



BEACH HOUSE
A GRACE MGMT COMMUNITY

JANUARY 2021

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home." - Edith Sitwell</p>	<p>Animal of the Month – Rabbit Flower – Carnation Birthstone – Garnet</p>	<p>Capricorn (The Sea Goat) January 1–19 Aquarius (Water Bearer) January 20–31</p>	<p>What's Lucky in January? Lucky Color: Silver Lucky Animal: Kangaroo Lucky Letters: J and Y Lucky Day: Friday Lucky Plant: Delphinium</p>	<p>"Tell me, what is it you plan to do with your one wild and precious life?" ~ Mary Oliver</p>	<p>1 New Year's Day PY 9:30 Chair Zumba SO 10:00 All About Naples CO 10:30 Word Games PY 11:00 Walk in the Garden SO 1:00 Indiana Jones CR 2:00 Independent Coloring PR 3:00 Afternoon Refreshments PR 4:00 Funny Video Friday</p>	<p>2 PY 9:00 Move to the Music SE 9:30 Tea and Jazz CO 10:00 IN2L Games CR 11:00 Saturday Morning Painting SO 1:00 Puzzle Social E 2:00 Room Visits PR 3:00 Afternoon Refreshments SE 4:00 Music in the Court Yard</p>
<p>3 SP 9:00 Catholic Church Service SP 10:00 Sunday Church Service SP 11:00 Hymn Sing-A-Long SO 1:00 Sunday Afternoon Football PR 2:00 Room Visits PR 3:00 Afternoon Refreshments SO 8:00 Night at the Movie</p>	<p>4 PY 9:30 Chair Exercise CO 10:00 Daily Chronicle CO 10:30 IN2L Games PY 11:00 Morning Stroll CR 1:00 Afternoon Crafts SP 2:00 Guided Meditation PR 3:00 Afternoon Refreshments PR 4:00 Room Visits</p>	<p>5 PY 9:30 Sit & be Fit CO 10:00 Current Events SO 10:30 Name That Tune! CR 11:00 Coloring with Friends PR 1:00 Word Games: Word Search SO 2:00 Short Story Reading PR 3:00 Afternoon Refreshments PY 4:00 Afternoon Walk</p>	<p>6 PY 9:30 Morning Exercise SO 10:00 Good News with Tea CO 10:30 Brain Games CR 11:00 Morning Painting SE 1:00 Music Appreciation CO 2:00 IN2L Games PR 3:00 Afternoon Refreshments PR 4:00 Afternoon Puzzles</p>	<p>7 PY 9:30 Sit & be Fit SE 10:00 Therapeutic Music SO 11:00 Apple Cider in the Garden CR 1:00 Arts and Crafts Corner PR 2:00 Room Visits SO 3:00 Ice Cream Social PY 4:00 Afternoon Walk SO 5:00 Afternoon at the Movies</p>	<p>8 PY 9:30 Bend and Stretch SO 10:00 All About Naples CO 10:30 Word Games PY 11:00 Walk in the Garden SO 1:00 Fun in Acapulco CR 2:00 Independent Coloring PR 3:00 Afternoon Refreshments PR 4:00 Funny Video Friday</p>	<p>9 PY 9:00 Move to the Music SE 9:30 Tea and Jazz CO 10:00 IN2L Games CR 11:00 Saturday Morning Painting SO 1:00 Puzzle Social E 2:00 Room Visits PR 3:00 Afternoon Refreshments SE 4:00 Music in the Court Yard</p>
<p>10 SP 9:00 Catholic Church Service SP 10:00 Sunday Church Service SP 11:00 Hymn Sing-A-Long SO 1:00 Sunday Afternoon Football PR 2:00 Room Visits PR 3:00 Afternoon Refreshments SO 8:00 Night at the Movie</p>	<p>11 PY 9:30 Sit & Be Fit CO 10:00 Daily Chronicle CO 10:30 IN2L Games PY 11:00 Morning Stroll CR 1:00 Afternoon Crafts SP 2:00 Guided Meditation PR 3:00 Afternoon Refreshments PR 4:00 Room Visits</p>	<p>12 PY 9:30 Power Moves CO 10:00 Current Events SO 10:30 Name That Tune! CR 11:00 Coloring with Friends PR 1:00 Word Games: Word Search SO 2:00 Short Story Reading PR 3:00 Afternoon Refreshments PY 4:00 Afternoon Walk</p>	<p>13 PY 9:30 Chair Dancing SO 10:00 Good News with Tea CO 10:30 Brain Games CR 11:00 Morning Painting SE 1:00 Music Appreciation CO 2:00 IN2L Games PR 3:00 Afternoon Refreshments PR 4:00 Afternoon Puzzles</p>	<p>14 PY 9:30 Range of Motion SE 10:00 Therapeutic Music SO 11:00 Apple Cider in the Garden CR 1:00 Arts and Crafts Corner PR 2:00 Room Visits SO 3:00 Ice Cream Social PY 4:00 Afternoon Walk SO 5:00 Afternoon at the Movies</p>	<p>15 PY 9:30 Chair Zumba SO 10:00 All About Naples CO 10:30 Word Games PY 11:00 Walk in the Garden SO 1:00 The Jewel Of The Nile CR 2:00 Independent Coloring PR 3:00 Afternoon Refreshments PR 4:00 Funny Video Friday</p>	<p>16 PY 9:00 Move to the Music SE 9:30 Tea and Jazz CO 10:00 IN2L Games CR 11:00 Saturday Morning Painting SO 1:00 Puzzle Social E 2:00 Room Visits PR 3:00 Afternoon Refreshments SE 4:00 Music in the Court Yard</p>
<p>17 SP 9:00 Catholic Church Service SP 10:00 Sunday Church Service SP 11:00 Hymn Sing-A-Long SO 1:00 Sunday Afternoon Football PR 2:00 Room Visits PR 3:00 Afternoon Refreshments SO 8:00 Night at the Movie</p>	<p>18 Martin Luther King Day PY 9:30 Chair Exercise CO 10:00 Daily Chronicle CO 10:30 IN2L Games PY 11:00 Morning Stroll CR 1:00 Afternoon Crafts SP 2:00 Guided Meditation PR 3:00 Afternoon Refreshments PR 4:00 Room Visits</p>	<p>19 PY 9:30 Sit & be Fit CO 10:00 Current Events SO 10:30 Name That Tune! CR 11:00 Coloring with Friends PR 1:00 Word Games: Word Search SO 2:00 Short Story Reading PR 3:00 Afternoon Refreshments PY 4:00 Afternoon Walk</p>	<p>20 Inauguration Day PY 9:30 Morning Exercise SO 10:00 Good News with Tea CO 10:30 Brain Games CR 11:00 Morning Painting SE 1:00 Music Appreciation CO 2:00 IN2L Games PR 3:00 Afternoon Refreshments PR 4:00 Afternoon Puzzles</p>	<p>21 PY 9:30 Sit & be Fit SE 10:00 Therapeutic Music SO 11:00 Apple Cider in the Garden CR 1:00 Arts and Crafts Corner PR 2:00 Room Visits SO 3:00 Ice Cream Social PY 4:00 Afternoon Walk SO 5:00 Afternoon at the Movies</p>	<p>22 PY 9:30 Bend and Stretch SO 10:00 All About Naples CO 10:30 Word Games PY 11:00 Walk in the Garden SO 1:00 The Three Musketeers (1974) CR 2:00 Independent Coloring PR 3:00 Afternoon Refreshments PR 4:00 Funny Video Friday</p>	<p>23 PY 9:00 Move to the Music SE 9:30 Tea and Jazz CO 10:00 IN2L Games CR 11:00 Saturday Morning Painting SO 1:00 Puzzle Social E 2:00 Room Visits PR 3:00 Afternoon Refreshments SE 4:00 Music in the Court Yard</p>
<p>24 SP 9:00 Catholic Church Service SP 10:00 Sunday Church Service SP 11:00 Hymn Sing-A-Long SO 1:00 Sunday Afternoon Football PR 2:00 Room Visits PR 3:00 Afternoon Refreshments SO 8:00 Night at the Movie</p>	<p>25 PY 9:30 Sit & Be Fit CO 10:00 Daily Chronicle CO 10:30 IN2L Games PY 11:00 Morning Stroll CR 1:00 Afternoon Crafts SP 2:00 Guided Meditation PR 3:00 Afternoon Refreshments PR 4:00 Room Visits</p>	<p>26 PY 9:30 Power Moves CO 10:00 Current Events SO 10:30 Name That Tune! CR 11:00 Coloring with Friends PR 1:00 Word Games: Word Search SO 2:00 Short Story Reading PR 3:00 Afternoon Refreshments PY 4:00 Afternoon Walk</p>	<p>27 PY 9:30 Chair Dancing SO 10:00 Good News with Tea CO 10:30 Brain Games CR 11:00 Morning Painting SE 1:00 Music Appreciation CO 2:00 IN2L Games PR 3:00 Afternoon Refreshments PR 4:00 Afternoon Puzzles</p>	<p>28 PY 9:30 Range of Motion SE 10:00 Therapeutic Music SO 11:00 Apple Cider in the Garden CR 1:00 Arts and Crafts Corner PR 2:00 Room Visits SO 3:00 Ice Cream Social PY 4:00 Afternoon Walk SO 5:00 Afternoon at the Movies</p>	<p>29 PY 9:30 Chair Zumba SO 10:00 All About Naples CO 10:30 Word Games PY 11:00 Walk in the Garden SO 1:00 Grease CR 2:00 Independent Coloring PR 3:00 Afternoon Refreshments PR 4:00 Funny Video Friday</p>	<p>30 PY 9:00 Move to the Music SE 9:30 Tea and Jazz CO 10:00 IN2L Games CR 11:00 Saturday Morning Painting SO 1:00 Puzzle Social E 2:00 Room Visits PR 3:00 Afternoon Refreshments SE 4:00 Music in the Court Yard</p>
<p>31 SP 9:00 Catholic Church Service SP 10:00 Sunday Church Service SP 11:00 Hymn Sing-A-Long SO 1:00 Sunday Afternoon Football PR 2:00 Room Visits PR 3:00 Afternoon Refreshments SO 8:00 Night at the Movie</p>	<p>Happy Birthday! Eleanor C. January 9th</p>	<p>Happy Birthday! Mark B. January 16th</p>	<p>Happy Birthday! Judith W. January 21th</p>	<p>Activities are conducted within the CDC Guidelines for the safety of our residents. All Activities are Subject to Change</p>	<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	

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