

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
First Floor Apartments 1-23 Dining Times * Breakfast 7-7:45 am * Lunch 11:30-12:15 pm * Dinner 4:45-5:15 pm Second Floor Apartments 24-42 Dining times * Breakfast 8:00-8:45 am * Lunch 12:30-1:15 pm * Dinner 5:30-6:00 pm		9:10 Chair Yoga 1 10:00 Garden Club 2:30 Happy Hour-Shirley Temple	9:10 Big Moves 2 9:30 Strengthening 1:30 Hospitality Committee meeting 2:00 Movie&popcorn	9:10 Chair Yoga 3 9:40 Gospel music 10:30 Bible Study 1:30 Crafts	9:10 Walking Club 4 10:00 Bingo 1:30 Drive	9:10 Exercise 5 10:15 Word Search 1:15 Movie 3:00 Music	
9:10 Exercise 6 10:15 Board Games 2:00 Church 3:00 Gospel Music	9:10 Exercise 7 1:30 Communication club 2:30 Tea Time/ Labor day activities Labor Day	9:10 Chair Yoga 8 10:00 Garden Club 2:00 Cinnamon roll Social 3:00 Kitchen Meeting	9:10 Big Moves 9 9:30 Strengthening 11:00 Drive Thru to Kelley's Grill & Bar \$ 2:00 Movie&popcorn	9:10 Chair Yoga 10 9:40 Gospel music 10:30 Bible Study 1:30 Crafts	9:10 Walking Club 11 10:00 Bingo 1:30 Music	9:10 Exercise 12 10:15 Word Search 1:15 Movie 3:00 Music	
9:10 Exercise 13 10:15 Board Games 2:00 Church 3:00 Gospel Music National Grandparent Day Start of National Assisted Living Week	9:10 Big Moves 14 9:30 Strengthening 1:00 Skype 101 2:30 Family Show & Tell-Tea Time Bob's B-Day Mad Hatter Monday	9:10 Chair Yoga 15 10:00 Garden Club 1:30 Resident Council 2:30 Celebrate The VPT Community at Happy Hour Passionate Purple Tuesday	9:10 Big Moves 16 9:30 Strengthening 2:00 Brain Freeze Popsicle social Wacky Wednesday	9:10 Spa-Chair Yoga 17 9:40 Gospel music 10:30 Bible Study 1:30 Crafts-Stress Balls Favorite Outfit Thursday	9:10 Walking Club 18 10:00 Bingo 1:30 Drive-Community Gift Bag delivery Rosh Hashanah Begins Fancy Friday	9:10 Exercise 19 10:15 Word Search 1:15 Movie 3:00 Music Oktoberfest Begins	
9:10 Exercise 20 10:15 Board Games 2:00 Church 3:00 Gospel Music	9:10 Big Moves 21 9:30 Strengthening 1:00 Skype 101 1:30 Music Class 2:30 Tea Time	9:10 Chair Yoga 22 10:00 Garden Club 2:30 Apple nacho Social Autumn Begins	9:10 Big Moves 23 9:30 Strengthening 11:00 Drive Thru to Kelley's Grill & Bar \$ 2:00 Movie&popcorn	9:10 Chair Yoga 24 9:40 Gospel music 10:30 Bible Study 1:30 Crafts Angela's B-day	9:10 Walking Club 25 10:00 Bingo 1:30 Drive National Pancake Day	Pancake Breakfast 26 9:10 Exercise 10:15 Word Search 1:15 Movie 3:00 Music	
9:10 Exercise 27 10:15 Board Games 2:00 Church 3:00 Gospel Music Louise's B-Day Yom Kippur Begins	9:10 Big Moves 28 9:30 Strengthening 1:00 Skype 101 1:30 Music Class 2:30 Tea Time Cloes' B-day	9:10 Chair Yoga 29 10:00 Garden Club 2:30 Coffee Social National Coffee Day	9:10 Big Moves 30 9:30 Strengthening 1:30 Decorating Committee 2:00 Movie&popcorn				

All activities are subject to change without notice.
 Vintage Park Tonganoxie-120 W 8th St, Tonganoxie, KS 66086 (913)845-2204

Executive Director: Michelle Sherley, Wellness Director: Angela VanAnne, Life Enrichment Coordinator: Hailey Rubin