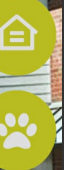




HERITAGE OAKS
A GRACE MGMT COMMUNITY

NOVEMBER 2020

1100 German School Road
Richmond, Virginia 23225
804-323-3800
www.HeritageOaksSeniorLiving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Ends CR 1:00 Cards [L] CR 1:00 Easy Listening [A] SO 1:30 Movie [TR]	2 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Bocce Ball [A] CO 3:00 5 cent Bingo [AR]	3 Election Day PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Bowling [A] CO 3:00 Trivia [A]	4 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	5 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Corn Hole [A] SO 3:00 Christmas Choir Meeting [AR]	6 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Scenic Drive SO 3:00 Happy Hour [AR]	7 SP 10:30 Communion [CH] SO 1:30 Movie [TR] SO 3:00 Easy Listening Music [AR]
8 CR 1:00 Cards [L] CR 1:00 Easy Listening [A] SO 1:30 Movie [TR]	9 PY 9:41 Moving to the Beat [AR] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CO 1:30 Pokeno [AR] CO 3:00 Hangman [A]	10 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 1:30 Fresh Baked Cookie Social [A] CO 3:00 Are you Smarter than a 5th Grader [A]	11 Veterans Day SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SO 1:30 Veteran's Day Program [A] SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	12 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Balloon Volleyball [A] CR 3:00 Arts and Crafts [AR]	13 SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:30 Health Insurance Benefits Virtual Information Session [AR] SO 1:30 Scenic Drive SO 3:00 Happy Hour [AR]	14 SP 10:30 Worship Service [CH] SO 1:30 Movie [TR] SO 3:00 Easy Listening [A]
15 CR 1:00 Cards [L] CR 1:00 Easy Listening [A] SO 1:30 Movie [TR]	16 SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 3:00 Men Social [C]	17 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] CR 1:30 Show and Tell [AR]	18 SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	19 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 3:00 Ladies Hat Party [C]	20 SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:30 Medication and Safety Virtual Discussion [A] SO 1:30 Scenic Drive SO 3:00 Happy Hour [AR]	21 SP 10:30 Worship Service [C] SO 1:30 Movie [TR] SP 3:00 Easy Listening [A]
22 CR 1:00 Cards [L] CR 1:00 Easy Listening [A] SO 1:30 Movie [TR]	23 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:30 Residents' Dietary Meeting [A] SO 3:00 Birthday Party Celebration [A]	24 PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Bocce Ball [A] CR 3:00 Pokeno [AR]	25 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PR 1:00 Bank/Post Office Run SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]	26 Thanksgiving PY 10:00 Independent Walking SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] SO 11:00 Thanksgiving Fest	27 PY 10:00 Moving to the Beat [A] PY 10:45 Wii Bowling [AR] SO 1:30 Thanksgiving Hangman [A] SO 3:00 Happy Hour [AR]	28 SP 10:00 Worship Service [C] SO 1:30 Movie [TR] SO 3:00 Easy Listening [A]
29 CR 1:00 Cards [L] CR 1:00 Easy Listening [A] SO 1:30 Movie [TR]	30 PY 10:00 Moving to the Beat [A] SO 10:30 Coffee Chat [C] PY 10:45 Wii Bowling [AR] PY 1:30 Christmas Choir Meeting SP 3:00 5 cent bingo	Anyone interested in participating in Christmas Fashion Show, Please see Tonya for more details.	Residents' Birthdays Rebecca Kearney 11/06 Barbara Darden 11/11 Bobbie Avery 11/12 Merrida Rivera 11/21 Paul McGinnis 11/21 Darlene Perry 11/23 Charlotte Donovan 11/23 Vivian Wright 11/29	Location Keys Atrium -A Activity Room -AR Cafe-C Chapel -CH Library -L Theater Room - TR Outside -O	Thanksgiving Day Fest 11 am - 3 pm. November 26	Please remember to bring items for Show and Tell on Tuesday, November 17 at 1:30 in the Atrium.

Events are Subject to Change.