



THE HIGHLANDS  
A GRACE MGMT COMMUNITY  
Week of August 9, 2020

**Good to Go Dinner Menu \$15** (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Soups</b>	Basil Chicken	Italian Sausage	Cream of Cauliflower	Chicken Rice	Butternut Squash	White Bean & Ham	Creamy Veggie
<b>Salad</b>	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
<b>Entrees</b>	Chuck Roast	Baked Haddock	Parmesan Pork	BBQ Steak	Cacciatore	Oven Fried Cod	Lasagna
	Ginger Lime Chicken	Spaghetti & Meatballs	Chick Stir Fry	Salmon Salad	Shrimp Roll	Beef Tenderloin	Fried Chicken
<b>Starch</b>	Rice	Seasoned Rice	Mashed Potato	Baked Potato	Rice Pilaf	Mashed Potato	Mashed Potato
	Mashed Yams	Roasted Potatoes	Jasmine Rice	Pasta Salad	Herbed Corn	Lemon Chive Rice	Sausage Stuffing
<b>Vegetables</b>	Green Beans	Spinach	Yellow Squash	Carrots	Potato Salad	Asparagus	Zucchini
	Mushrooms	Veg Medley	Asparagus	Cauliflower Mash	Broccoli	Green Beans	Brussel Sprouts
<b>Desserts</b>	Lemon Pie	Pecan Pie	Peach Crisp	Blueberry Angel food Cake	Pear Crisp	Oatmeal Cookie	Peanut Butter Choc Crunch
	Brownie Bar	Bananas Foster	French Silk Pie	Banana Bar	Apple Pie	Pina Colada Cake	Pound Cake

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136  
24 Hr. notice is suggested. Highland Green Residents: \$1 delivery fee per address

