


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>NATIONAL ASSISTED LIVING WEEK September 13-19</div>		<div>10:30 ➡ Steps in Stride [L] 1:30 ➡ Body in Motion Exercise [GR] 2:15 ➡ Body in Motion Exercise [GR] 3:00 ★ Activity Cart 2nd Floor Room to Room 3:00 ➡ Dancercise [DR] 4:00 🍷 Grab-N-Go Toasting Tuesdays [L] 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 ➡ 20 Minute Cardio Workout [L] 10:30 🦋 Inspiration with Joel Osteen [GR] 1:30 ➡ "Aut-To-Be-Fit" Fitness Program [GR] 2:00 🌱 Seed-N-Sown Gardening Group [P] 2:15 ➡ "Aut-To-Be-Fit" Fitness Program [GR] 2:45 🍷 The Original Broadcast of "The War of the Worlds" Starring Orson Welles &amp; Popsicles on the patio [P] 4:00 📖 Finish the Line Trivia [RR] 6:00 🍷 Ice Cream bars on the Patio Social [P]</div>	<div>9:45 🍷 Coffee Klatch &amp; Pastries [DR] 10:15 🦋 Womens Bible Study w/Eva [GR] 12:30 🍷 Wii Bowling w/May [RR] 1:30 ➡ Engaging Rhythm Workout [GR] 2:15 ➡ Engaging Rhythm Workout [GR] 2:30 🦋 Prayer Service [DR] 3:00 🦋 Prayer Service [DR] 4:00 ★ Activity Cart 1st Floor Room to Room 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 📖 Hot Topics [RR] 1:30 ➡ Sweat'n w/the Oldies Music [GR] 2:15 ➡ Sweat'n w/the Oldies Music [GR] 2:30 🍷 Happy Hour w/Chet Penkala [P] 4:00 ➡ Cool Down [GR] 6:30 📖 7 Card Match w/Mary [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>1:15 🍷 Wii Bowling [RR] 1:30 ➡ Sit &amp; Stretch [GR] 2:15 📖 Movie Matinee: [RR] 3:15 🦋 Pray the Rosary w/Catherine W. [DR]</div>	<div>Shorehaven 14560 Lakeside Circle Sterling Heights, Mi 48313 (586)247-3220</div>
<div>10:00 🦋 Interfaith Church [P] 1:15 🍷 Wii Bowling [RR] 1:30 ➡ Chair Yoga [GR] 2:00 🌱 Scenic Tour: Monroe Street [L] 2:15 📖 7 Card Match [GR] 3:30 📖 7 Card Match [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>LABOR DAY 9:45 🍷 Monday Morning Mingle [DR] 1:30 ➡ Roll It Bounce it Exercise [GR] 2:15 ➡ Roll It Bounce it Exercise [GR] 3:00 ★ Activity Cart 3rd Floor Room to Room 6:00 📖 Evening Movie Time [L]</div>	<div>10:30 ➡ Steps in Stride [L] 1:30 ➡ Body in Motion Exercise [GR] 2:15 ➡ Body in Motion Exercise [GR] 3:00 ★ Activity Cart 2nd Floor Room to Room 3:00 ➡ Dancercise [DR] 4:00 🍷 Grab-N-Go Toasting Tuesdays [L] 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 ➡ 20 Minute Cardio Workout [L] 10:30 🦋 Inspiration with Joel Osteen [GR] 1:30 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:15 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:30 🌱 Seed-N-Sown Gardening Group [P] 4:00 📖 This and That Trivia [RR] 6:00 🍷 Rootbeer Floats on the Patio [P]</div>	<div>9:45 🍷 Coffee Klatch &amp; Pastries [DR] 10:15 🦋 Womens Bible Study w/Eva [GR] 12:30 🍷 Wii Bowling w/May [RR] 1:30 ➡ Engaging Rhythm Workout [GR] 2:15 ➡ Engaging Rhythm Workout [GR] 2:30 🦋 Prayer Service [DR] 3:00 🦋 Prayer Service [DR] 4:00 ★ Activity Cart 1st Floor Room to Room 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 📖 Hot Topics [RR] 1:00 🌈 Watercolors with Barb [AR] 1:30 ➡ Sweat'n w/the Oldies Music [GR] 2:15 ➡ Sweat'n w/the Oldies Music [GR] 3:00 📖 7 Card Match [GR] 4:00 ➡ Cool Down [GR] 6:30 📖 7 Card Match w/Mary [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>1:15 🍷 Wii Bowling [RR] 1:30 ➡ Sit &amp; Stretch [GR] 2:15 📖 Movie Matinee: [RR] 3:15 🦋 Pray the Rosary w/Catherine W. [DR]</div>	<div>Happy Birthday .....  David Verkeyn 9/02 Alfred Stowe 9/03 Sandy Parrinello 9/06 Michael Butkiewicz 9/08 Joyce Lawrence 9/11 Hildegard Gasior 9/15 Mary Ann Lesnau 9/16 Beverly Maynard 9/21 Elizabeth Lenhardt 9/22 William Little 9/23 Barbara Carlos 9/26 Glen Brown 9/29</div>
<div>Grandparents Day 10:00 🦋 Interfaith Church [P] 10:30 ➡ Chair Yoga [GR] 1:15 🍷 Wii Bowling [RR] 1:30 🍷 Up Up &amp; Away Celebrating Our Grandparents Day! ~ Big Don the Balloon artist will be at our community making balloon characters for the grandkids 3:30 📖 7 Card Match [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>How We Care for the Environment 9:45 🍷 Monday Morning Mingle [DR] 10:30 ➡ 20 Minute Cardio Workout [L] 1:30 ➡ Roll It Bounce it Exercise [GR] 2:15 ➡ Roll It Bounce it Exercise [GR] 2:30 🌱 Seed-N-Sown Gardening Group 3:00 ★ Activity Cart 3rd Floor Room to Room 3:15 🍷 Pina Colada Social on the Patio [P] 6:00 📖 Po-Ke-No [GR] 6:45 📖 Po-Ke-No [GR] 8:00 ★ Bottle/Can Return</div>	<div>How We Care for Ourselves 10:30 ➡ Steps in Stride [L] 1:30 ➡ Body in Motion Exercise [GR] 2:15 ➡ Body in Motion Exercise [GR] 3:00 🌱 A Healthier You Day ~ Relaxation &amp; Spa gifts 3:00 ★ Activity Cart 2nd Floor Room to Room 4:00 🍷 Grab-N-Go Toasting Tuesdays [L] 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>How We Care for Our Furry Friends/Pets 10:00 ★ Making Treats for Our Furry Friends &amp; Donating to Canine/Sanilac Scoopers &amp; Feline/MACS S [AR] 10:30 🦋 Inspiration with Joel Osteen [GR] 1:00 ➡ "Aut-to-be-Fit" Fitness Program [GR] 1:30 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:30 🌱 Exotic Zoo [P] 4:00 📖 This and That Trivia [RR] 6:00 🍷 2 Scoops of Ice Cream on the Patio [P]</div>	<div>How We Care for Our Schools 9:45 🍷 Coffee Klatch &amp; Pastries [DR] 10:00 🦋 School Supply Kick-Off to Support Schwarzkoff Elementary School [L] 10:15 🦋 Womens Bible Study w/Eva [GR] 12:30 🍷 Wii Bowling w/May [RR] 1:30 ➡ Engaging Rhythm Workout [GR] 2:15 ➡ Engaging Rhythm Workout [GR] 2:30 🦋 Prayer Service [DR] 3:00 🦋 Prayer Service [DR] 4:00 ★ Activity Cart 1st Floor Room to Room 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>How We Care for Our Community 10:30 📖 Hot Topics [RR] 11:00 ★ Donating Subs to Our Local Fire Station 1:30 ➡ Sweat'n w/the Oldies Music [GR] 2:15 ➡ Sweat'n w/the Oldies Music [GR] 3:00 📖 7 Card Match [DR] 4:00 ➡ Cool Down [GR] 6:30 📖 7 Card Match w/Mary [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>1:15 🍷 Wii Bowling [RR] 1:30 ➡ Sit &amp; Stretch [GR] 2:15 📖 Movie Matinee: [RR] 3:15 🦋 Pray the Rosary w/Catherine W. [DR]</div>	
<div>10:00 🦋 Interfaith Church [P] 1:15 🍷 Wii Bowling [RR] 1:30 ➡ Chair Yoga [GR] 2:00 🌱 Scenic Tour: Copper Country Trail [L] 2:15 📖 7 Card Match [GR] 3:30 📖 7 Card Match [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>NATIONAL BATMAN DAY 9:45 🍷 Monday Morning Mingle [DR] 10:30 ➡ 20 Minute Cardio Workout [L] 1:30 ➡ Roll It Bounce it Exercise [GR] 2:15 ➡ Roll It Bounce it Exercise [GR] 3:00 ★ Activity Cart 3rd Floor Room to Room 3:15 🍷 Batman's Specialty Drink: "The Boy Wonder" Social &amp; Games on the Patio [P] 4:15 📖 Batman Fun Facts [RR] 6:15 📖 Batman Movie [RR]</div>	<div>10:30 ➡ Steps in Stride [L] 1:30 ➡ Body in Motion Exercise [GR] 2:15 ➡ Body in Motion Exercise [GR] 3:00 ★ Activity Cart 2nd Floor Room to Room 4:00 🍷 Grab-N-Go Toasting Tuesdays [L] 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 ➡ 20 Minute Cardio Workout [L] 10:30 🦋 Inspiration with Joel Osteen [GR] 1:30 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:15 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:30 🌱 Seed-N-Sown Gardening Group [P] 4:00 📖 This and That Trivia [RR] 6:00 🍷 Ice Cream Sundaes &amp; Social on the Patio [P]</div>	<div>NATIONAL CHERRIES JUBILEE DAY ~ Served with Lunch 9:45 🍷 Coffee Klatch &amp; Pastries [DR] 10:15 🦋 Womens Bible Study w/Eva [GR] 12:30 🍷 Wii Bowling w/May [RR] 1:30 ➡ Engaging Rhythm Workout [GR] 2:15 ➡ Engaging Rhythm Workout [GR] 2:30 🦋 Prayer Service [DR] 3:00 🦋 Prayer Service [DR] 4:00 ★ Activity Cart 1st Floor Room to Room 5:30 📖 Big Bingo Bash [GR] 6:45 📖 Big Bingo Bash [DR]</div>	<div>10:30 📖 Hot Topics [RR] 1:00 🌈 Watercolors with Barb [AR] 1:30 ➡ Sweat'n w/the Oldies Music [GR] 2:15 ➡ Sweat'n w/the Oldies Music [GR] 2:30 🍷 Happy Hour w/ Little Big Band [P] 4:00 ➡ Cool Down [GR] 6:30 📖 7 Card Match w/Mary [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>1:15 🍷 Wii Bowling [RR] 1:30 ➡ Sit &amp; Stretch [GR] 2:15 📖 Movie Matinee: [RR] 3:15 🦋 Pray the Rosary w/Catherine W. [DR]</div>	
<div>10:00 🦋 Interfaith Church [P] 1:15 🍷 Wii Bowling [RR] 1:30 ➡ Chair Yoga [GR] 2:00 🌱 Scenic Tour: St. Clair Shores [L] 2:15 📖 7 Card Match [GR] 3:30 📖 7 Card Match [GR] 6:30 🍷 Shorehaven Choir w/Toni [RR] 7:15 🍷 Shorehaven Choir w/Toni [RR]</div>	<div>9:45 🍷 Monday Morning Mingle [DR] 10:30 ➡ 20 Minute Cardio Workout [L] 1:30 ➡ Roll It Bounce it Exercise [GR] 2:15 ➡ Roll It Bounce it Exercise [GR] 3:00 ★ Activity Cart 3rd Floor Room to Room 3:15 🍷 Hodge Podge Drinks Social &amp; Games on the Patio [P] 4:15 📖 Board Games [AR] 6:00 📖 Po-Ke-No [GR] 6:45 📖 Po-Ke-No [GR]</div>	<div>10:30 ➡ Steps in Stride [L] 1:30 ➡ Body in Motion Exercise [GR] 2:15 ➡ Body in Motion Exercise [GR] 3:00 ★ Activity Cart 2nd Floor Room to Room 4:00 🍷 Grab-N-Go Toasting Tuesdays [L] 6:30 ★ Silent Auction [L]</div>	<div>10:30 ➡ 20 Minute Cardio Workout [L] 10:30 🦋 Inspiration with Joel Osteen [GR] 1:30 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:15 ➡ "Aut-to-be-Fit" Fitness Program [GR] 2:30 🌱 Seed-N-Sown Gardening Group [P] 4:00 📖 This and That Trivia [RR] 6:00 🍷 Boston Coolers (Ice Cream w/Ginger Ale) &amp; Social on the Patio [P]</div>	