









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8222 S. Yale Ave. Tulsa, OK 74137 918-493-1200</p>	<p>"When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow." — Shauna Niequist</p>	<p><b>Nat'l Sewing Month</b> 1</p> <p>10:00 → Stretch w/Tammie 10:30 → Play Pool! 1:00 → Creative Craft Class 1:00 → Wii Bowling Practice 2:00 → <b>Bingo &amp; Prizes</b> 2:00 → Chess Club 3:00 → <b>Sew &amp; Sew Club</b> 3:15 → <b>Line Dancing [FR]</b> 6:00 → Men's Penny Poker 7:00 → Musical Movie Night</p>	<p><b>Classical Music Month</b> 2</p> <p>10:00 → Stretch &amp; Tone 11:00 → <b>Steinmart Shopping</b> 11:00 → <b>The Market &amp; Lunch@Bluestone</b> 1:45 → Meditation w/Cherie [T] 2:30 → Prayer with Margie [T] 3:00 → <b>Charity Knit Wits</b> 3:00 → L-C-R Dice Game 4:00 → <b>Robert Smith Sings!</b> 6:00 → Men's Poker Night 7:00 → Classic Movie Night</p>	<p><b>Nat'l Piano Month</b> 3</p> <p>10:00 → Scrapbooking Class 10:00 → Stretch &amp; Tone 11:00 → Computer &amp; Phones 1:00 → Karaoke w/Cherie 2:00 → Biographies &amp; Documentaries 2:00 → Chess Club 2:00 → Dime Bingo 3:00 → Hymns &amp; Gospel Songs [FR] 3:00 → Mind Aerobics [CR] 7:00 → Comedy Movie Night</p>	<p>10:00 → Exercise Class 10:30 → <b>Blazer Brothers 50's Rock</b> 4 10:30 → Drinks in the Garden 1:00 → Blood Pressure Checks 1:15 → <b>Musicals &amp; Comedies</b> 1:30 → <b>Dollar Tree Shopping</b> 3:00 → Trivia Challenge 6:00 → Ladies Poker Night 6:30 → Canasta Game 7:00 → Romance Movie Night</p>	<p>9:00 → Garden Gurus 10:00 → <b>4-Hand Piano Music</b> 5 11:00 → <b>Drive/Lunch@Bill's w/Bob</b> 1:00 → Wii Bowling Practice 2:00 → L-C-R Dice Game 3:00 → Easy Exercise Class [FR] 3:30 → Visual Relaxation [FR] 5:00 → <b>Kentucky Derby</b> 6:00 → Game Night! 7:00 → Adventure Movie Night</p>
<p>9:30 → <b>Neighborhood Walmart</b> 6 11:00 → <b>Church Transportation</b> 1:45 → <b>Walgreen/Whole Foods</b> 3:00 → Church Service w/Don 3:00 → Computer &amp; Phones 4:00 → Candy Bingo 5:00 → Smoothie Time! [B] 6:00 → Skipbo &amp; Rummikub 7:00 → <b>Inspirational Movie</b></p>	<p><b>Labor Day</b> 7</p> <p>10:00 → Resident Exercise 10:00 → <b>Super Walmart</b> 1:00 → Advanced Painting 1:30 → <b>Super Walmart</b> 3:00 → <b>Old Tyme Sing-A-Long</b> 3:15 → Intermediate Painting 4:00 → Home Computers w/Cherie 5:30 → <b>Joyce Austin Sings</b> 7:00 → Action Movie Night</p>	<p>10:00 → Ambassador Meeting 8 10:00 → Stretch w/Tammie 10:30 → Play Pool! 1:00 → Creative Craft Class 1:00 → Wii Bowling Practice 2:00 → <b>Bingo &amp; Prizes</b> 2:00 → Chess Club 3:00 → <b>Sew &amp; Sew Club</b> 3:15 → <b>Line Dancing [FR]</b> 6:00 → Men's Penny Poker</p>	<p>10:00 → <b>At Home Store &amp; Lunch@Fish Daddy's</b> 9 10:00 → Fitness w/Sally 11:00 → <b>Tulsa Hills Shopping</b> 1:45 → Meditation w/Cherie [T] 2:30 → Prayer with Margie [T] 3:00 → <b>Charity Knit Wits</b> 3:00 → L-C-R Dice Game 4:00 → <b>Robert Smith Sings!</b> 6:00 → Men's Poker Night 7:00 → Classic Movie Night</p>	<p>10:00 → Scrapbooking Class 10 10:00 → Stretch &amp; Tone 11:00 → Computer &amp; Phones 1:00 → Karaoke w/Cherie 2:00 → Biographies &amp; Documentaries 2:00 → Chess Club 2:00 → Dime Bingo 3:00 → Hymns &amp; Gospel Songs [FR] 3:00 → Mind Aerobics [CR] 7:00 → Comedy Movie Night</p>	<p>10:00 → Be-Fit Class w/Sally 11 10:30 → Drinks in the Garden 10:30 → <b>Specer Sutton Performs</b> 1:00 → Blood Pressure Checks 1:15 → <b>Musicals &amp; Comedies</b> 1:30 → <b>Dollar Tree Shopping</b> 3:00 → Trivia Challenge 6:00 → <b>Joyce Austin Sings</b> 7:00 → Romance Movie Night</p>	<p>9:00 → Garden Gurus 12 10:00 → <b>4-Hand Piano Music</b> 10:00 → <b>Botanical Garden &amp; Lunch</b> 1:00 → Wii Bowling Practice 2:00 → L-C-R Dice Game 3:00 → Easy Exercise Class [FR] 3:30 → Visual Relaxation [FR] 3:45 → Poet's Circle [FR] 6:00 → Game Night! 7:00 → Adventure Movie Night</p>
<p><b>Grandparents Day!</b> 13</p> <p>9:30 → <b>Neighborhood Walmart</b> 11:00 → <b>Church Transportation</b> 1:45 → <b>Walgreen/Whole Foods</b> 3:00 → Church Service w/Don 3:00 → Computer &amp; Phones 4:00 → Candy Bingo 5:30 → <b>Grandparent's Day! R Smith Band</b> 6:00 → Skipbo &amp; Rummikub 7:00 → <b>Inspirational Movie</b></p>	<p><b>Assisted Living Week</b> 14</p> <p>10:00 → Sally's Be-Fit Class 10:00 → <b>Super Walmart</b> 10:30 → Beginners Painting 1:00 → Advanced Painting 1:30 → <b>Super Walmart</b> 2:00 → <b>Mission Blue: Caring for the Environment</b> 3:15 → Intermediate Painting 4:00 → Home Computers w/Cherie 7:00 → Action Movie Night</p>	<p><b>Self-Care Day!</b> 15</p> <p>10:00 → Stretch w/Tammie 10:30 → Play Pool! 1:00 → Creative Craft Class 1:00 → Wii Bowling Practice 2:00 → Chess Club 2:00 → <b>Play Wahoo!</b> 3:00 → <b>Sew &amp; Sew Club</b> 3:15 → <b>FUN Line Dancing! [FR]</b> 6:00 → Men's Penny Poker 7:00 → Musical Movie Night</p>	<p><b>Furry Friends Day!</b> 16</p> <p>10:00 → Fitness w/Sally 10:00 → <b>Hobby Lobby &amp; Lunch@Ri-Ley's</b> 10:00 → <b>Kohl's/Shoe Carnival</b> 1:45 → Meditation w/Cherie [T] 2:00 → <b>Pet Costume Contest</b> 2:30 → Prayer with Margie [T] 3:00 → <b>Charity Knit Wits</b> 3:00 → L-C-R Dice Game 4:00 → <b>Robert Smith Sings!</b> 7:00 → Classic Movie Night</p>	<p><b>Caring for Our Schools</b> 17</p> <p>10:00 → Scrapbooking Class 10:00 → Stretch &amp; Tone 11:00 → Computer &amp; Phones 1:00 → Karaoke w/Cherie 1:00 → <b>Words of Wisdom for Kids</b> 2:00 → Chess Club 2:00 → Dime Bingo 3:00 → Hymns &amp; Gospel Songs [FR] 3:00 → Mind Aerobics [CR] 7:00 → Comedy Movie Night</p>	<p><b>Caring for Community</b> 18</p> <p>10:00 → Be-Fit Class w/Sally 10:30 → Drinks in the Garden 10:30 → <b>Robert Combs Performs</b> 11:30 → <b>Lunch Out @ Rib Crib</b> 1:30 → <b>Dollar Tree Shopping</b> 3:00 → Trivia Challenge 6:00 → <b>Joyce Austin Sings</b> 6:00 → Ladies Poker Night 6:00 → <b>Rosh Hashanah</b> 7:00 → Romance Movie Night</p>	<p><b>We Love Our Home!</b> 19</p> <p>9:00 → Garden Gurus 10:00 → <b>4-Hand Piano Music</b> 10:00 → <b>Woolaroc Museum</b> 1:00 → Wii Bowling Practice 2:00 → L-C-R Dice Game 2:00 → <b>Why I Love My Home!</b> 3:00 → Easy Exercise Class [FR] 3:30 → Visual Relaxation [FR] 3:45 → Laugh Club 6:00 → Game Night! 7:00 → Adventure Movie Night</p>
<p>9:30 → <b>Neighborhood Walmart</b> 20 11:00 → <b>Church Transportation</b> 1:45 → <b>Walgreen/Whole Foods</b> 3:00 → Church Service w/Don 3:00 → Computer &amp; Phones 4:00 → Candy Bingo 5:00 → Smoothie Time! [B] 6:00 → Skipbo &amp; Rummikub 7:00 → <b>Inspirational Movie</b></p>	<p>10:00 → Sally's Be-Fit Class 21 10:00 → <b>Super Walmart</b> 10:30 → Beginners Painting 1:00 → Advanced Painting 1:30 → <b>Super Walmart</b> 3:15 → Intermediate Painting 3:30 → <b>Daytime Divas Sing!</b> 4:00 → Home Computers w/Cherie 7:00 → Action Movie Night</p>	<p><b>1st Day of Autumn</b> 22</p> <p>10:00 → Stretch w/Tammie 10:30 → Play Pool! 10:40 → <b>John Southern Plays</b> 1:00 → Creative Craft Class 1:00 → Wii Bowling Practice 2:00 → <b>Play Wahoo!</b> 3:00 → <b>Sew &amp; Sew Club</b> 3:15 → <b>Line Dancing [FR]</b> 6:00 → Men's Penny Poker 7:00 → Musical Movie Night</p>	<p>10:00 → Fitness w/Sally 23 10:00 → <b>Porter Peach Barn &amp; Peach Ice Cream</b> 1:45 → Meditation w/Cherie [T] 2:30 → Prayer with Margie [T] 3:00 → <b>Charity Knit Wits</b> 3:00 → L-C-R Dice Game 4:00 → <b>Robert Smith Sings!</b> 6:00 → Men's Poker Night 7:00 → Classic Movie Night</p>	<p>10:00 → Scrapbooking Class 24 10:00 → Stretch &amp; Tone 11:00 → Computer &amp; Phones 1:00 → Karaoke w/Cherie 2:00 → All Staff Meeting [FR] 2:00 → Chess Club 2:00 → Dime Bingo 3:00 → Hymns &amp; Gospel Songs [FR] 3:00 → Mind Aerobics [CR] 7:00 → Comedy Movie Night</p>	<p>10:00 → Be-Fit Class w/Sally 25 10:30 → <b>Accordionist, Nick</b> 10:30 → Drinks in the Garden 11:30 → <b>Pupsicles &amp; Zia Dog</b> 1:00 → Blood Pressure Checks 1:15 → <b>Musicals &amp; Comedies</b> 1:30 → <b>Dollar Tree Shopping</b> 3:00 → Trivia Challenge 4:00 → <b>Captain's B-Day Table</b> 6:00 → <b>Joyce Austin Sings</b> 7:00 → Romance Movie Night</p>	<p>9:00 → Garden Gurus 26 10:00 → <b>4-Hand Piano Music</b> 10:00 → <b>Tahlequah Cultural Museum</b> 1:00 → Wii Bowling Practice 2:00 → L-C-R Dice Game 3:00 → Easy Exercise Class [FR] 3:30 → Visual Relaxation [FR] 3:45 → Laugh Club 6:00 → Game Night! 7:00 → Adventure Movie Night</p>
<p><b>Yom Kipper Begins</b> 27</p> <p>9:30 → <b>Neighborhood Walmart</b> 11:00 → <b>Church Transportation</b> 1:45 → <b>Walgreen/Whole Foods</b> 3:00 → Church Service w/Don 3:00 → Computer &amp; Phones 4:00 → Candy Bingo 5:00 → Smoothie Time! [B] 6:00 → Skipbo &amp; Rummikub 7:00 → <b>Inspirational Movie</b></p>	<p>10:00 → Sally's Be-Fit Class 28 10:00 → <b>Super Walmart</b> 10:30 → Beginners Painting 1:00 → Advanced Painting 1:30 → <b>Super Walmart</b> 2:00 → <b>Old Tyme Sing-A-Long</b> 3:15 → Intermediate Painting 4:00 → Home Computers w/Cherie 7:00 → Action Movie Night</p>	<p>10:00 → Stretch w/Tammie 29 10:30 → Play Pool! 1:00 → Creative Craft Class 1:00 → Wii Bowling Practice 2:00 → Chess Club 2:00 → <b>Play Wahoo!</b> 3:00 → <b>Sew &amp; Sew Club</b> 3:15 → <b>Line Dancing [FR]</b> 6:00 → Men's Penny Poker 7:00 → Musical Movie Night</p>	<p><b>Nat'l Women's Fitness Day</b> 30</p> <p>10:00 → <b>Whole Body Fitness</b> 10:00 → <b>Windsor Mkt/ Lunch@Cheddars</b> 11:00 → <b>Woodland Hills Mall</b> 1:45 → Meditation w/Cherie [T] 2:30 → Prayer with Margie [T] 3:00 → <b>Charity Knit Wits</b> 3:00 → L-C-R Dice Game 3:30 → <b>Alz/Dementia Group [T]</b> 4:00 → <b>Robert Smith Sings!</b> 6:00 → Men's Poker Night</p>	<p>  Cognitive   Creative   Emotional   Physical   Purposeful   Sensory   Social   Spiritual                 </p>	<p>HAPPY FALL!</p>	