

September 2020						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Gem Memory Care 4500 Dobry Dr. Sterling Heights, Mi. 48314 (586)803-0900		9:00 📖 In the News 10:00 ➡️ Rise & Shine Fitness 10:30 ★ Flower Arranging 1:30 📖 Bingo 3:00 🌸 Aroma Therapy 3:30 🍷 Snack & Chat 6:00 📖 The Matching Game	9:00 📖 In the News 10:00 ➡️ Arthritis Relief Exercise 11:00 🦋 Rosary Service 2:30 🍷 Music in the Courtyard 3:30 📖 Piggy Bankers 3:30 🍷 Snack & Chat 6:00 🍷 Casino Night	Happy Birthday Laura B! 9:00 📖 In the News 10:00 ➡️ Sit & Be Fit 11:00 ➡️ Floor Hockey 11:30 📖 Name that sound 1:30 🍷 Scenic Tour Outing 3:30 🍷 Snack & Chat 6:00 🎨 Adult Coloring	9:00 📖 In the News 10:00 ➡️ Chair Exercise 11:00 📖 Brain Games 2:00 🎨 WaterColor Painting 3:00 🍷 Happy Hour 3:30 🍷 Snack & Chat 6:00 🌸 Friday Night Musical	10:00 ➡️ Margaret's Walking Club 10:30 ➡️ Chair Exercise 11:00 🦋 Non-Denominational Church Service IN2L 2:00 ➡️ Courtyard Games 3:30 🍷 Snack & Chat 4:00 🦋 Catholic Church Service IN2L 6:00 💜 Saturday Night Movie
Happy Birthday Lynton J! 9:00 📖 In the News 11:00 🦋 Catholic Church Service IN2L 12:30 ★ Dining Prep Club 3:00 ★ Travel around The World-IN2L 3:30 🍷 Snack & Chat 5:30 🍷 Sunday Night Movie 6:30 🦋 Evening Prayers	Labor Day 9:00 📖 In the News 10:00 ➡️ Sit and Stretch 11:00 📖 Family Feud In2l 1:30 💜 Pamper Yourself 3:30 🍷 Snack & Chat 6:00 📖 How Much Was It?	9:00 📖 In the News 10:00 ➡️ Rise & Shine Fitness 11:00 📖 Daily Chronicle in the Courtyard 1:30 📖 Bingo 3:00 🌸 Hand Massages 3:30 🍷 Snack & Chat 6:00 📖 The Matching Game	9:00 📖 In the News 10:00 ➡️ Arthritis Relief Exercise 11:00 🦋 Rosary Service 2:30 🍷 Fall Festival in the Courtyard 3:30 🌸 Jenga 3:30 🍷 Snack & Chat 6:00 🍷 Casino Night	9:00 📖 In the News 10:00 ➡️ Sit & Be Fit 11:00 📖 Around the town Trivia 1:30 🌸 Scenic Tour Outing 3:00 📖 Puzzle Fun 3:30 🍷 Snack & Chat 6:00 🎨 Adult Coloring	9:00 📖 In the News 10:00 ➡️ Chair Exercise 11:00 📖 Brain Games 2:30 🍷 Music in the Courtyard 3:00 🍷 Happy Hour 3:30 🍷 Snack & Chat 6:00 🌸 Friday Night Musical	10:00 ➡️ Margaret's Walking Club 10:30 ➡️ Chair Exercise 11:00 🦋 Non-Denominational Church Service IN2L 3:30 🍷 Snack & Chat 4:00 🦋 Catholic Church Service IN2L 6:00 💜 Saturday Night Movie
National Grandparents Day 9:00 📖 In the News 11:00 🦋 Catholic Church Service IN2L 12:30 ★ Dining Prep Club 3:00 ★ Travel around The World-IN2L 3:30 🍷 Snack & Chat 5:30 🍷 Sunday Night Movie 6:30 🦋 Evening Prayers	How we care for the Environment 9:00 📖 In the News 10:00 ➡️ Sit and Stretch 11:00 📖 Who Wants To Be A Millionaire? 2:00 ★ Planting mums seeds 3:00 📖 Piggy Bankers 3:30 🍷 Snack & Chat 6:00 📖 How Much Was It?	How we care for Ourselves 9:00 📖 In the News 10:00 ➡️ Rise & Shine Fitness 11:00 ★ Flower Arranging 2:00 🌸 Spa Time! 3:00 🌸 Aroma Therapy 3:30 🍷 Snack & Chat 6:00 📖 The Matching Game	How we care for our Furry Friends 9:00 📖 In the News 10:00 ➡️ Arthritis Relief Exercise 11:00 🌸 Bella the Dog comes to visit! 11:00 🦋 Rosary Service 2:30 💜 Music in the Courtyard 3:30 🍷 Snack & Chat 6:00 🍷 Casino Night	How we care for our Schools 9:00 📖 In the News 10:00 ➡️ Sit & Be Fit 11:00 ➡️ Floor Hockey 11:00 🎨 Making welcome back signs for school kids! 1:30 🌸 Scenic Tour Outing 3:00 📖 Puzzle Fun 3:30 🍷 Snack & Chat 6:00 🎨 Adult Coloring	How we care for our Community 9:00 📖 In the News 10:00 ➡️ Chair Exercise 11:00 📖 crossword puzzle 11:30 🍷 Town Village Talks 2:00 ➡️ Table top Balloon Tennis 3:00 🍷 Donuts and Apple Cider social hour 3:30 🍷 Snack & Chat 6:00 🌸 Friday Night Musical	How we care for our Home 10:00 ➡️ Margaret's Walking Club 10:30 ➡️ Chair Exercise 11:00 🦋 Non-Denominational Church Service IN2L 3:30 🍷 Snack & Chat 4:00 🦋 Catholic Church Service IN2L 6:00 💜 Saturday Night Movie
9:00 📖 In the News 11:00 🦋 Catholic Church Service IN2L 12:30 ★ Dining Prep Club 3:00 ★ Travel around The World-IN2L 3:30 🍷 Snack & Chat 5:30 🍷 Sunday Night Movie 6:30 🦋 Evening Prayers	9:00 📖 In the News 10:00 ➡️ Sit and Stretch 11:00 📖 Family Feud In2l 1:30 💜 Pamper Yourself 3:00 ➡️ Bowling 3:30 🍷 Snack & Chat 6:00 📖 How Much Was It?	Autumn Begins 9:00 📖 In the News 10:00 ➡️ Rise & Shine Fitness 11:00 📖 Puzzle Fun 1:30 📖 Bingo 3:00 🌸 Hand Massages 3:30 🍷 Snack & Chat 6:00 📖 The Matching Game	9:00 📖 In the News 10:00 ➡️ Arthritis Relief Exercise 11:00 🦋 Rosary Service 2:30 🌸 Music in the Courtyard 3:30 🍷 Snack & Chat 3:30 📖 Word Games 6:00 🍷 Casino Night	Happy Birthday Lena S! 9:00 📖 In the News 10:00 ➡️ Sit & Be Fit 11:30 📖 Fall Trivia 11:30 ➡️ Name that tune twister 1:30 🍷 Scenic Tour Outing 3:30 🍷 Snack & Chat 6:00 🎨 Adult Coloring	9:00 📖 In the News 10:00 ➡️ Chair Exercise 11:00 📖 crossword puzzle iN2l 2:00 🎨 Fall Leaf Craft 3:00 🍷 Let's Get Together! 3:30 🍷 Snack & Chat 6:00 🌸 Friday Night Musical	10:00 ➡️ Margaret's Walking Club 10:30 ➡️ Chair Exercise 11:00 🦋 Non-Denominational Church Service IN2L 3:30 🍷 Snack & Chat 4:00 🦋 Catholic Church Service IN2L 6:00 💜 Saturday Night Movie
9:00 📖 In the News 11:00 🦋 Catholic Church Service IN2L 12:30 ★ Dining Prep Club 3:00 ★ Travel around The World-IN2L 3:30 🍷 Snack & Chat 5:30 🍷 Sunday Night Movie 6:30 🦋 Evening Prayers	9:00 📖 In the News 10:00 ➡️ Sit and Stretch 11:00 📖 Who Wants To Be A Millionaire? 1:30 💜 Pamper Yourself 3:00 🍷 Daily Chronicle in the Courtyard 3:30 🍷 Snack & Chat 6:00 📖 How Much Was It?	9:00 📖 In the News 10:00 ➡️ Rise & Shine Fitness 11:00 ★ Flower Arranging 11:30 🎨 Aqua Painting 1:30 📖 Bingo 3:30 🌸 At Home Aromatherapy 3:30 🍷 Snack & Chat 6:00 📖 The Matching Game	9:00 📖 In the News 10:00 ➡️ Arthritis Relief Exercise 11:00 🦋 Rosary Service 2:30 🍷 September Birthday Party! 3:30 📖 Bannanagrams 3:30 🍷 Snack & Chat 6:00 🍷 Casino Night	National Assisted Living Week September 13th-19th		