September 2020 Penobscot	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DIRIGO PINES A GRACE MGMT COMMUNITY	Gunday	Locatio Conference Room CR Garden Room GR Kenduskeag Gathering PlackGP	9:30 🖅 Online Course 📘	9:30 + Exercise [PMR] 10:00 + Exercise [PMR] 10:00 + Sittercise [KGP]	9:00 😝 Walking Group	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30 Ø Cribbage [GR] 3:00 Ø Documentary [KGP]	1:00        Documentary Film [KGP]       5         1:30        Card Games [SR]       5         1:30        Crafting Group       3:00          3:00        Bingo [PMR]       6:30        Saturday Night Movie - Clue [KGP]
	10:00 ¥ Catholic Communion [SR] 2:00 ★ Library Work Session 2:30 ♥ Movie Matinee - Clue 7:00 ♥ Downton Abbey [KGP]	Labor Day 9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 2:00 ♀ Travel Video Series [KGP] 3:45 ₩ Rosary Prayer Meeting [CR]	9:30 ØOnline Course810:00 ★Penobscot Resident Meeting [PMR]810:00 ↔Tai Chi with Bunny Sinclair1:30 Scrabble [GR]1:30 ØScrabble [GR]2:30 2:30 Movie Matinee - The Aeronauts [KGP]83:00 Bingo [PMR]7:00 Digital Concert [KGP]	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30 Ø Mahjong [SR] 4:00 Alz Caregivers Support Group [CR] 4:00 W Hallway Happy Hour 6:30 Midweek Movie - The Aeronauts [KGP]	9:00 ↔ Walking Group 1:00 ♀ Met Opera Stream [KGP] 7:00 馨 S'Mores Campfire	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30   Cribbage [GR] 3:00   Documentary [KGP]	1:00 ☐ Documentary Film [KGP] 1:30 Card Games [SR] 1:30 Crafting Group 3:00 Bingo [PMR] 6:30 Saturday Night Movie - Big Fish [KGP]
	10:00 ¥ Catholic Communion [SR] 2:00 ★ Library Work Session 2:30 ♥ Movie Matinee - Big Fish 7:00 ♥ Downton Abbey [KGP]		<ul> <li>9:30</li></ul>	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30	9:00 •• Walking Group 1:00 \$ Met Opera Stream [KGP]	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30 Ø Cribbage [GR] 3:00 Ø Documentary [KGP]	1:00
	10:00 ♥ Catholic Communion [SR] 2:00 ★ Library Work Session 2:30 ♥ Movie Matinee - The Art of Racing in the Rain 7:00 ♥ Downton Abbey [KGP]	9:30 ↔ Exercise [PMR] 21 10:00 ↔ Exercise [PMR] 21 10:00 ↔ Sittercise [KGP] 2:00 \$ Travel Video Series [KGP] 3:45 ₩ Rosary Prayer Meeting [CR]	9:30	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30 Ø Mahjong [SR] 4:00 ¥ Hallway Happy Hour 6:30 Ø Midweek Movie - Some Like It Hot [KGP]	9:00 ↔ Walking Group 1:00 ♥ Met Opera Stream [KGP] 6:30 ♥ Paint & Sip [KGP] 7:00 ♥ S'Mores Campfire	9:30 ↔ Exercise [PMR] 10:00 ↔ Exercise [PMR] 10:00 ↔ Sittercise [KGP] 1:30 Ø Cribbage [GR] 3:00 Ø Documentary [KGP]	1:00 Documentary Film [KGP] 1:30 Card Games [SR] 1:30 Crafting Group 3:00 Bingo [PMR] 6:30 Saturday Night Movie - Groundhog Day [KGP]
9 Alumni Dr. Orono, ME 04473 (207)866-3400	10:00 ♥ Catholic Communion [SR] 2:00 ★ Library Work Session 2:30 ♥ Movie Matinee - Groundhog Day 7:00 ♥ Downton Abbey [KGP]	9:30 ↔ Exercise [PMR] 28 10:00 ↔ Exercise [PMR] 28 10:00 ↔ Sittercise [KGP] 2:00 \$ Travel Video Series [KGP] 3:45 ₩ Rosary Prayer Meeting [CR]	9:30			<ul> <li>Cognitive</li> <li>Creative</li> <li>Emotional</li> <li>Physical</li> <li>Purposeful</li> <li>Sensory</li> <li>Social</li> <li>Spiritual</li> </ul>	