

September Resident Birthday's

Louanne R.	10/1
Susan E.	10/14
Lucille P.	10/24

Employee Birthday's

Evelyn S.	10/13
Pamela K.	10/17
Veronica P.	10/19
Dolores S.	10/30



GOOD FRIENDS MAKE GOOD NEIGHBORS

Refer a friend and you will receive a \$1000*
rent credit!

*Referred resident must complete a full 30
days of residency

October
2020

Inspirations Newsletter

931 E. Honeysuckle St.
Pahrump, Nevada 89048



Chitter Chatter from the E.D.

October is the start of the holiday season, and soon 2020 is brought to a close very quickly. I encourage you to take a moment to breathe in the cool autumn air, sit and gaze at the sunset, and admire the changing color of the leaves. This year has been very different from other years, but we stuck together through it all. I admired seeing the staff pull together to sanitize more, wear face masks over 8 hours a day, and cover each other's shifts if they didn't feel well. It is knowing that we are all in this together, and we will continue to look out for each other. I look forward to spending this holiday season with you!

Sincerely,
Janessa Becker
Executive Director



The Anglo-Saxons called October "**Wintirfylith**", meaning "fullness of winter" because it had the first full moon of the winter season.

- Another fun fact about October is that, according to folklore, if the deer have a **gray coat** in this month you should expect a hard winter.
- The holiday of **Halloween**, celebrated in October, comes from "All Hallows' Eve" or the night before "All Hallows" day ("All Saints" day) as in old English "hallow" means "to sanctify".
- The **zodiac signs** for October are Libra (September 23 – October 22) and Scorpio (October 23 – November 21).
- **Famous people born in October** include Angela Lansbury, Hillary Clinton, Bill Gates, Julia Roberts, Matt Damon, Kate Winslet, Julie Andrews, Hugh Jackman, Katy Perry, Alfred Nobel, Anne Rice, Arthur Miller, Auguste Lumière, Friedrich Nietzsche, Christopher Columbus, Johannes Vermeer, John Keets.

August Special Events

Oct 1 - Destination Discussion - Canadian Express

Oct 1 - Happy Hour

Oct 5 - FLU SHOTS

Oct 8 - Biography Round Table - Richard Harris

Oct 9 - Resident Council Meeting

Oct 15 - Destination Discussion - Amazon Rainforest

Oct 16 - Activities Meeting

Oct 22 - Biography Round Table - Julie Andrews

Oct 28 - Blood Pressure/Weight Clinic

Oct 29 - Destination Discussion - Texas



Crazy Cookie Day - Thursday,
October 8th, 2020



National Sausage Pizza Day - Sunday,
October 11th, 2020
































































































































































Eatin' Pumpkin Day -
Friday, October 23rd, 2020



National Chocolate Cupcake Day -
Sunday, October 18th, 2020

October 2020
Inspirations Senior Living AL Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 INSPIRATIONS SENIOR LIVING A GRACE MGMT COMMUNITY	<div><div> Cognitive</div><div> Creative</div><div> Physical</div><div> Purposeful</div><div> Sensory</div><div> Social</div><div> Spiritual</div></div> <div><div>Location Keys</div><div>Activity Room A</div><div>Bistro B</div><div>Living Room LR</div><div>Wellness Center WC</div></div>			<div><div>All activities are subject to change & change location</div><div>HAPPY BIRTHDAY - Louanne R.</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Destination Discussion - Canadian Express [A]</div><div>2:00  Word Unscramble [A]</div><div>3:00  Happy Hour [A]</div></div> <div>1</div>	<div><div>All activities are subject to change & change location</div><div>WORLD SMILE DAY</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Who Am I? A Mystery Person [A]</div><div>3:00  Music w/ Janessa [A]</div></div> <div>2</div>	<div><div>All activities are subject to change & change location</div><div></div><div>9:00  Exercise [A]</div><div>10:00  Bingo w/Evelyn [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Movie Time! [A]</div><div>3:00  Bingo w/Jean [A]</div></div> <div>3</div>	<div>Happy Birthday!</div> <div>Louanne R. 10/1</div> <div>Lucille P. 10/24</div>
<div><div>All activities are subject to change & change location</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Ice Cream Treat Cart [B]</div><div>2:30  Sunday Service [A]</div></div> <div>4</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00 FLU SHOTS [WC]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Word Unscramble [A]</div><div>3:00  Hangman w/Janessa [A]</div><div>6:00  Bingo w/Ed M. [A]</div></div> <div>5</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Craft's w/Lisa [A]</div><div>2:30  Word Game [A]</div></div> <div>6</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Bingo w/Jean [A]</div><div>3:00  IN2L - Game [A]</div></div> <div>7</div>	<div><div>All activities are subject to change & change location</div><div>CRAZY COOKIE DAY</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Biography Round Table - Richard Harris [A]</div><div>2:00  Word Unscramble [A]</div><div>3:00  Happy Hour [A]</div></div> <div>8</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Resident Council Meeting [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  What Am I? Celebrating a Mystery Thing</div><div>3:00  Music w/ Janessa [A]</div></div> <div>9</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Bingo w/Evelyn [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Movie Time! [A]</div><div>3:00  Bingo w/Jean [A]</div></div> <div>10</div>	
<div><div>All activities are subject to change & change location</div><div>NATIONAL SAUSAGE PIZZA DAY</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Ice Cream Treat Cart [B]</div><div>2:30  Sunday Service [A]</div></div> <div>11</div>	<div><div>All activities are subject to change & change location</div><div>Columbus Day</div><div>WORLD ARTHRITIS DAY</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Word Unscramble [A]</div><div>3:00  Hangman w/Janessa [A]</div><div>6:00  Bingo w/Ed M. [A]</div></div> <div>12</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Craft's w/Lisa [A]</div><div>2:30  Word Game [A]</div></div> <div>13</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Bingo w/Jean [A]</div><div>3:00  IN2L - Game [A]</div></div> <div>14</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Destination Discussion - Amazon Rainforest [A]</div><div>2:00  Word Unscramble [A]</div><div>3:00  Happy Hour [A]</div></div> <div>15</div>	<div><div>All activities are subject to change & change location</div><div>NATIONAL BOSS'S DAY</div><div>9:00  Exercise [A]</div><div>10:00  Activities Meeting [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Who Am I? A Mystery Person [A]</div><div>3:00  Music w/ Janessa [A]</div></div> <div>16</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Bingo w/Evelyn [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Movie Time! [A]</div><div>3:00  Bingo w/Jean [A]</div></div> <div>17</div>	
<div><div>All activities are subject to change & change location</div><div>CHOCOLATE CUPCAKE DAY</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Ice Cream Treat Cart [B]</div><div>2:30  Sunday Service [A]</div></div> <div>18</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Word Unscramble [A]</div><div>3:00  Hangman w/Janessa [A]</div><div>6:00  Bingo w/Ed M. [A]</div></div> <div>19</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Craft's w/Lisa [A]</div><div>2:30  Word Game [A]</div></div> <div>20</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Bingo w/Jean [A]</div><div>3:00  IN2L - Game [A]</div></div> <div>21</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Biography Round Table - Julie Andrews [A]</div><div>2:00  Word Unscramble [A]</div><div>3:00  Happy Hour [A]</div></div> <div>22</div>	<div><div>All activities are subject to change & change location</div><div>EATIN' PUMPKIN DAY</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:30  What Am I? Celebrating a Mystery Thing</div><div>3:00  Music w/ Janessa [A]</div></div> <div>23</div>	<div><div>All activities are subject to change & change location</div><div>HAPPY BIRTHDAY - Lucille P.</div><div>9:00  Exercise [A]</div><div>10:00  Bingo w/Evelyn [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Movie Time! [A]</div><div>3:00  Bingo w/Jean [A]</div></div> <div>24</div>	
<div><div>All activities are subject to change & change location</div><div>10:30  Wii Bowling [LR]</div><div>1:30  Ice Cream Treat Cart [B]</div><div>2:30  Sunday Service [A]</div></div> <div>25</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Word Unscramble [A]</div><div>3:00  Hangman w/Janessa [A]</div><div>6:00  Bingo w/Ed M. [A]</div></div> <div>26</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Craft's w/Lisa [A]</div><div>2:30  Word Game [A]</div></div> <div>27</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00 Blood Pressure/Weight Clinic [WC]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Bingo w/Jean [A]</div><div>3:00  IN2L - Game [A]</div></div> <div>28</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Destination Discussion - Texas [A]</div><div>2:00  Word Unscramble [A]</div><div>3:00  Happy Hour [A]</div></div> <div>29</div>	<div><div>All activities are subject to change & change location</div><div>9:00  Exercise [A]</div><div>10:00  Scenic Bus Cruise</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Who Am I? A Mystery Person [A]</div><div>3:00  Music w/ Janessa [A]</div></div> <div>30</div>	<div><div>All activities are subject to change & change location</div><div>Halloween</div><div>9:00  Exercise [A]</div><div>10:00  Bingo w/Evelyn [A]</div><div>10:30  Wii Bowling [LR]</div><div>1:00  Movie Time! [A]</div><div>3:00  Bingo w/Jean [A]</div></div> <div>31</div>	<div>931 E. Honeysuckle St. Pahrump, Nevada 89048 7757512300</div>