

October 2020

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10061 Sweetwater Parkway
Jacksonville, FL 32256
904-519-1034



- Cognitive
- Creative
- Emotional
- Physical
- Purposeful
- Sensory
- Social
- Spiritual

- Welcome October!
- Daily Chronicle
 - Tai Chi
 - Bible Story Trivia
 - Singing Hymnals
 - Monthly Gazette
 - Walking in the Garden
 - Rest & Meditation
 - Pumpkin Craft
 - Snack & Chat
 - Laugh out Loud
 - Family Feud
 - Classic Cinema

- Double Laughs Day!
- Daily Chronicle
 - Common Sayings
 - Chicken Soup for Seniors
 - Rest & Meditation
 - Musical Memories
 - Snack & Chat
 - Bingo Fun!
 - Reader's Corner
 - Classic T.V
 - Classic Cinema

- Enjoy your Weekend!
- Daily Chronicle
 - Chair Exercise
 - Bowling Game
 - Walk in the Garden
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun
 - Family Feud Game Show
 - Classic Cinema

- Enjoy your Weekend! **4**
- Daily Chronicle
 - Church Service/Mass
 - Corn Hole Toss Game
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun!
 - Travel the Globe
 - Classic Cinema

- What about Owls? **5**
- Daily Chronicle
 - Conductorcise
 - All about Owls
 - Owl Trivia
 - Fall Craft
 - Rest & Meditation
 - Fall Movie Matinee
 - Snack & Chat
 - Reader's Corner
 - Classic Cinema

- German-American Day **6**
- Daily Chronicle
 - Chair Yoga
 - German Culture
 - Music Trivia
 - Rest & Meditation
 - Painting for the Gallery
 - Snack & Chat
 - Bingo Fun!
 - Energize w/Emily
 - Classic T.V
 - Classic Cinema

- "Memory" Day **7**
- Daily Chronicle
 - Tai Chi
 - Brain Games
 - In the Kitchen
 - Rest & Meditation
 - Finish the Lyrics
 - Snack & Chat
 - Movie Trivia
 - Reader's Corner
 - Reader's Corner
 - Classic Cinema

- Nuts about Squirrels Day **8**
- Daily Chronicle
 - Conductorcise
 - Bible Story Trivia
 - Singing Hymnals
 - Funny Animals
 - Rest & Meditation
 - Squirrel Trivia
 - Snack & Chat
 - Laugh out Loud
 - What did it cost?
 - Classic Cinema

- Curious Events Day **9**
- Daily Chronicle
 - History Mysteries
 - Chicken Soup for Seniors
 - Rest & Meditation
 - Snack & Chat
 - Bingo Fun!
 - Reader's Corner
 - Classic T.V
 - Classic Cinema

- Enjoy your Weekend! **10**
- Daily Chronicle
 - Chair Exercise
 - Bowling Game
 - Walk in the Garden
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun
 - Family Feud Game Show
 - Classic Cinema

- Enjoy your Weekend! **11**
- Daily Chronicle
 - Church Service/Mass
 - Corn Hole Toss Game
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun!
 - Travel the Globe
 - Classic Cinema

- "I Pledge Allegiance" Day **12**
- Daily Chronicle
 - Chair Yoga
 - Patriotic Trivia
 - Crossword Mania
 - Funny Videos
 - Rest & Meditation
 - Fall Craft
 - Snack & Chat
 - Patriotic Sing-Along
 - Reader's Corner
 - Classic Cinema

- That's Italian Tuesday **13**
- Daily Chronicle
 - Tai Chi
 - Music Trivia
 - History of Dean Martin
 - Rest & Meditation
 - Painting for the Gallery
 - Snack & Chat
 - Italian Culture
 - Energize w/Emily
 - Classic T.V
 - Classic Cinema

- Ethel Merman Debuts **14**
- Daily Chronicle
 - Conductorcise
 - Bingo Fun
 - In the Kitchen
 - Rest & Meditation
 - Finish Ethel's Lyrics
 - Snack & Chat
 - Movie Trivia
 - Reader's Corner
 - Classic Cinema

- All about Acorns Day! **15**
- Daily Chronicle
 - Chair Yoga
 - Bible Story Trivia
 - Singing Hymnals
 - Wild Animal Laughs
 - Rest & Meditation
 - Fall Craft
 - Snack & Chat
 - Laugh out Loud
 - Name that Animal
 - Classic Cinema

- Happy B-day Angela Lansbury **16**
- Daily Chronicle
 - Angela on Film
 - T.V Trivia
 - Crossword Mania
 - Chicken Soup for Seniors
 - A walk in the garden
 - Rest & Meditation
 - Musical Memories
 - Snack & Chat
 - Bingo Fun!
 - Reader's Corner
 - Classic T.V
 - Classic Cinema

- Enjoy your Weekend! **17**
- Daily Chronicle
 - Chair Exercise
 - Bowling Game
 - Walk in the Garden
 - Rest & Meditation
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun
 - Family Feud Game Show
 - Classic Cinema

- Enjoy your Weekend! **18**
- Daily Chronicle
 - Church Service/Mass
 - Corn Hole Toss Game
 - Rest & Meditation
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun!
 - Travel the Globe
 - Classic Cinema

- A Doughnut Day **19**
- Daily Chronicle
 - Tai Chi
 - Food Trivia
 - What did it cost?
 - Price is Right
 - Funny Videos
 - Rest & Meditation
 - Doughnut Craft
 - Snack & Chat
 - Reader's Corner
 - Classic Cinema

- Boat Song Day **20**
- Daily Chronicle
 - Conductorcise
 - Music Trivia
 - Finish the Lyrics
 - Rest & Meditation
 - Snack & Chat
 - Name that Sound
 - Energize w/Emily
 - Classic T.V
 - Classic Cinema

- Reptile Awareness Day **21**
- Daily Chronicle
 - Chair Yoga
 - Bingo Fun
 - In the Kitchen
 - Wild Animal Trivia
 - Rest & Meditation
 - All about Reptiles
 - Snack & Chat
 - Movie Trivia
 - Reader's Corner
 - Classic Cinema

- Think Positive Thursday **22**
- Daily Chronicle
 - Tai Chi
 - Bible Story Trivia
 - Singing Hymnals
 - Rest & Meditation
 - Common Sayings
 - Snack & Chat
 - Family Feud
 - Trivia
 - Classic Cinema

- Johnny Carson Day **23**
- Daily Chronicle
 - Johnny Carson Bloopers
 - Name that Jingle
 - Chicken Soup for Seniors
 - Rest & Meditation
 - Musical Memories
 - Snack & Chat
 - Bingo Fun!
 - Reader's Corner
 - Classic T.V
 - Classic Cinema

- Enjoy your Weekend! **24**
- Daily Chronicle
 - Chair Exercise
 - Bowling Game
 - Walk in the Garden
 - Rest & Meditation
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun
 - Family Feud Game Show
 - Classic Cinema

- Enjoy your Weekend! **25**
- Daily Chronicle
 - Church Service/Mass
 - Corn Hole Toss Game
 - Rest & Meditation
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun!
 - Travel the Globe
 - Classic Cinema

- National Pumpkin Day **26**
- Daily Chronicle
 - Conductorcise
 - Pumpkin Craft
 - Nutrition Trivia
 - Funny Videos
 - Rest & Meditation
 - What did it cost?
 - Snack & Chat
 - Walk in the garden
 - Reader's Corner
 - Classic Cinema

- Happy B-day John Cleese **27**
- Daily Chronicle
 - Chair Yoga
 - Music Trivia
 - Name that Actor
 - Rest & Meditation
 - Finish the Lines
 - Snack & Chat
 - Games from Yesteryear
 - Energize w/Emily
 - T.V Trivia
 - Classic Cinema

- Red Hair & Freckles Day **28**
- Daily Chronicle
 - Tai Chi
 - Bingo Fun
 - In the Kitchen
 - Rest & Meditation
 - Famous Red Heads
 - Snack & Chat
 - Movie Trivia
 - Reader's Corner
 - Classic Cinema

- National Cat Day **29**
- Daily Chronicle
 - Conductorcise
 - Bible Story Trivia
 - Singing Hymnals
 - Rest & Meditation
 - Cat Trivia
 - Snack & Chat
 - Famous Cartoon Cats
 - Family Feud
 - Classic Cinema

- Spooktacular Fun! **30**
- Daily Chronicle
 - Spooky Trivia
 - Chicken Soup for Seniors
 - Rest & Meditation
 - Musical Memories
 - Snack & Chat
 - Spooktacular Bash
 - Classic T.V
 - Classic Cinema

- Enjoy your Weekend! **31**
- Daily Chronicle
 - Chair Exercise
 - Bowling Game
 - Walk in the Garden
 - Rest & Meditation
 - Rest & Meditation
 - Crafty Corner
 - Snack & Chat
 - Bingo Fun
 - Family Feud Game Show
 - Classic Cinema