



September 2020  
Kenduskeag

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> DIRIGO PINES A GRACE MGMT COMMUNITY</div>		<div><b>Location Keys</b> Conference Room Garden Room Kenduskeag Gathering Place Penobscot Media Room Social Room</div> <div>CR GR KGP PMR SR</div>	9:30  Online Course 10:00  Tai Chi with Bunny Sinclair 1:00  One on Ones 1:30  Scrabble [GR] 2:30 <i>Movie Matinee - Still Mine [KGP]</i> 3:00  Bingo [PMR] 7:00  Digital Concert [KGP]	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Mahjong [SR] 3:30  Trivia and Games 4:00  Hallway Happy Hour 6:30 <i>Midweek Movie - Still Mine [KGP]</i>	9:00  Walking Group 1:00  Met Opera Stream [KGP] 3:00  Bereavement Group 3:30  Social	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Cribbage [GR] 3:00  Documentary [KGP]	1:00  Documentary Film [KGP] 1:30  Card Games [SR] 1:30  Crafting Group 3:00  Bingo [PMR] 6:30 <i>Saturday Night Movie - Clue [KGP]</i>
	10:00  Catholic Communion [SR] 2:00  Library Work Session 2:30 <i>Movie Matinee - Clue</i> 7:00 <i>Downton Abbey [KGP]</i>	<b>Labor Day</b> 9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 2:00 <i>Travel Video Series [KGP]</i> 3:45  Rosary Prayer Meeting [CR]	9:30  Online Course 10:00  Penobscot Resident Meeting [PMR] 10:00  Tai Chi with Bunny Sinclair 1:00  One on Ones 1:30  Scrabble [GR] 2:30 <i>Movie Matinee - The Aeronauts [KGP]</i> 3:00  Bingo [PMR] 7:00  Digital Concert [KGP]	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Mahjong [SR] 3:30  Trivia and Games 4:00  Alz Caregivers Support Group [CR] 4:00  Hallway Happy Hour 6:30 <i>Midweek Movie - The Aeronauts [KGP]</i>	9:00  Walking Group 10:00  Walks 1:00  Met Opera Stream [KGP] 3:30  Social 7:00  S'Mores Campfire	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Cribbage [GR] 3:00  Documentary [KGP]	1:00  Documentary Film [KGP] 1:30  Card Games [SR] 1:30  Crafting Group 3:00  Bingo [PMR] 6:30 <i>Saturday Night Movie - Big Fish [KGP]</i>
	10:00  Catholic Communion [SR] 2:00  Library Work Session 2:30 <i>Movie Matinee - Big Fish</i> 7:00 <i>Downton Abbey [KGP]</i>	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 2:00 <i>Travel Video Series [KGP]</i> 3:45  Rosary Prayer Meeting [CR]	9:30  Online Course 10:00  Tai Chi with Bunny Sinclair 1:00  One on Ones 1:30  Scrabble [GR] 2:30 <i>Movie Matinee - The Peanut Butter Falcon [KGP]</i> 3:00  Bingo [PMR] 7:00  Digital Concert [KGP]	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Mahjong [SR] 3:30  Trivia and Games 4:00  Hallway Happy Hour 6:30 <i>Midweek Movie - The Peanut Butter Falcon [KGP]</i>	9:00  Walking Group 1:00  Met Opera Stream [KGP] 3:30  Social	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Cribbage [GR] 3:00  Documentary [KGP]	1:00  Documentary Film [KGP] 1:30  Card Games [SR] 1:30  Crafting Group 3:00  Bingo [PMR] 6:30 <i>Saturday Night Movie - The Art of Racing in the Rain [KGP]</i>
	10:00  Catholic Communion [SR] 2:00  Library Work Session 2:30 <i>Movie Matinee - The Art of Racing in the Rain</i> 7:00 <i>Downton Abbey [KGP]</i>	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 2:00 <i>Travel Video Series [KGP]</i> 3:45  Rosary Prayer Meeting [CR]	9:30  Online Course 10:00  Tai Chi with Bunny Sinclair 1:00  One on Ones 1:30  Scrabble [GR] 2:30 <i>Movie Matinee - Some Like It Hot [KGP]</i> 3:00  Bingo [PMR] 7:00  Digital Concert [KGP]	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Mahjong [SR] 3:30  Trivia and Games 4:00  Hallway Happy Hour 6:30 <i>Midweek Movie - Some Like It Hot [KGP]</i>	9:00  Walking Group 10:00  Walks 1:00  Met Opera Stream [KGP] 3:30  Social 6:30  Paint & Sip [KGP] 7:00  S'Mores Campfire	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Cribbage [GR] 3:00  Documentary [KGP]	1:00  Documentary Film [KGP] 1:30  Card Games [SR] 1:30  Crafting Group 3:00  Bingo [PMR] 6:30 <i>Saturday Night Movie - Groundhog Day [KGP]</i>
9 Alumni Dr. Orono, ME 04473 (207)866-3400	10:00  Catholic Communion [SR] 2:00  Library Work Session 2:30 <i>Movie Matinee - Groundhog Day</i> 7:00 <i>Downton Abbey [KGP]</i>	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 2:00 <i>Travel Video Series [KGP]</i> 3:45  Rosary Prayer Meeting [CR]	9:30  Online Course 10:00  Tai Chi with Bunny Sinclair 1:00  One on Ones 1:30  Scrabble [GR] 2:30 <i>Movie Matinee - Saving Mr. Banks [KGP]</i> 3:00  Bingo [PMR] 7:00  Digital Concert [KGP]	9:30  Exercise [PMR] 10:00  Exercise [PMR] 10:00  Sittercise [KGP] 1:30  Mahjong [SR] 3:30  Trivia and Games 4:00  Hallway Happy Hour 6:30 <i>Midweek Movie - Saving Mr. Banks [KGP]</i>	<div> Cognitive  Creative  Emotional  Physical  Purposeful  Sensory  Social  Spiritual</div>		