MR CR 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 Bingo For Candy - BH SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>	<p>5</p> <p>PY 9:30 Fun & Fitness - FC PR 10:15 BP Clinic - 1B CO 10:30 Bingo For Candy - BH PR 2:30 Town Hall w/ ED CO 3:15 Bingo For Candy - BH SO 7:00 Movie Night - MR</p>	<p>6</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:30 Bingo For Candy - BH CO 10:30 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:00 Wine Down Wednesday SE 7:00 Movie Night - MR</p>	<p>7</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:00 Fellowship Gathering - CY PR 10:30 Fancy Nail Painting - 2B CO 1:30 Bridge Players - 2L CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>
<p>10</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:00 Dominos - 1B CO 10:30 Bingo For Candy - BH SO 12:30 Football Game - MR CO 1:30 Bridge Players - 2L SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study - MR SO 3:15 Bingo For Candy - BH</p>	<p>11</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:15 Protestant Communion - MR CR 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 Bingo For Candy - BH SO 3:15 Bingo For Candy - BH CO 7:00 Movie Night - MR</p>	<p>12</p> <p>SP 9:15 Catholic Communion - CY PY 9:30 Fun & Fitness - FC PR 10:15 BP Clinic - 1B CO 10:30 Bingo For Candy - BH PR 2:15 Food Council - 2B PR 2:45 Resident Council - 2B CO 3:15 Bingo For Candy - BH SO 7:00 Movie Night - MR</p>	<p>13</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:30 Bingo For Candy - BH CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:00 Wine Down Wednesday SE 7:00 Movie Night - MR</p>	<p>14</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:00 Fellowship Gathering - CY PR 10:30 Fancy Nail Painting - 2B CO 1:30 Bridge Players - 2L CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>
<p>17</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:00 Dominos - 1B CO 10:30 Bingo For Candy - BH SO 12:30 Football Game - MR CO 1:30 Bridge Players - 2L SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study - MR SO 3:15 Bingo For Candy - BH</p>	<p>18 Martin Luther King Day</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:15 Protestant Communion - MR CR 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 Bingo For Candy - BH SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>	<p>19</p> <p>PY 9:30 Fun & Fitness - FC PR 10:15 BP Clinic - 1B CO 10:30 Bingo For Candy - BH PR 2:30 Town Hall w/ ED - 1B CO 3:15 Bingo For Candy - BH SO 7:00 Movie Night - MR</p>	<p>20 Inauguration Day</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:30 Bingo For Candy - BH CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:00 Wine Down Wednesday SE 7:00 Movie Night - MR</p>	<p>21</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:00 Fellowship Gathering - CY PR 10:30 Fancy Nail Painting - 2B CO 1:30 Bridge Players - 2L CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>
<p>24</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:00 Dominos - 1B CO 10:30 Bingo For Candy - BH SO 12:30 Football Game - MR CO 1:30 Bridge Players - 2L SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study - MR SO 3:15 Bingo For Candy - BH</p>	<p>25</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:15 Protestant Communion - MR CR 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 Bingo For Candy - BH SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>	<p>26</p> <p>SP 9:15 Catholic Communion - CY PY 9:30 Fun & Fitness - FC PR 10:15 BP Clinic - 1B CO 10:30 Bingo For Candy - BH PR 2:30 Town Hall w/ ED CO 3:15 Bingo For Candy - BH SO 7:00 Movie Night - MR</p>	<p>27</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:30 Bingo For Candy - BH CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:00 Wine Down Wednesday SE 7:00 Movie Night - MR</p>	<p>28</p> <p>PY 9:30 Be Fit Exercises - FC SP 10:00 Fellowship Gathering - CY PR 10:30 Fancy Nail Painting - 2B CO 1:30 Bridge Players - 2L CO 2:00 Bingo For Candy - BH CO 2:00 Movie Matinee - MR SO 3:15 Bingo For Candy - BH SE 7:00 Movie Night - MR</p>
<p>31</p> <p>PY 9:30 Be Fit Exercises - FC CO 10:00 Dominos - 1B CO 10:30 Bingo For Candy - BH SO 12:30 Football Game - MR CO 1:30 Bridge Players - 2L SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study - MR SO 3:15 Bingo For Candy - BH</p>			<p>Location Legend FC = Fitness Center 1B = 1st Floor Bistro 2B = 2nd Floor Bistro BH = Bingo Hall</p>	<p>Location Legend 2L = 2nd Floor Library MR = Media Room OT = Bus Outing CY = Bistro Courtyard</p>

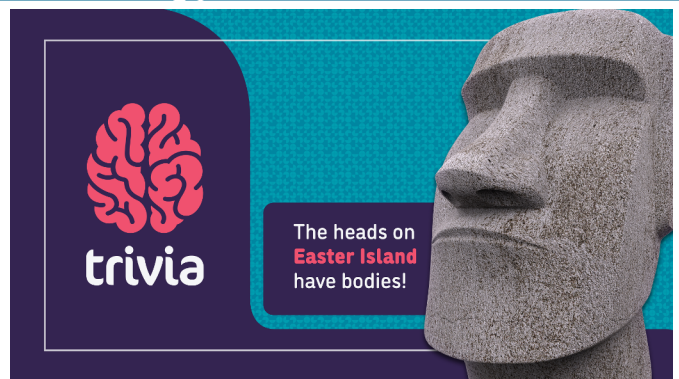
Events are Subject to Change.

Assisted Living



MUSIC History

In 1958, "Splish Splash," a novelty song Bobby Darin wrote relatively quickly, became an international hit.



trivia

The heads on Easter Island have bodies!

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Friday

Saturday

1 New Year's Day

2

9:30 Be Fit Exercises - FC
10:30 Hangman - 2L
2:00 Bingo For Candy - BH
3:15 Bingo For Candy - BH
7:00 Movie Night - MR

9:30 Be Fit Exercises - FC
10:30 Bingo For Candy - BH
10:30 Wii Bowling - 1LR
1:30 Bridge Players - 2L
2:30 Ice Cream Social - 1B
3:15 Bingo For Candy - BH
6:00 Indep. Games - 1B/2L
7:00 Movie Night - MR

8
9:15 Walmart Shopping - OT
9:30 Be Fit Exercises - FC
9:45 Walmart Shopping - OT
10:30 Bingo For Candy - BH
1:15 Mystery Bus Ride - OT
2:30 Birthday Party - 1B
2:45 Mystery Bus Ride - OT
3:15 Bingo For Candy - BH

9
9:30 Be Fit Exercises - FC
10:30 Bingo For Candy - BH
10:30 Wii Bowling - 1LR
1:30 Bridge Players - 2L
2:30 Ice Cream Social - 1B
3:15 Bingo For Candy - BH
6:00 Indep. Games - 1B/2L
7:00 Movie Night - MR

15
9:15 Walmart Shopping - OT
9:30 Be Fit Exercises - FC
9:45 Walmart Shopping - OT
10:30 Hangman - 2L
1:15 Mystery Bus Ride - OT
2:00 Bingo For Candy - BH
2:45 Mystery Bus Ride - OT
3:15 Bingo For Candy - BH

16
9:30 Be Fit Exercises - FC
10:30 Bingo For Candy - BH
10:30 Wii Bowling - 1LR
1:30 Bridge Players - 2L
2:30 Ice Cream Social - 1B
3:15 Bingo For Candy - BH
6:00 Indep. Games - 1B/2L
7:00 Movie Night - MR

22
9:15 Walmart Shopping - OT
9:30 Be Fit Exercises - FC
9:45 Walmart Shopping - OT
10:30 Hangman - 2L
1:15 Mystery Bus Ride - OT
2:00 Bingo For Candy - BH
2:45 Mystery Bus Ride - OT
3:15 Bingo For Candy - BH

23
9:30 Be Fit Exercises - FC
10:30 Bingo For Candy - BH
10:30 Wii Bowling - 1LR
1:30 Bridge Players - 2L
2:30 Ice Cream Social - 1B
3:15 Bingo For Candy - BH
6:00 Indep. Games - 1B/2L
7:00 Movie Night - MR

29
9:15 Walmart Shopping - OT
9:30 Be Fit Exercises - FC
9:45 Walmart Shopping - OT
10:30 Hangman - 2L
1:15 Mystery Bus Ride - OT
2:00 Bingo For Candy - BH
2:45 Mystery Bus Ride - OT
3:15 Bingo For Candy - BH

30
9:30 Be Fit Exercises - FC
10:30 Bingo For Candy - BH
10:30 Wii Bowling - 1LR
1:30 Bridge Players - 2L
2:30 Ice Cream Social - 1B
3:15 Bingo For Candy - BH
6:00 Indep. Games - 1B/2L
7:00 Movie Night - MR

Did You Know?

HEALTH *Tips*

Exercise Daily!

Did you know that daily exercise can reduce all of the biomarkers of aging?

This includes improving eyesight, blood pressure, lean muscle, cholesterol, and bone density.

HEALTH *Tips*

Mind Your Attitude!

Always look on the bright side: being an optimist can help you live longer!

Village Program



trivia

A jelly bean takes anywhere from 7 to 21 days to make.



1964

"THE APARTMENT"

This was the last B&W movie to win Best Picture at The Academy Awards until The Artist (2011).





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