



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Friday Dinner Menu

SOUP

White Bean & Ham

ENTREES

Oven Fried Cod

Seasoned with Lemon Pepper and Garlic, Served with Tartar Sauce(optional)

Roasted Beef Tenderloin

Served with a Bearnaise Sauce (optional)

SIDES

Garlic Mashed Potato | Lemon Chive Rice
Fresh Asparagus | Italian Seasoned Green Beans

DESSERTS

Oatmeal Raisin Cookie
Pina Colada Cake

ICE CREAM

PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION