



THE HIGHLANDS  
A GRACE MGMT COMMUNITY

# Wednesday Dinner Menu

## SOUP

**Chicken Rice**

## ENTREES

**Seared BBQ Pub Steak**

Pan Seared Front Shoulder Cut, Tender, Served with BBQ Sauce

**Chilled Seared Salmon over Spring Mix**

Fresh greens, tomatoes, cucumbers and red onion, your choice of dressing

## SIDES

**Baked Potato | Pasta Salad**

**Roasted Carrots | Parmesan Cauliflower Mash**

## DESSERTS

**Frosted Banana Bar**

**Blueberry Cream Angel Dessert**

ICE CREAM

PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION