



THE HIGHLANDS

A GRACE MGMT COMMUNITY

Week of September 20, 2020

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Minestrone	Garden Veggie	Fish Chowder	Creamy Tomato	Zucchini Sausage	Vegetable Barley	Red Pepper Bisque
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Glazed Ham	Parmesan Chicken	Burger Meatballs	Pork Roast	Citrus Sage Chicken	Grilled Swordfish	Flank Steak
	Carne Asada	Shrimp Creole	Chicken Marbella	Sautéed Haddock	Beef Brisket	Prime Rib	Asian Chicken Salad
Starch	Mashed Potato	Potato Wedges	Garlic Pasta	Mashed Potato	Baked Beans	Red Potatoes	Baked Potato
	Rice	Basmati Rice	Mashed yams	Fried Potatoes	Rice	Lemon Rice	Basmati Rice
Vegetables	Broccoli	Spinach	Cauliflower	Zucchini	Carrots	Broccoli	Root Veggies
	Vegetable Medley	Asparagus	Corn	Peas & Onions	Brussels Sprouts	Red Cabbage	Green Beans
Desserts	Apple Turnover	Brownie	Chocolate Marshmallow Cake	Mixed Berry Crisp	Bread Pudding	Angel Food Cake	Banana Cake
	Strawberry Rhubarb Pie	Key Lime Pie	Banana Cream Pie	Cupcake	Peanut Butter Pie	Ice Cream Sandwich	Apple Cobbler

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136
 24 Hr. notice is suggested. Highland Green Residents: \$1 delivery fee per address

