



October
2020

Dirigo Pines

9 Alumni Dr.
Orono, ME 04473



DIRIGO PINES
A GRACE MGMT COMMUNITY

October has arrived! As the leaves start to change, and the temperature drops, be on the lookout for new, different activities, that can be brought indoors, to avoid the bitter cold.

In the past couple weeks, we have welcomed a new resident to our community. Agnes Tomaselli has joined us in Penobscot, and has a thriving interest in teaching Art programs. Agnes is a decorated artist, who has years of experience, and plenty of work to prove it. She will be teaching a new Art Class that will run each Thursday, at 10am, in the PMR. If we have enough interest in the Art Classes Agnes will be offering, we would love to put together an Art Expo to showcase the work of all the participants in her class.

If you have a special talent, skill, or increased knowledge in a specific field, and would be interested in creating a program for the other residents to enjoy, please feel free to speak with anyone in the Life Enrichment Department, and we will do what we can to ensure you are able to run a successful program.

Happy Fall! -Evan

Sunday

2:30pm Movie Matinee
7pm Grantchester Series

Monday

9:30 & 10am Exercise Videos
10am Sittercise
2pm Travel Video Series

Tuesday

10am Seated Tai Chi w/ Bunny Sinclair
2:30pm Movie Matinee
3pm Bingo
7pm Digital Concert

Wednesday

9:30 & 10am Exercise Videos
10am Sittercise
2pm Broadway Musicals
4pm Hallway Happy Hour
7pm Midweek Movie

Thursday

9:00am Walking Group
10am Art with Agnes
1:00 Met Opera Stream

Friday

9:30 & 10am Exercise Videos
10am Sittercise
3pm Documentary Series

Saturday

1pm Rick Steeves Europe
3pm Bingo
7pm Weekend Movie