

October 2020 Daily Activities

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Shorehaven
14560 Lakeside Circle
Sterling Heights, Mi 48313
(586)247-3220

Location Keys

Activity Room	AR		Cognitive
Dining Room	DR		Creative
Great Room	GR		Emotional
Lobby	L		Inter-generational
Patio	P		Physical
Recreation Room	RR		Purposeful
			Sensory
			Social
			Spiritual

10:00 Interfaith Church [GR] **4**
1:15 Wii Bowling [RR]
1:30 Chair Yoga [GR]
2:15 Space/Science Video: The Mars Generation [RR]
2:30 7 Card Match [GR]
3:30 7 Card Match [GR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

9:45 Monday Morning Mingle [DR] **5**
10:30 20 Minute Cardio Workout [L]
1:30 Roll It Bounce it Exercise [GR]
2:15 Roll It Bounce it Exercise [GR]
3:00 Activity Cart 3rd Floor Room to Room
6:00 Po-Ke-No [GR]
6:45 Po-Ke-No [GR]

10:00 Baking for a Cause Meeting [AR] **6**
10:30 Steps in Stride [L]
1:30 Hokey Pokey Exercise [GR]
2:15 Hokey Pokey Exercise [GR]
3:00 Activity Cart 2nd Floor Room to Room
3:00 Dancercise [DR]
4:00 Grab-N-Go Toasting Tuesdays [L]
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [GR]

10:30 20 Minute Cardio Workout [L] **7**
10:30 Inspiration with Joel Osteen [GR]
1:30 "Aut-to-be-Fit" Fitness Program [GR]
2:15 "Aut-to-be-Fit" Fitness Program [GR]
2:30 End of Season Garden Clean-Up [P]
4:00 Finish the Line Trivia [RR]
6:45 "Where Everybody Knows Your Name" Social [DR]

9:45 Donuts & Cider Jubilee [DR] **8**
10:30 Womens Bible Study w/Eva [GR]
12:30 Wii Bowling w/Alice & Gloria [RR]
1:30 Engaging Rhythm Workout [GR]
2:15 Engaging Rhythm Workout [GR]
2:30 Prayer Service [RR]
3:00 Prayer Service [RR]
4:00 Activity Cart 1st Floor Room to Room
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [GR]

10:30 Hot Topics [RR] **9**
11:00 German Themed Lunch [DR]
12:00 Food Donation: Sterling Hts. Fire Dept. Watercolors with Barb [AR]
1:00 Watercolors with Barb [AR]
1:15 Sweat'n w/the Oldies Music [GR]
1:45 Sweat'n w/the Oldies Music [GR]
2:30 Oktober Fest Celebration w/James Rand [DR]
4:00 Cool Down [GR]
6:30 7 Card Match [GR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

1:15 Wii Bowling [RR] **10**
1:30 Sit & Stretch [GR]
2:15 Movie Matinee: Charlie St. Cloud [RR]
3:15 Pray the Rosary w/Catherine W. [GR]
5:30 Free Bingo: Dice Bingo [GR]
6:30 Free Bingo: Dice Bingo [GR]

10:00 Interfaith Church [GR] **11**
1:15 Wii Bowling [RR]
1:30 Chair Yoga [GR]
2:15 Nature Video: My Octopus Teacher [RR]
2:30 7 Card Match [GR]
3:30 7 Card Match [GR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

9:45 Monday Morning Mingle [DR] **12**
10:30 20 Minute Cardio Workout [L]
1:30 Roll It Bounce it Exercise [GR]
2:15 Roll It Bounce it Exercise [GR]
3:00 Activity Cart 3rd Floor Room to Room
6:00 Po-Ke-No [GR]
6:45 Po-Ke-No [GR]

10:00 Baking for a Cause **13**
10:30 Steps in Stride [L]
1:30 Body in Motion Exercise [GR]
2:15 Body in Motion Exercise [GR]
3:00 Activity Cart 2nd Floor Room to Room
4:00 Grab-N-Go Toasting Tuesdays [L]
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [DR]

10:30 20 Minute Cardio Workout [L] **14**
10:30 Inspiration with Joel Osteen [GR]
1:30 "Aut-to-be-Fit" Fitness Program [GR]
2:15 "Aut-to-be-Fit" Fitness Program [GR]
2:30 End of Season Garden Clean-Up [P]
4:00 This and That Trivia [RR]
6:45 Partner Trivia Night & Sundaes [DR]

9:45 Donuts & Cider Jubilee [DR] **15**
10:15 Womens Bible Study w/Eva [GR]
12:30 Wii Bowling w/Alice & Gloria [RR]
1:30 YMCA Exercise [GR]
2:15 YMCA Exercise [GR]
2:30 Prayer Service [RR]
3:00 Prayer Service [RR]
4:00 Activity Cart 1st Floor Room to Room
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [GR]

10:30 Hot Topics [RR] **16**
1:15 Sweat'n w/the Oldies Music [GR]
1:45 Sweat'n w/the Oldies Music [GR]
2:30 Happy Hour w/ Little Big Band [DR]
4:00 Cool Down [GR]
6:30 7 Card Match [DR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

1:15 Wii Bowling [RR] **17**
1:30 Sit & Stretch [GR]
2:15 Movie Matinee: A Bridge too Far [RR]
3:15 Pray the Rosary w/Catherine W. [GR]
5:30 Free Bingo for Paper Essentials [GR]
6:30 Free Bingo for Paper Essentials [GR]

10:00 Interfaith Church [GR] **18**
1:15 Wii Bowling [RR]
1:30 Chair Yoga [GR]
2:00 Grandkids Costume Parade Trick-Or-Treat
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

9:45 Monday Morning Mingle [DR] **19**
10:30 20 Minute Cardio Workout [L]
12:00 School Supply Donation Drop Off to: Schwarzkoff Elementary
1:30 Roll It Bounce it Exercise [GR]
2:15 Roll It Bounce it Exercise [GR]
3:00 Activity Cart 3rd Floor Room to Room
6:00 Po-Ke-No [GR]
6:45 Po-Ke-No [GR]

10:00 Baking for a Cause [AR] **20**
10:30 Steps in Stride [L]
1:30 Body in Motion Exercise [GR]
2:15 Body in Motion Exercise [GR]
3:00 Activity Cart 2nd Floor Room to Room
4:00 Grab-N-Go Toasting Tuesdays [L]
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [DR]

Department Pumpkin Decorating Contest ~ Pumpkins Displayed in Hallway **21**
10:30 20 Minute Cardio Workout [L]
10:30 Inspiration with Joel Osteen [GR]
1:30 "Aut-to-be-Fit" Fitness Program [GR]
2:15 "Aut-to-be-Fit" Fitness Program [GR]
2:30 Activity Meeting [AR]
4:00 You be the Judge Trivia [RR]
6:45 "Where Everybody Knows Your Name" Social [DR]

9:45 Donuts & Cider Jubilee [DR] **22**
10:15 Womens Bible Study w/Eva [GR]
12:30 Wii Bowling w/Alice & Gloria [RR]
1:30 Engaging Rhythm Workout [GR]
2:15 Engaging Rhythm Workout [GR]
2:30 Prayer Service [RR]
3:00 Prayer Service [RR]
4:00 Activity Cart 1st Floor Room to Room
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [GR]

10:30 Hot Topics [RR] **23**
1:00 Watercolors with Barb [AR]
1:30 Sweat'n w/the Oldies Music [GR]
2:15 Sweat'n w/the Oldies Music [GR]
3:00 7 Card Match [DR]
4:00 Cool Down [GR]
6:30 7 Card Match [DR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

1:15 Wii Bowling [RR] **24**
1:30 Sit & Stretch [GR]
2:15 Movie Matinee: One Flew Over the Cuckoo's Nest [RR]
3:15 Pray the Rosary w/Catherine W. [GR]
5:30 Free Bingo for Home Good Essentials [GR]
6:30 Free Bingo for Home Good Essentials [GR]

10:00 Interfaith Church [GR] **25**
1:15 Wii Bowling [RR]
1:30 Chair Yoga [GR]
2:15 History Video: Being Napoleon [RR]
2:30 7 Card Match [GR]
3:30 7 Card Match [GR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

9:45 Monday Morning Mingle [DR] **26**
10:30 20 Minute Cardio Workout [L]
1:30 Roll It Bounce it Exercise [GR]
2:15 Roll It Bounce it Exercise [GR]
3:00 Activity Cart 3rd Floor Room to Room
6:00 Po-Ke-No [GR]
6:45 Po-Ke-No [GR]

10:00 Baking for a Cause [AR] **27**
10:30 Steps in Stride [L]
1:30 New York, New York Exercise [GR]
2:15 New York, New York Exercise [GR]
3:00 Activity Cart 2nd Floor Room to Room
4:00 Grab-N-Go Toasting Tuesdays [L]
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [DR]
8:00 Bottle/Can Return

10:30 20 Minute Cardio Workout [L] **28**
10:30 Inspiration with Joel Osteen [GR]
1:30 "Aut-to-be-Fit" Fitness Program [GR]
2:15 "Aut-to-be-Fit" Fitness Program [GR]
2:30 Ambassador Meeting [AR]
4:00 Finishing Lyrics Trivia [RR]
6:45 Partner Trivia Night & Sundaes [DR]

9:45 Donuts & Cider Jubilee [DR] **29**
10:15 Womens Bible Study w/Eva [GR]
12:30 Wii Bowling w/Alice & Gloria [RR]
1:30 Engaging Rhythm Workout [GR]
2:15 Engaging Rhythm Workout [GR]
2:30 Prayer Service [RR]
3:00 Prayer Service [RR]
4:00 Activity Cart 1st Floor Room to Room
5:30 Big Bingo Bash [GR]
6:30 Big Bingo Bash [GR]

Hey Don't Forget to Wear Your Favorite Costume **30**
10:30 Hot Topics [RR]
1:30 Sweat'n w/the Oldies Music [GR]
2:15 Sweat'n w/the Oldies Music [GR]
3:00 Costume Photo Shoot & Halloween Gift Basket Drawing [L]
4:00 Cool Down [GR]
4:00 Halloween Themed Buffet [DR]
6:30 7 Card Match [DR]
6:30 Shorehaven Choir w/Toni [RR]
7:15 Shorehaven Choir w/Toni [RR]

Happy Halloween **31**
1:15 Wii Bowling [RR]
1:30 Sit & Stretch [GR]
2:15 Movie Matinee: All Hallows Eve [RR]
3:15 Pray the Rosary w/Catherine W. [GR]
5:30 Halloween Bingo [GR]
6:30 Halloween Bingo [GR]

Community Directors:
Brian Radyko ~ Executive
Heather Nikolovski ~ Sales
Brenda Legumina ~ Office Manager
Michelle Briney, RN ~ Wellness

Bill Moris ~ Food Service
Mike Schocke ~ Maintenance
Bobbi Van Dyke ~ Life Enrichment

Happy Birthday
Peter Bommarito 10/01
Mary Michal 10/04
Charlotte Boza 10/07

Kay Millies-Wright 10/10
Arlene Karas 10/24
Rhea Johnson 10/28
Patricia Kleinow 10/28

Paulo Morabito 10/30
Gerald Calvert 10/31
Vivian Moroski 10/31