



**SHOREHAVEN**  
A GRACE MGMT COMMUNITY

# DECEMBER 2020

14560 Lakeside Circle  
Sterling Heights, Michigan 48313  
586-250-5329  
[www.ShorehavenSeniorLiving.com](http://www.ShorehavenSeniorLiving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CC</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p> <p>LOCATION KEY: Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P Recreation Room = RR</p>	<p>1 <b>PY</b> 10:30 Steps in Stride-(L) <b>PY</b> 1:30 Hokey Pokey Exercise-(GR) <b>PY</b> 2:15 Hokey Pokey Exercise-(GR) <b>PR</b> 3:00 <b>Activity Cart 2nd Floor Room to Room</b> <b>CC</b> 3:15 Group Crossword Puzzle-(RR) <b>SO</b> 4:00 Holiday Cheers-(L) <b>CC</b> 5:30 Big Bingo Bash-(GR) <b>CC</b> 6:30 Big Bingo Bash-(GR)</p>	<p>2 <b>SP</b> 10:30 Inspiration with Joel Osteen-(GR) <b>PY</b> 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) <b>PY</b> 2:15 "Aut-To-Be-Fit" Fitness Program-(GR) <b>CR</b> 3:00 Dancercise-(DR) <b>PR</b> 3:30 <b>Activity Meeting-(AR)</b> <b>SE</b> 6:30 <b>Rochester Christmas Light Tour-(L)</b></p>	<p>3 <b>SP</b> 10:30 Women's Bible Study w/Eva-(GR) <b>PY</b> 1:30 Engaging Rhythm Workout-(GR) <b>PY</b> 2:15 Engaging Rhythm Workout-(GR) <b>SP</b> 2:30 Prayer Service-(RR) <b>SP</b> 3:00 Prayer Service-(RR) <b>PR</b> 4:00 <b>Activity Cart 1st Floor Room to Room</b> <b>CC</b> 5:30 Big Bingo Bash-(GR) <b>CC</b> 6:30 Big Bingo Bash-(GR)</p>	<p>4 <b>CC</b> 10:30 Hot Topics-(RR) <b>PY</b> 1:15 Sweat'n w/the Oldies Music-(GR) <b>PY</b> 1:45 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 <b>Happy Hour w/Chet Penkala-(DR)</b> <b>PY</b> 4:00 Cool Down-(GR) <b>CC</b> 6:30 7 Card Match-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR) <b>E</b> 7:15 Shorehaven Choir w/Toni-(RR)</p>	<p>5 <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CC</b> 2:15 Movie Matinee: AirBud Puppy Star Christmas-(RR) <b>SP</b> 3:15 Pray the Rosary w/Catherine W. <b>CC</b> 5:30 Free Bingo for Paper Essentials-(GR) <b>CC</b> 6:30 Free Bingo for Paper Essentials-(GR)</p>	
<p>6 <b>SP</b> 10:00 Nondenominational Church Service- (GR) <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Chair Yoga-(GR) <b>CC</b> 2:15 Nature Video: Our Planet, Jungles-(RR) <b>CC</b> 2:30 7 Card Match-(GR) <b>CC</b> 3:30 7 Card Match-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR) <b>E</b> 7:15 Shorehaven Choir w/Toni-(RR)</p>	<p>7 <b>PY</b> 10:30 20 Minute Cardio Workout-(L) <b>PY</b> 1:30 Roll It Bounce It Exercise-(GR) <b>PY</b> 2:15 Roll It Bounce It Exercise-(GR) <b>PR</b> 3:00 <b>Activity Cart 3rd Floor Room to Room</b> <b>CR</b> 3:15 Holiday Crafts-(RR) <b>CC</b> 6:00 Po-Ke-No-(GR) <b>CC</b> 6:45 Po-Ke-No-(GR)</p>	<p>8 <b>PY</b> 10:30 Steps in Stride-(L) <b>PY</b> 1:30 Body in Motion-(GR) <b>PY</b> 2:15 Body in Motion-(GR) <b>PR</b> 3:00 <b>Activity Cart 2nd Floor Room to Room</b> <b>SO</b> 3:15 <b>Christmas Carols by the Fire &amp; Roasted Chestnuts-(RR)</b> <b>SO</b> 4:00 Holiday Cheers-(L) <b>CC</b> 5:30 Big Bingo Bash-(GR) <b>CC</b> 6:30 Big Bingo Bash-(GR)</p>	<p>9 <b>SP</b> 10:30 Inspiration with Joel Osteen-(GR) <b>PY</b> 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) <b>PY</b> 2:15 "Aut-To-Be-Fit" Fitness Program-(GR) <b>CR</b> 3:00 Dancercise-(DR) <b>PR</b> 3:30 <b>Ambassador Meeting-(AR)</b> <b>SE</b> 6:30 <b>Hines Park Christmas Light Tour-(L)</b></p>	<p>10 <b>Hanukkah Begins</b> <b>SP</b> 10:30 Women's Bible Study w/Eva-(GR) <b>PY</b> 1:30 Engaging Rhythm Workout-(GR) <b>PY</b> 2:15 Engaging Rhythm Workout-(GR) <b>SP</b> 2:30 Prayer Service-(RR) <b>SP</b> 3:00 Prayer Service-(RR) <b>PR</b> 4:00 <b>Activity Cart 1st Floor Room to Room</b> <b>CC</b> 5:30 Big Bingo Bash-(GR) <b>CC</b> 6:30 Big Bingo Bash-(GR)</p>	<p>11 <b>CC</b> 10:30 Hot Topics-(RR) <b>PR</b> 12:00 <b>Food Donation</b> <b>PY</b> 1:15 Sweat'n w/the Oldies Music-(GR) <b>PY</b> 1:45 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 <b>Happy Hour w/Jeff Breeza-(DR)</b> <b>PY</b> 4:00 Cool Down-(GR) <b>CC</b> 6:30 7 Card Match-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR) <b>E</b> 7:15 Shorehaven Choir w/Toni-(RR)</p>	<p>12 <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CC</b> 2:15 Movie Matinee: White Christmas-(RR) <b>SP</b> 3:15 Pray the Rosary w/Catherine W. <b>SO</b> 6:45 <b>"The Clouse Family" Gospel Performance</b></p>
<p>13 <b>SP</b> 10:00 Nondenominational Church Service- (GR) <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Chair Yoga-(GR) <b>PY</b> 2:15 History Video: The Movies that Made us, "Home Alone"-(RR) <b>CC</b> 2:30 7 Card Match-(GR) <b>CC</b> 3:30 7 Card Match-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR) <b>E</b> 7:15 Shorehaven Choir w/Toni-(RR)</p>	<p>14 <b>PY</b> 10:30 20 Minute Cardio Workout-(L) <b>PY</b> 1:30 Roll It Bounce It Exercise-(GR) <b>PY</b> 2:15 Roll It Bounce It Exercise-(GR) <b>PR</b> 3:00 <b>Activity Cart 3rd Floor Room to Room</b> <b>PR</b> 3:00 <b>Food For Thought-(DR)</b> <b>CC</b> 6:00 Po-Ke-No-(GR) <b>CC</b> 6:45 Po-Ke-No-(GR)</p>	<p>15 <b>PY</b> 10:30 Steps in Stride-(L) <b>PY</b> 1:30 Body in Motion-(GR) <b>PY</b> 2:15 Body in Motion-(GR) <b>PR</b> 3:00 <b>Activity Cart 2nd Floor Room to Room</b> <b>CC</b> 3:15 Group Crossword Puzzle-(RR) <b>SO</b> 4:00 Holiday Cheers-(L) <b>CC</b> 5:30 Big Bingo Bash-(GR) <b>CC</b> 6:30 Big Bingo Bash-(GR)</p>	<p>16 <b>SP</b> 10:30 Inspiration with Joel Osteen-(GR) <b>PY</b> 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) <b>PY</b> 2:15 "Aut-To-Be-Fit" Fitness Program-(GR) <b>CR</b> 3:00 Dancercise-(DR) <b>CR</b> 3:30 <b>Holiday Cookie Decorating &amp; Social-(AR)</b> <b>PR</b> 4:00 <b>Activity Cart 1st Floor Room to Room</b> <b>SE</b> 6:30 <b>Magic Lights by DTE Tour-(L)</b></p>	<p>17 <b>SP</b> 10:30 Women's Bible Study w/Eva-(GR) <b>PY</b> 1:30 New York, New York Exercise-(GR) <b>PY</b> 2:15 New York, New York Exercise-(GR) <b>SP</b> 2:30 Prayer Service-(RR) <b>SP</b> 3:00 Prayer Service-(RR) <b>SO</b> 6:45 <b>Resident Christmas Party I</b> <b>SO</b> 7:45 <b>Resident Christmas Party II</b></p>	<p>18 <b>CC</b> 10:30 Hot Topics-(RR) <b>PY</b> 1:15 Sweat'n w/the Oldies Music-(GR) <b>PY</b> 1:45 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 <b>Happy Hour w/Little Big Band-(DR)</b> <b>PY</b> 4:00 Cool Down-(GR) <b>CC</b> 6:30 7 Card Match-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR) <b>E</b> 7:15 Shorehaven Choir w/Toni-(RR)</p>	<p>19 <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CC</b> 2:15 Movie Matinee: A Cinderella Story Christmas Wish-(RR) <b>SP</b> 3:15 Pray the Rosary w/Catherine W. <b>CC</b> 5:30 Free Bingo: Dice Bingo <b>CC</b> 6:30 Free Bingo: Dice Bingo</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>20</b></p> <p><b>SP 10:00</b> Nondenominational Church Service- (GR)</p> <p><b>SO 1:15</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Chair Yoga-(GR)</p> <p><b>CC 2:15</b> Food Video: Sugar Rush Christmas-(RR)</p> <p><b>CC 2:30</b> 7 Card Match-(GR)</p> <p><b>CC 3:30</b> 7 Card Match-(GR)</p> <p><b>E 6:30</b> Shorehaven Choir w/Toni-(RR)</p> <p><b>E 7:15</b> Shorehaven Choir w/Toni-(RR)</p>	<p><b>21 Winter Begins</b></p> <p><b>PY 10:30</b> 20 Minute Cardio Workout-(L)</p> <p><b>PY 1:30</b> Roll It Bounce It Exercise-(GR)</p> <p><b>PY 2:15</b> Roll It Bounce It Exercise-(GR)</p> <p><b>PR 3:00</b> Activity Cart 3rd Floor Room to Room</p> <p><b>PR 3:15</b> Holiday Gift Wrapping Stations w/Cocoa &amp; Holiday Cookies-(AR)</p> <p><b>CC 6:00</b> Po-Ke-No-(GR)</p> <p><b>CC 6:45</b> Po-Ke-No-(GR)</p>	<p><b>22</b></p> <p><b>PY 10:30</b> Steps in Stride-(L)</p> <p><b>PY 1:30</b> Body in Motion-(GR)</p> <p><b>PY 2:15</b> Body in Motion-(GR)</p> <p><b>PR 3:00</b> Activity Cart 2nd Floor Room to Room</p> <p><b>SO 3:15</b> Carolling by the fire &amp; Roasted Chestnuts-(RR)</p> <p><b>SO 4:00</b> Holiday Cheers-(L)</p> <p><b>CC 5:30</b> Big Bingo Bash-(GR)</p> <p><b>CC 6:30</b> Big Bingo Bash-(GR)</p>	<p><b>23</b></p> <p><b>SP 10:30</b> Inspiration with Joel Osteen-(GR)</p> <p><b>PY 1:30</b> "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p><b>PY 2:15</b> "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p><b>CR 3:00</b> Dancercise-(DR)</p> <p><b>CR 3:30</b> Holiday Cookie Decorating &amp; Social-(AR)</p> <p><b>SE 6:30</b> Rochester Christmas Light Tour-(L)</p>	<p><b>24 Christmas Eve</b></p> <p><b>SP 10:30</b> Women's Bible Study w/Eva-(GR)</p> <p><b>PY 1:30</b> Engaging Rhythm Workout-(GR)</p> <p><b>PY 2:15</b> Engaging Rhythm Workout-(GR)</p> <p><b>SP 2:30</b> Prayer Service-(RR)</p> <p><b>SP 3:00</b> Prayer Service-(RR)</p> <p><b>PR 4:00</b> Activity Cart 1st Floor Room to Room</p> <p><b>CC 6:30</b> Christmas Eve Movie: Christmas Chronicles-(L)</p>	<p><b>25 Christmas Day</b></p> <p><b>PY 1:15</b> Sweat'n w/the Oldies Music-(GR)</p> <p><b>PY 1:45</b> Sweat'n w/the Oldies Music-(GR)</p> <p><b>CC 2:30</b> Holiday Bingo-(GR)</p> <p><b>SO 4:00</b> Old Fashion Christmas Dinner-(DR)</p> <p><b>CC 6:30</b> Christmas Movie: Christmas Chronicles 2-(L)</p>	<p><b>26 Kwanzaa Begins</b></p> <p><b>SO 1:15</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Sit &amp; Stretch-(GR)</p> <p><b>CC 2:15</b> Movie Matinee: The Grinch Who Stole Christmas-(RR)</p> <p><b>SP 3:15</b> Pray the Rosary w/Catherine W.</p> <p><b>CC 5:30</b> Free Bingo for Home Good Essentials</p> <p><b>CC 6:30</b> Free Bingo for Home Good Essentials</p>
<p><b>27</b></p> <p><b>SP 10:00</b> Nondenominational Church Service- (GR)</p> <p><b>SO 1:15</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Chair Yoga-(GR)</p> <p><b>SP 2:15</b> Faith Video: Story of God, Visions of God-(RR)</p> <p><b>CC 2:30</b> 7 Card Match-(GR)</p> <p><b>CC 3:30</b> 7 Card Match-(GR)</p> <p><b>E 6:30</b> Shorehaven Choir w/Toni-(RR)</p> <p><b>E 7:15</b> Shorehaven Choir w/Toni-(RR)</p>	<p><b>28</b></p> <p><b>PY 10:30</b> 20 Minute Cardio Workout-(L)</p> <p><b>PY 1:30</b> Roll It Bounce It Exercise-(GR)</p> <p><b>PY 2:15</b> Roll It Bounce It Exercise-(GR)</p> <p><b>PR 3:00</b> Activity Cart 3rd Floor Room to Room</p> <p><b>CC 3:15</b> Holiday Trivia-(RR)</p> <p><b>CC 6:00</b> Po-Ke-No-(GR)</p> <p><b>CC 6:45</b> Po-Ke-No-(GR)</p>	<p><b>29</b></p> <p><b>PY 10:30</b> Steps in Stride-(L)</p> <p><b>PY 1:30</b> Body in Motion-(GR)</p> <p><b>PY 2:15</b> Body in Motion-(GR)</p> <p><b>PR 3:00</b> Activity Cart 2nd Floor Room to Room</p> <p><b>SO 4:00</b> Holiday Cheers-(L)</p> <p><b>CC 5:30</b> Big Bingo Bash-(GR)</p> <p><b>CC 6:30</b> Big Bingo Bash-(GR)</p> <p><b>PR 8:00</b> Bottle/Can Return-Resident Room</p>	<p><b>30</b></p> <p><b>SP 10:30</b> Inspiration with Joel Osteen-(GR)</p> <p><b>PY 1:30</b> YMCA Exercise-(GR)</p> <p><b>PY 2:15</b> YMCA Exercise-(GR)</p> <p><b>CR 3:00</b> Dancercise-(DR)</p> <p><b>CC 6:30</b> Movie in the Lobby-(L)</p>	<p><b>31 New Year's Eve</b></p> <p><b>PY 1:30</b> Engaging Rhythm Workout-(GR)</p> <p><b>PY 2:15</b> Engaging Rhythm Workout-(GR)</p> <p><b>SP 2:30</b> Prayer Service-(RR)</p> <p><b>SP 3:00</b> Prayer Service-(RR)</p> <p><b>PR 4:00</b> Activity Cart 1st Floor</p> <p><b>E 4:30</b> New Year's Eve Toast-(DR)</p> <p><b>E 5:30</b> New Year's Eve Toast-(DR)</p> <p><b>CC 6:30</b> New Year's Eve Movie: My Best Friends Wedding-(L)</p>	<p>Look For .....</p> <p>Every Monday: 9:45 Monday Morning Mingle-(DR)</p> <p>Every Wednesday: 10:30 20 Minute Cardio Workout-(L)</p> <p>Every Thursday: 9:45 Hot Cocoa &amp; Fresh Baked Sweet Breads (DR)</p>	<p>Happy Birthday .....</p> <p>Dolores Rademacher 12/01 Patricia Carroll-Adams 12/05 Emma Laing 12/07 Donna Erickson 12/08 Rynda Somers 12/11 John Sovey 12/16 Linda Kaufman 12/19 Alice Riess 12/21 Jean Ryngaert 12/21 Anna Thomas 12/28 Gadarine Janoyan 12/28</p>

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