



September
2020

Dirigo Pines

9 Alumni Dr.
Orono, ME 04473



DIRIGO PINES
A GRACE MGMT COMMUNITY

The month of September is upon us, and with that, comes many new changes to our facility, once again.

As the famous saying goes, "When one door closes, another one opens." While we are very sad to be saying goodbye to our Interim Executive Director, J.R. Comita, we have a new face to welcome to the building. Paul Arbour will be our new Executive Director starting this month!

Paul was born and raised in Augusta, Maine, and has spent the last 36 years in South Gardiner with his wife Becca, and two children, Peter and Danielle. Paul recently moved to Hermon, Maine. He enjoys many types of music, spending time on the water and in the woods, or with his family. Paul comes from Maine General Medical Center / Maine General Rehab and Long Term after being there for 30 years.

Make sure if you see Paul around the neighborhood to say hello, and welcome him to our family!

If you have any suggestions, or ideas for programming, please do not hesitate to speak with someone from the Life Enrichment Department. Thanks!

-Evan

Sunday

2:30pm Movie Matinee
7pm Downton Abbey

Monday

9:30 & 10am Exercise Videos
10am Sittercise
2pm Travel Video Series

Tuesday

9:30am Online Course
10am Tai Chi w/ Bunny Sinclair
2:30pm Movie Matinee
3pm Bingo
7pm Digital Concert

Wednesday

9:30 & 10am Exercise Videos
10am Sittercise
4pm Hallway Happy Hour
6:30pm Midweek Movie

Thursday

9:00am Walking Group
1:00 Met Opera Stream

Friday

9:30 & 10am Exercise Videos
10am Sittercise
3pm Documentary Series

Saturday

1pm Biographies: Icons of History
3pm Bingo
6:30pm Weekend Movie

September 2020

Event Descriptions

Solos: The Jazz Sessions - Matthew Shipp

Tuesday, September 1st 7:00pm KGP

With his unique and recognizable style, pianist Matthew Shipp worked and recorded vigorously during the 1990s, creating music in which free jazz and modern classical intertwine. Through his range of live and recorded performances, and unswerving individual development, Shipp came to be regarded as a prolific and respected voice in creative music by the decade's close.

The Merry Widow

Thursday, September 3rd 1:00pm KGP

The Merry Widow (German: Die lustige Witwe) is an operetta by the Austro-Hungarian composer Franz Lehár. The librettists, Viktor Léon and Leo Stein, based the story – concerning a rich widow, and her countrymen's attempt to keep her money in the principality by finding her the right husband – on an 1861 comedy play, L'attaché d'ambassade (The Embassy Attaché) by Henri Meilhac.

Moving Art

Friday, September 4th 3:00pm KGP

Ep 1: Oceans & Ep. 2: Flowers

Experience nature's art as filmmaker Louie Schwartzberg highlights the beauty that lurks in oceans, forests, deserts, and flowers.

Biographies: Icons of History

Saturday, September 5th 1:00pm KGP

Ep. 1: Leonardo Da Vinci & Ep. 2: Martin Luther King Jr. Ep. 3: Michaelangelo

This informative and educational series showcases some of the World's most influential and important historical figures. From great political leaders, inventors, and artists, these icons of history all played a large role in shaping the World, and their contributions to society are still impacting us today.

Muddy Waters Blues Band - Live at Rockpalast

Tuesday, September 8th 7:00pm KGP

At Westfalenhalle Dortmund on December 10, 1978 for the Rockpalast recording Muddy Waters mighty vocals and his splendid charisma on stage fascinated the audience. Muddy's guitar playing on the Fender Telecaster comes into full effect with his slow blues solos – and seldom had Muddy such a hot sound.

Rigoletto - Verdi

Thursday, September 10th 1:00pm KGP

Michael Mayer's acclaimed production, first seen in the 2012-13 season, sets the action of Verdi's masterpiece in 1960 Las Vegas – a neon-lit world ruled by money and ruthless, powerful men. Piotr Beczala is the Duke, a popular entertainer and casino owner who will stop at nothing to get what he wants. Zeljko Lucic sings Rigoletto, his sidekick, and comedian, and Diana Damrau is Rigoletto's innocent daughter, Gilda. When she is seduced by the Duke, Rigoletto sets out on a tragic course of murderous revenge. Stefan Kocan is the assassin Sparafucile and Michele Mariotti conducts.

Moving Art

Friday, September 11th 3:00pm KGP

Ep 3: Deserts & Ep. 4: Forests

Biographies: Icons of History

Saturday, September 12th 1:00pm KGP

Ep 4: Napoleon & Ep 5: Picasso

Amazon Mankind: The Story of All of Us

Monday, September 14th 2:00pm KGP

Ep. 12: Speed

There will be some things available in the Garden Room that you can do anytime you like.

There will be some arts and crafts and supplies for Alcohol Ink art. If you have other ideas or if supplies run low let activities know.

Hallway Happy Hour

Wednesdays 4:00pm

Grab a chair and sit in your doorway to socialize and have a drink with friends and neighbors. Bring your own, or activities will be around with some choices. If you don't have a neighbor participating, feel free to gather in one of the common areas with others.

BINGO!

Tuesday and Saturdays
3:00pm (PMR)

Library Work Sessions

Every Sunday at 2:00pm our (small, but mighty!) Library Committee gathers for a work session to keep our library organized.

Anyone that wants to help is welcome to join. Just show up and see how you can help to keep our library running.

New guidelines permit more than 10 people at events as long as 6' spacing can be maintained. Please do not move chairs closer together and wear a mask whenever possible.

Tai Chi with Bunny Sinclair

Tuesdays 10:00am KGP

Walking Group

Thursdays 9:00am

Meet in the lobby for a group walk.

Sittercise Class

10:00am KGP

Every Monday, Wednesday and Friday

Exercise Videos

9:30 & 10:00am PMR

Monday, Wednesday and Friday

Become an Imagineer

Tuesdays 9:30am (PMR)

Learn what goes into the making of a Disney Theme Park, and create your own ideas in the process.

September 1 - Creating Worlds

September 8 - Designing Attractions

September 15 - Bringing Characters to Life

The Art of Storytelling will begin on September 22, and continue through October

September 1st & 2nd
Still Mine 2013 PG-13 1h 43m

James Cromwell gives a tour de force performance in 'Still Mine,' a deeply moving love story about a couple in their twilight years. When Craig sets out to build a more suitable house for his ailing wife Irene, he is blindsided by the bureaucratic codes and officials. As Irene becomes increasingly ill, Craig takes a final stance against all odds to finish the house, in a truly inspirational story.

September 5th & 6th
Clue 1985 G 1h 36m

Six guests are anonymously invited to a strange mansion for dinner, but after their host is killed, they must cooperate with the staff to identify the murderer as the bodies pile up.

September 8th & 9th
The Aeronauts 2019 PG-13 1h 40m

In 1862, daredevil balloon pilot Amelia Wren (Felicity Jones) teams up with pioneering meteorologist James Glaisher (Eddie Redmayne) to advance human knowledge of the weather and fly higher than anyone in history.

September 12th & 13th
Big Fish 2003 PG-13 2h 5m

To get to know the real man behind the myth, a son begins piecing together a true picture of his father from snippets of amazing stories and magical tales of his youth in this brilliantly fantastic movie from the incredible imagination of director Tim Burton.

September 15th & 16th
The Peanut Butter Falcon 2019 PG-13 1h 36m

Emmy winner Shia LaBeouf, Dakota Johnson, and Zack Gottsagen star in "a modern-day Mark Twain fable that will melt your heart.

September 19th & 20th
The Art of Racing in the Rain 2019 PG 1h 48m

Based on the best-selling novel by Garth Stein, The Art of Racing in the Rain is a heartwarming tale narrated by a witty and philosophical dog named Enzo. Through his unique insight into the human condition, Enzo helps his owners – race car driver Denny Swift, his wife Eve, and daughter Zoe – navigate life with a refreshing perspective on friendship, family, and unconditional love.

September 22nd & 23rd
Some Like It Hot 1959 NR 2h 1m

When musicians Jerry and Joe accidentally witness the St. Valentine's Day Massacre, they get out of town the only way they know how -- dressed as women. But things heat up on the road when they meet a curvy blonde who plays the Ukulele.

September 26th & 27th
Groundhog Day 1993 PG 1h 41m

Sent to cover the annual appearance of world famous groundhog Punxsutawney Phil, a self-centered TV weatherman unleashes his bitterness -- and soon realizes he's doomed to repeat Groundhog Day until he learns that his action can affect the outcome.

September 29th & 30th
Saving Mr. Banks 2013 PG 2h 5m

When Walt Disney sets his sights on obtaining the rights to the children's classic "Mary Poppins," the book's author proves a tough nut to crack.

Frank Sinatra: A Man and his Music + Ella & Jobim
Tuesday, September 15th 7:00pm KGP

A truly memorable television event, the third annual special finds Frank joined by the dazzling Ella Fitzgerald in a historic pairing of the tow preeminent vocal talents of the era.

Manon Lescaut – Puccini
Thursday, September 17th 1:00pm KGP

Kristine Opolais is the young woman whose conflicting desires for love and luxury lead to her tragic end, and Roberto Alagna plays the man who falls for her in Puccini's early hit. Richard Eyre's elegant production, which sets the action in 1940s occupied France, was one of the highlights of the Met's 2015-16 season. Massimo Cavalletti as Manon's brother and Brindley Sherratt as her aging admirer co-star, and Principal Conductor Fabio Luisi is on the podium.

Moving Art
Friday, September 18th 3:00pm KGP
Ep. 5: Waterfalls & Ep. 6: Underwater

Biographies: Icons of History
Saturday, September 19th 1:00pm KGP
Ep. 6: Raphael – Ep. 7: Rosa Parks – Ep. 8: Thomas Edison

Secrets of the Exhibit
Monday, September 21st 2:00pm KGP
Ep. 1: Stolen Masters

"Secrets of the Exhibit" explores the sinister crimes, wild tales, strange findings and shocking twists of history that altered the world. From dinosaur fossils to stolen paintings, Cold War shelters to Mayan ceramics, "Secrets of the Exhibit" goes beyond the surface to delve into centuries of art.

Louis Armstrong – The Definitive Louis Armstrong
Tuesday, September 22nd 7:00pm KGP
More than three decades after his death, Louis Armstrong's recordings are more widely available than anytime during his life. Louis recorded his biggest sellin record in 1964, 'Hello Dolly'. The song went to number 1 in the pop charts, making him the oldest person ever to have achieved this hit, at 63!

Maria Stuarda – Donizetti
Thursday, September 24th 1:00pm KGP
Joyce DiDonato gives a sensational performance as Mary, Queen of Scots, in Donizetti's bel canto drama, opposite Elza van den Heever as Queen Elizabeth. This presentation of David McVicar's acclaimed 2012 production also stars Matthew Polenzani as Leicester, the man caught between the rival queens. Maurizio Benini conducts.


































































































































































Moving Art – Season 2
Friday, September 25th 3:00pm KGP
Ep.1: Koh Samui & Ep. 2: Iceland

Biographies: Icons of History
Saturday, September 26th 1:00pm KGP
Ep. 9: Vincent Van Gogh – Ep. 10: Alexander Graham Bell – Ep. 11: Coretta Scott King

Secrets of the Exhibit
Monday, September 28th 3:00pm KGP
Ep.2 The Art of Armor

Elvis Presley – Classic Performances
Tuesday, September 29th 7:00pm KGP
This is the definitive proof of Elvis as a live phenomenon. Featured tracks 'Too Much', 'When My Blue Moon Turns Gold Again', 'Peace In the Valley', 'Money Honey', 'Shake Rattle and Roll', 'Tutti Frutti', 'Steamroller Blues', 'See See Rider', 'Hound Dog', 'Burning Love', 'Blue Suede Shoes', 'A Big Hunk of Love', 'Suspicious Minds', 'Can't Help Falling in Love', and many more.

September 2020
Master

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<div><p>DIRIGO PINES A GRACE MGMT COMMUNITY</p></div>		<div><div><p>Cognitive</p></div><div><p>Creative</p></div><div><p>Emotional</p></div><div><p>Inter-generational</p></div><div><p>Physical</p></div></div>	<div><div><p>Purposeful</p></div><div><p>Sensory</p></div><div><p>Social</p></div><div><p>Spiritual</p></div></div>	<div><div><p>Welcome to September</p><p>9:30  Online Course</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise</p><p>11:00  Puzzles Galore</p><p>11:30  Community Homemaking</p><p>1:00  One on Ones</p><p>1:30  Plant Care</p><p>1:30  Scrabble [GR]</p><p>2:00  Word Searches, Monthly Gazette & More</p><p>2:30  <i>Movie Matinee - Still Mine</i> [KGP]</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Bingo [PMR]</p><p>3:30  Social</p><p>4:00  10 Top Inventions you "can't" live without</p><p>7:00  Digital Concert [KGP]</p></div></div>	<div><div><p>She's a Champion Day!</p><p>9:30  Exercise [PMR]</p><p>9:30  One on Ones</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise [PMR]</p><p>10:00  Sittercise [KGP]</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:30  Mahjong [SR]</p><p>2:00  Virtual Dance</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Trivia and Games</p><p>3:30  Trivia and Games</p><p>4:00  Hallway Happy Hour</p><p>4:00  Popcorn & Movie - Show Boat</p><p>6:30  <i>Midweek Movie - Still Mine</i> [KGP]</p></div></div>	<div><div><p>9:00  Walking Group</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Walks</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:00  Met Opera Stream [KGP]</p><p>2:00  Creative Creations (Arts & Crafts)</p><p>2:00  Music & Biography of Frank Sinatra</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Bereavement Group</p><p>3:30  Social</p><p>4:00  Cabernet Tasting</p></div></div>	<div><div><p>9:30  Exercise [PMR]</p><p>9:30  One on Ones</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise [PMR]</p><p>10:00  Sittercise [KGP]</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:30  Bocce Social</p><p>1:30  Cribbage [GR]</p><p>2:00  The Price is Right</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Documentary [KGP]</p><p>3:30  Movie Matinee</p><p>4:00  Woodstock Documentary</p></div></div>	<div><div><p>10:00  Daily Devotions & One on Ones</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:00  Documentary Film [KGP]</p><p>1:30  Card Games [SR]</p><p>1:30  Crafting Group</p><p>2:00  Rick Steeve's Travel</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Bingo [PMR]</p><p>4:00  One on Ones</p><p>6:30  <i>Saturday Night Movie - Clue</i> [KGP]</p></div></div>					
		<div><div><p>10:00  Catholic Communion [SR]</p><p>10:00  Daily Devotions & One on Ones</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:00  Virtual Sunday Service</p><p>2:00  Library Work Session</p><p>2:30  <i>Movie Matinee - Clue</i></p><p>2:30  Snack & Chat on Patio</p><p>4:00  Sunday Football Games</p><p>7:00  Downton Abbey [KGP]</p></div></div>	<div><div><p>9:30  Exercise [PMR]</p><p>9:30  One on Ones</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise [PMR]</p><p>10:00  Sittercise [KGP]</p><p>11:00  Exercise</p><p>11:00  Musical Monday</p><p>11:30  Community Homemaking</p><p>2:00  My "Punny" Job</p><p>2:00  Travel Video Series [KGP]</p><p>2:30  Snack & Chat on Patio</p><p>3:45  Rosary Prayer Meeting [CR]</p><p>4:00  Labor Day Puzzles</p></div></div>	<div><div><p>9:30  Online Course</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Penobscoot Resident Meeting [PMR]</p><p>10:00  Exercise</p><p>11:00  Puzzles Galore</p><p>11:30  Community Homemaking</p><p>1:00  One on Ones</p><p>1:30  Plant Care</p><p>1:30  Scrabble [GR]</p><p>2:00  Create a Passport to Travel the World</p><p>2:30  <i>Movie Matinee - The Aeronauts</i> [KGP]</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Bingo [PMR]</p><p>3:30  Social</p><p>4:00  Virtual Vacation</p><p>7:00  Digital Concert [KGP]</p></div></div>	<div><div><p>9:30  Exercise [PMR]</p><p>9:30  One on Ones</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise [PMR]</p><p>10:00  Sittercise [KGP]</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:30  Mahjong [SR]</p><p>2:00  Bingo</p><p>2:30  Snack & Chat on Patio</p><p>3:00  Trivia and Games</p><p>3:30  Trivia and Games</p><p>4:00  Alz Caregivers Support Group [CR]</p><p>4:00  Fact or Fiction Facts about the Colonel</p><p>4:00  Hallway Happy Hour</p><p>6:30  <i>Midweek Movie - The Aeronauts</i> [KGP]</p></div></div>	<div><div><p>9:00  Walking Group</p><p>10:00  Art with Janice</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Walks</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:00  Met Opera Stream [KGP]</p><p>2:00  Creative Creations (Arts & Crafts)</p><p>2:00  Outdoor Walks</p><p>2:30  Snack & Chat on Patio</p><p>3:30  Social</p><p>4:00  Finish the Song Lyrics</p><p>7:00  S'Mores Campfire</p></div></div>	<div><div><p>9:30  Exercise [PMR]</p><p>9:30  One on Ones</p><p>10:00  Daily Devotions & One on Ones</p><p>10:00  Exercise [PMR]</p><p>10:00  Sittercise [KGP]</p><p>11:00  Exercise</p><p>11:30  Community Homemaking</p><p>1:00  Sunflower Maze Outing</p><p>1:30  Bocce Social</p><p>1:30  Cribbage [GR]</p><p>2:30  Snack & Chat on our Outing</p><p>3:00  Documentary [KGP]</p><p>3:30  Movie Matinee</p></div></div>	<div><div><p>10:00  Daily Devotions & One on Ones</p><p>11:00  Exercise</p><p>11:30 </p></div></div>					