



HERITAGE OAKS OF ENGLEWOOD

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.

Your Team

Kathy Bruns - Executive Director
Marty Aldridge - Business Office Manager
Chris Snider - Sales Director
Sean Krasensky - Wellness Director
Sherry Blanchard - Village Program Coordinator
Donnie Brown - Asst Dining Services Director
Carla Lanning - Maintenance Director
Lisa Young - Life Enrichment Director

Staff Birthdays

1/03 - Tiffany Walls

1/13 - Sara Doggett

Resident Birthdays

January 1st - Gloria Del Pino

January 2nd - Mildred Schotanus

January 18th - Betsy Frazier

January 19th - CeCe Marken

January 20th - Linda Dorsch

January 21st - Martin Laschever

January 24th - Joyce Gothman

January 28th - Marilyn Carlson

January 29th - RuAnn Beierwaltes

January 31st - Myra Ehnert

1/13 - Mary Blanchard

1/18 - Melinda Hart

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

*Jazz C.
Marc R.*



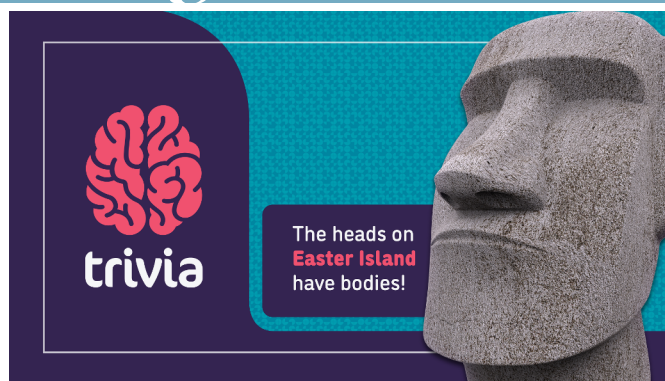
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JANUARY 2021

Sunday	Monday	Tuesday	Wednesday	Thursday
<p>CO - Cognitive E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	Dr. Day every Wednesday P.A. Chris Kelly			
<p>3</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SP 10:30 Church Service PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 3:00 Sunday Sundaes PR 3:15 Aqua Painting</p>	<p>4</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie PR 2:30 Walk outside SO 3:15 Aqua Painting SO 3:30 Bingo For Candy</p>	<p>5</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy CO 11:00 Brain Health PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie</p>	<p>6</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Fancy Nails CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside PR 3:15 Aqua Painting</p>	<p>7</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>
<p>10</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SP 10:30 Church Service PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 3:00 Sunday Sundaes PR 3:15 Aqua Painting</p>	<p>11</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SO 10:30 Board Games PR 11:00 Activity Kits & Baskets CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>	<p>12</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy CO 11:00 Brain Health PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie</p>	<p>13</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Fancy Nails PR 11:00 Activity Kits & Baskets CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>	<p>14</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>
<p>17</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SP 10:30 Church Service PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 3:00 Sunday Sundaes PR 3:15 Aqua Painting</p>	<p>18</p> <p>Martin Luther King Day</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie PR 2:30 Walk outside SO 3:15 Aqua Painting SO 3:30 Bingo For Candy</p>	<p>19</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy CO 11:00 Brain Health PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie</p>	<p>20</p> <p>Inauguration Day</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Fancy Nails CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside PR 3:15 Aqua Painting</p>	<p>21</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>
<p>24</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SP 10:30 Church Service PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 3:00 Sunday Sundaes PR 3:15 Aqua Painting</p>	<p>25</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie PR 2:30 Walk outside SO 3:15 Aqua Painting SO 3:30 Bingo For Candy</p>	<p>26</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy CO 11:00 Brain Health PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie</p>	<p>27</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Fancy Nails CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside PR 3:15 Aqua Painting</p>	<p>28</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities PR 10:30 Music Therapy PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 2:00 Popcorn & Movie SO 2:30 Walk outside</p>
<p>31</p> <p>CO 9:30 Outside Patio fun PY 10:00 Porch Activities SP 10:30 Church Service PR 11:00 Stories of Reflections CO 1:30 Puzzles PR 2:00 Afternoon Walk SO 3:00 Sunday Sundaes PR 3:15 Aqua Painting</p>		Wednesday Dr. Days		<p>January Birthdays 1)Barbara Webber 2)Sandra Honne 3)Candy McCarthy 4)Charlie Lindberg</p>

Events are Subject to Change.

Assisted Living



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Englewood, Florida 34224
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Friday		Saturday	
1	New Year's Day	2	
CO PY CO CO PR CO SO SO PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Trivia 1:30 Puzzles 2:00 Afternoon Walk 2:00 Popcorn & Movie 2:30 Walk outside 2:35 Aqua Watercolor Painting	CO PY PR CO CO PR PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Music Therapy 10:30 Fancy Nails 11:00 Brain Health 1:30 Puzzles 2:00 Afternoon Walk 3:15 Aqua Painting
8		9	
CO PY CO CO PR CO SO SO PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Trivia 1:30 Puzzles 2:00 Afternoon Walk 2:00 Popcorn & Movie 2:30 Walk outside 2:35 Aqua Watercolor Painting	CO PY PR CO CO PR PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Music Therapy 10:30 Fancy Nails 11:00 Brain Health 1:30 Puzzles 2:00 Afternoon Walk 3:15 Aqua Painting
15		16	
CO PY CO CO PR CO SO SO PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Trivia 11:00 Kits & Baskets 1:30 Puzzles 2:00 Afternoon Walk 2:00 Popcorn & Movie 2:30 Walk outside	CO PY PR CO CO PR PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Music Therapy 10:30 Fancy Nails 11:00 Brain Health 1:30 Puzzles 2:00 Afternoon Walk 3:15 Aqua Painting
22		23	
CO PY CO CO PR CO SO SO PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Trivia 1:30 Puzzles 2:00 Afternoon Walk 2:00 Popcorn & Movie 2:30 Walk outside 2:35 Aqua Watercolor Painting	CO PY PR CO CO PR PR	9:30 Outside Patio fun 10:00 Porch Activities 10:30 Music Therapy 10:30 Fancy Nails 11:00 Brain Health 1:30 Puzzles 2:00 Afternoon Walk 3:15 Aqua Painting
29		30	
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Did You Know?

HEALTH *Tips*

Exercise Daily!

Did you know that daily exercise can reduce all of the biomarkers of aging?

This includes improving eyesight, blood pressure, lean muscle, cholesterol, and bone density.

HEALTH *Tips*

Mind Your Attitude!

Always look on the bright side: being an optimist can help you live longer!

Village Program



A jelly bean takes anywhere from 7 to 21 days to make.



1964

"THE APARTMENT"

This was the last B&W movie to win Best Picture at The Academy Awards until The Artist (2011).



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