


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:15am Muscle Strength 10:15am Stretch & Flex 10:00am Resident Town Hall 12:30pm Mahjong <b>1:00pm Fall Door Décor Class with Marianne/Bayada</b> 2:00pm Rummicube 3:00pm Farkel  <i>* Step Out Fitness Program Begins *</i>	9:00am Fry's Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 12:30pm Mahjong <b>1:30pm You Be the Judge</b> 3:00pm Trivia	9:15am Muscle Strength 9:15am Coffee & Conversation 9:30am Shuffleboard 10:30 Tai Chi 2:00pm Bingo 6:00pm Movie	9:15am Sit & Be Fit (Video) 10:00am Knitting Club 10:00am Mexican Train 1:00pm Sticks & Cues <b>1:30 The U.S. Constitution and Basic Rights in the 21<sup>st</sup> Century</b> 3:00pm Happy Hour	9:00am Joan's Clay Class 9:30am Strength Exercise 2:00pm Arts & Crafts with Kitt 7:00pm Farkel
<b>National Punch Day 6</b> 10:00am Strength Exercise 1:00pm Bridge Club <b>1:30pm Serving Punch</b> 2:00pm Bingo 6:00pm Sunday Night Movie	<b>Happy Labor Day 7</b> 10:30am Better Balance (Virtual) <b>11:00am Labor Day Cocktail and Refreshment Stand</b> <b>1:30pm Understanding Cultures and The Religions of The World (Video Series)</b> 3:00pm Trivia 6:30pm Poker  <i>Labor Day</i>	<b>8</b> 9:15am Muscle Strength 10:15am Stretch & Flex 10:00am New Resident Orientation 12:30pm Mahjong <b>1:00pm Win, Lose or Draw</b> 1:30pm Creative Writing 2:00pm Rummicube 3:00pm Farkel	<b>9</b> 9:00am Fry's Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 12:30pm Mahjong 1:00pm Food Committee <b>1:30pm Lecture: Fall Prevention and Assessment with Bayada</b> 3:00pm Trivia	<b>10</b> 9:15am Muscle Strength 9:15am Coffee & Conversation 9:30am Shuffleboard 10:30 Tai Chi 2:00pm Bingo 6:00pm Movie	<b>11</b> 9:15am Sit & Be Fit (Video) 10:00am Knitting Club 10:00am Mexican Train 1:00pm Sticks & Cues <b>1:30 The U.S. Constitution and Basic Rights in the 21<sup>st</sup> Century</b> 3:00pm Happy Hour	<b>12</b> 9:00am Joan's Clay Class 9:30am Strength Exercise 1:00pm What's on Your Mind? With Harriet 2:00pm Arts & Crafts with Kitt 7:00pm Farkel
<b>Happy Grandparents Day! 13</b> 10:00am Strength Exercise 1:00pm Bridge Club 2:00pm Bingo 6:00pm Sunday Night Movie  <i>Grandparents Day</i>	<b>14</b> 9:00am - 12:00pm Walmart Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 1:30pm Understanding Cultures & The Religions of The World (Video Series) 3:00pm Trivia 6:30pm Poker	<b>National Chocolate Milkshake Day 15</b> 9:15am Muscle Strength 10:15am Stretch & Flex 12:30pm Mahjong 1:30 Book Club 1:00pm Tablet Time 2:00pm Chocolate Milkshakes 2:00pm Rummicube 3:00pm Farkel	<b>Mexican Independence Day 16</b> 9:00am Fry's Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 12:30pm Mahjong <b>1:30pm Mexican Independence Day Celebration</b> 3:00pm Trivia	<b>17</b> 9:15am Muscle Strength 9:15am Coffee & Conversation 9:30am Shuffleboard 10:30 Tai Chi 2:00pm Bingo 6:00pm Movie	<b>18</b> 9:15am Sit & Be Fit (Video) 10:00am Knitting Club 10:00am Mexican Train 1:00pm Sticks & Cues <b>1:30 The U.S. Constitution and Basic Rights in the 21<sup>st</sup> Century</b> 3:00pm Happy Hour  <i>Rosh Hashanah Begins</i>	<b>19</b> 9:00am Joan's Clay Class 9:30am Strength Exercise 1:30pm Poetry Group 2:00pm Arts & Crafts with Kitt 7:00pm Farkel  <i>Oktoberfest Begins</i>
10:00am Strength Exercise 1:00pm Bridge Club 2:00pm Bingo 6:00pm Sunday Night Movie  <b>20</b>	<b>21</b> 9:00am - 12:00pm Walmart Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 1:30pm Understanding Cultures & The Religions of The World (Video Series) 3:00pm Trivia 6:30pm Poker	<b>22</b> 9:15am Muscle Strength 10:15am Stretch & Flex 12:30pm Mahjong <b>1:30pm Creative Writing</b> 2:00pm Rummicube 3:00pm Farkel  <i>Autumn Begins</i>	<b>23</b> 9:00am Fry's Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 12:30pm Mahjong <b>1:30 Lecture: Fall Prevention with Assessment with Bayada</b> 3:00pm Trivia	<b>24</b> 9:15am Muscle Strength 9:15am Coffee & Conversation 9:30am Shuffleboard 10:30 Tai Chi 2:00pm Bingo 6:00pm Movie	<b>25</b> 9:15am Sit & Be Fit (Video) 10:00am Knitting Club 10:00am Mexican Train 1:00pm Sticks & Cues <b>1:30 The U.S. Constitution and Basic Rights in the 21<sup>st</sup> Century</b> 3:00pm Happy Hour	<b>26</b> 9:00am Joan's Clay Class 9:30am Strength Exercise 1:00pm What's on Your Mind? With Harriet 2:00pm Arts & Crafts with Kitt 7:00pm Farkel
10:00am Strength Exercise 1:00pm Bridge Club 2:00pm Bingo 6:00pm Sunday Night Movie  <b>27</b>  <i>Yom Kippur Begins</i>	<b>28</b> 9:00am - 12:00pm Walmart Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 1:30pm Understanding Cultures & The Religions of The World (Video Series) 3:00pm Trivia 6:30pm Poker	<b>29</b> 9:15am Muscle Strength 10:15am Stretch & Flex 12:30pm Mahjong 1:00pm Tablet Time 2:00pm Rummicube 3:00pm Farkel	<b>30</b> 9:00am Fry's Online Grocery Pick Up 8:30am Aqua Strength 10:30am Better Balance (Virtual) 12:30pm Mahjong <b>2:30pm September Birthday Cupcakes</b> 3:00pm Trivia	