



**TWIN RIVERS**  
A GRACE MGMT COMMUNITY

# NOVEMBER 2020

1720 North Plano Road  
Richardson, Texas 75081  
804-323-3800 | License: 146797  
[www.TwinRiversAssistedLiving.com](http://www.TwinRiversAssistedLiving.com)



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	<b>Daylight Saving Ends</b>	2		3	<b>Election Day</b>	4		5		6		7	
E	10:00 Morning Hymns Sing Along(iN2L)	PY	10:30 Morning Exercise	I	10:30 Table & Board Games	E	10:30 Bird Watching	PY	10:30 Chair Exercise	E	10:30 Bird Watching	SO	10:30 Coffee & Donuts Social
SP	11:00 Christ United Methodist Church	E	11:30 Sing Along Music With Susie Q(iN2L)	CO	11:30 Name that Tune (iN2L)	CO	11:30 Word Games	SP	11:30 Sing Along (iN2L)	SO	11:30 Bean Bag Toss Game	PY	2:00 Afternoon Exercise (iN2L)
PY	2:00 Afternoon Stretch(iN2L)	CO	2:00 Card & Board Game(iN2L)	PY	2:00 Chair Volleyball	CR	2:30 Creative Arts (iN2L)	PR	2:00 Hand Massages	CO	2:30 Card & Board Game(iN2L)	CO	3:30 Puzzle & Coloring
SO	4:00 Classic Movie	I	3:00 BINGO	CO	3:00 Trivia (iN2L)	CR	6:30 Adult Coloring	CO	4:00 Puzzle & Board Game	SO	3:00 BINGO	SO	6:30 Movie Matinee
		PR	4:00 The Price Is Right(iN2L)	SO	6:30 Movie Matinee			SO	6:30 Movie Matinee	CR	4:00 The Price Is Right(iN2L)		
		CR	6:30 Adult Coloring								6:30 Adult Coloring		
8		9		10		11	<b>Veterans Day</b>	12		13		14	
E	10:00 Morning Hymns Sing Along(iN2L)	PY	10:30 Morning Exercise	I	10:30 Table & Board Games	E	10:30 Bird Watching	PY	10:30 Chair Exercise	E	10:30 Bird Watching	SO	10:30 Coffee & Donuts Social
SP	11:00 Christ United Methodist Church	E	11:30 Sing Along Music With Susie Q(iN2L)	CO	11:30 Name that Tune (iN2L)	CO	11:30 Word Games	SP	11:30 Sing Along (iN2L)	SO	11:30 Bean Bag Toss Game	PY	2:00 Afternoon Exercise (iN2L)
PY	2:00 Afternoon Stretch(iN2L)	CO	2:00 Card & Board Game(iN2L)	PY	2:00 Chair Volleyball	CR	2:30 Creative Arts (iN2L)	PR	2:00 Hand Massages	SO	2:00 Music Therapy Zoom Meeting With John Ivor(iN2L)	CO	3:30 Puzzle & Coloring
SO	4:00 Classic Movie	I	3:00 BINGO	CO	3:00 Trivia (iN2L)	CR	6:30 Adult Coloring	CO	4:00 Puzzle & Board Game	SO	3:00 BINGO	SO	6:30 Movie Matinee
		PR	4:00 The Price Is Right(iN2L)	SO	6:30 Movie Matinee			SO	6:30 Movie Matinee	CO	2:30 Card & Board Game(iN2L)		
		CR	6:30 Adult Coloring							I	3:00 BINGO		
										PR	4:00 The Price Is Right(iN2L)		
										CR	6:30 Adult Coloring		
15		16		17		18		19		20		21	
E	10:00 Morning Hymns Sing Along(iN2L)	PY	10:30 Morning Exercise	I	10:30 Table & Board Games	E	10:30 Bird Watching	PY	10:30 Chair Exercise	E	10:30 Bird Watching	SO	10:30 Coffee & Donuts Social
SP	11:00 Christ United Methodist Church	E	11:30 Sing Along Music With Susie Q(iN2L)	CO	11:30 Name that Tune (iN2L)	CO	11:30 Word Games	SP	11:30 Sing Along (iN2L)	SO	11:30 Bean Bag Toss Game	PY	2:00 Afternoon Exercise (iN2L)
PY	2:00 Afternoon Stretch(iN2L)	CO	2:00 Card & Board Game(iN2L)	PY	2:00 Chair Volleyball	CR	2:30 Creative Arts (iN2L)	PR	2:00 Hand Massages	CO	2:30 Card & Board Game(iN2L)	CO	3:30 Puzzle & Coloring
SO	4:00 Classic Movie	I	3:00 BINGO	CO	3:00 Trivia (iN2L)	CR	6:30 Adult Coloring	CO	4:00 Puzzle & Board Game	SO	3:00 BINGO	SO	6:30 Movie Matinee
		PR	4:00 The Price Is Right(iN2L)	SO	6:30 Movie Matinee			SO	6:30 Movie Matinee	I	4:00 The Price Is Right(iN2L)		
		CR	6:30 Adult Coloring							CR	6:30 Adult Coloring		
22		23		24		25		26	<b>Thanksgiving</b>	27		28	
E	10:00 Morning Hymns Sing Along(iN2L)	PY	10:30 Morning Exercise	I	10:30 Table & Board Games	E	10:30 Bird Watching	PY	10:30 Chair Exercise	E	10:30 Bird Watching	SO	10:30 Coffee & Donuts Social
SP	11:00 Christ United Methodist Church	E	11:30 Sing Along Music With Susie Q(iN2L)	CO	11:30 Name that Tune (iN2L)	CO	11:30 Word Games	SP	11:30 Sing Along (iN2L)	SO	11:30 Bean Bag Toss Game	PY	2:00 Afternoon Exercise (iN2L)
PY	2:00 Afternoon Stretch(iN2L)	CO	2:00 Card & Board Game(iN2L)	PY	2:00 Chair Volleyball	CR	2:30 Creative Arts (iN2L)	PR	2:00 Hand Massages	I	2:00 Music Therapy Zoom Meeting With John(iN2L)	CO	3:30 Puzzle & Coloring
SO	4:00 Classic Movie	I	3:00 BINGO	CO	3:00 Trivia (iN2L)	CR	6:30 Adult Coloring	CO	4:00 Puzzle & Board Game	CO	2:30 Card & Board Game(iN2L)	SO	6:30 Movie Matinee
		PR	4:00 The Price Is Right(iN2L)	SO	6:30 Movie Matinee			SO	6:30 Movie Matinee	I	3:00 BINGO		
		CR	6:30 Adult Coloring							PR	4:00 The Price Is Right(iN2L)		
										CR	6:30 Adult Coloring		
29		30		CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SO - Social SP - Spiritual									
E	10:00 Morning Hymns Sing Along(iN2L)	PY	10:30 Morning Exercise										
SP	11:00 Christ United Methodist Church	E	11:30 Sing Along Music With Susie Q(iN2L)										
PY	2:00 Afternoon Stretch(iN2L)	CO	2:00 Card & Board Game(iN2L)										
SO	4:00 Classic Movie	I	3:00 BINGO										
		PR	4:00 The Price Is Right(iN2L)										
		CR	6:30 Adult Coloring										

Events are Subject to Change.