


August 2020 Life Enrichment-Governor King

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August cont'd 30 9:00 ★ Coffee Chat 10:00 🦋 First Congregational Church of Falmouth, MA-Live FB [GK] 11:00 🍷 Travelling around the World-IN2L 1:35 🍷 Boston vs Washington-NESN Channel 3:30 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation	31 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Bingo 2:30 📖 Independent Crossword, Word-search, Trivia Game Sheets 2:45 🍷 Music and Memories- Variety 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	📖 Cognitive 🦋 Creative 🦋 Emotional 🚶 Physical ★ Purposeful 🍷 Sensory 🍷 Social 🦋 Spiritual	 THE HIGHLANDS A GRACE MGMT COMMUNITY	30 Governors Way Topsham, ME 04086 (207) 725-2650	"Be sure you put your feet in the right place, then stand firm." — Abraham Lincoln	1 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🍷 Entertainment w/Will Ogmundson, piano 10:30 🚶 Ball Toss 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Movie Matinee 3:00 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation
2 9:00 ★ Coffee Chat 10:00 🦋 First Congregational Church of Falmouth, MA-Live FB [GK] 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Sunday Sunshine Club-Back Patio-Weather Permitted 3:30 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation	3 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Bingo 2:30 📖 Independent Crossword, Word-search, Trivia Game Sheets 2:45 🍷 PGA 72 Hole Championship 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	4 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Magic Show w/ Phil Smith 2:30 📖 Scrabble 3:30 🍷 Baseball Clips & Games-Google 6:00 🍷 Evening Lounge and relaxation	5 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Yoga w/ Stacey-Back Patio 11:00 🍷 Travelling around the World-IN2L 2:00 🍷 Wet Your Whistle Wednesday-Soda Shop Floats 2:30 📖 Crosswords Group Challenge 3:30 🍷 Karaoke Sing a Long 6:00 🍷 Evening Lounge and relaxation	6 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:15 🚶 Shuffle Board 2:30 🍷 Pencil Sketching- Still life 2:45 📖 Do You Recall 6:00 🍷 Evening Lounge and relaxation	7 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🍷 Dogs Day of Summer-Funny Doggy Videos 10:30 🍷 Scenic Ride (6 Person Limit) 1:00 🍷 Foreign Film Friday 1:15 📖 Book Club (Chapter reading & Discussion) 2:00 🍷 Ice Cream Social 2:45 🍷 Music & Memories-IN2L 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	8 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:30 🚶 Ball Toss 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Movie Matinee 3:00 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation
9 9:00 ★ Coffee Chat 10:00 🦋 Music with Red Gallagher [GK] 11:00 🍷 Travelling around the World-IN2L 1:35 🍷 Boston vs Toronto- Home Game ESEN 3:30 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation	10 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Bingo 2:30 📖 Independent Crossword, Word-search, Trivia Game Sheets 2:45 🍷 Music and Memories- Celebrating Elvis Week 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	11 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Jason Tardy Variety Show 2:30 📖 Scrabble Club 3:30 🍷 Elvis Trivia- Elvis Week 6:00 🍷 Evening Lounge and relaxation	12 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Yoga w/ Stacey-Back Patio 11:00 🍷 Travelling around the World-IN2L 1:30 🚶 Bocce Ball Challenge 2:00 🍷 Wet Your Whistle Wednesday-Soda Shop Floats 3:30 🍷 Karaoke Sing a Long 6:00 🍷 Evening Lounge and relaxation	13 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:15 🦋 Mix Media Art 2:45 🍷 Dominoes 6:00 🍷 Evening Lounge and relaxation	14 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🦋 Friday Funnies-You Tube 10:30 🍷 Scenic Ride (6 Person Limit) 1:00 🍷 Foreign Film Friday 1:15 📖 Book Club (Chapter reading & Discussion) 2:00 🍷 Ice Cream Social 2:45 🍷 Music & Memories-IN2L 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	15 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:30 🚶 Ball Toss 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Movie Matinee 3:00 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation
16 9:00 ★ Coffee Chat 10:00 🦋 First Congregational Church of Falmouth, MA-Live FB [GK] 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Sunday Sunshine Club-Back Patio-Weather Permitted 3:30 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation	17 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Bingo 2:30 📖 Baby Boomer Recognition Day-Boomer Facts 2:45 🍷 Music and Memories- Variety 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	18 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Jazz w/ Sue & Blue 2:30 📖 Scrabble Club 3:30 📖 100th Anniversary of Women's Right to Vote 6:00 🍷 Evening Lounge and relaxation	19 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Yoga w/ Stacey-Back Patio 11:00 🍷 Travelling around the World-IN2L 2:00 🍷 Wet Your Whistle Wednesday-Soda Shop Floats 2:30 📖 Board Games of Choice 3:30 🍷 Karaoke Sing a Long 6:00 🍷 Evening Lounge and relaxation	20 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:15 🚶 Ring Toss Challenge 2:45 📖 Survey Says: Guess answers to real survey's 6:00 🍷 Evening Lounge and relaxation	21 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🦋 Friday Funnies-You Tube 10:30 🍷 Scenic Ride (6 Person Limit) 1:00 🍷 Foreign Film Friday 1:15 📖 Book Club (Chapter reading & Discussion) 2:00 🍷 Ice Cream Social 2:45 🍷 Music & Memories-IN2L 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	22 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🍷 Entertainment w/Mike McCarthy, piano-GK Courtyard [GK] 10:30 🚶 Ball Toss 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Movie Matinee 3:00 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation
23 9:00 ★ Coffee Chat 10:00 🦋 First Congregational Church of Falmouth, MA-Live FB [GK] 11:00 🍷 Travelling around the World-IN2L 1:05 🍷 Boston vs Baltimore-NESN Channel 3:30 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation	24 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Bingo 2:30 📖 Independent Crossword, Word-search, Trivia Game Sheets 2:45 🍷 Music and Memories- Variety 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	25 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:00 🍷 Music w/ Ann Sparling 2:30 📖 Scrabble Club 3:00 🍷 2020 Baseball Highlights 6:00 🍷 Evening Lounge and relaxation	26 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Yoga w/ Stacey-Back Patio 11:00 🍷 Travelling around the World-IN2L 2:00 🍷 Wet Your Whistle Wednesday- Soda Shop Floats 2:30 📖 100th Anniversary of Women Equality Day-History, Trivia and More 3:30 🍷 Karaoke Sing a Long 6:00 🍷 Evening Lounge and relaxation	27 9:00 ★ Coffee Chat 9:30 🚶 Morning 1:1 Walks 9:30 🦋 Morning Hymns 10:00 ★ World News Live 10:30 🚶 Morning Stretch 11:00 🍷 Travelling around the World-IN2L 1:00 🦋 Creative Crafts 2:45 📖 Brain Games- Exercise your Mind 3:30 🍷 The Dean Martin Variety Show 6:00 🍷 Evening Lounge and relaxation	28 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:00 🦋 Friday Funnies-You Tube 10:30 🍷 Scenic Ride (6 Person Limit) 11:30 🍷 Dog Day of Summer Sizzlin' BBQ 1:30 🍷 Birthday Celebration w/ Dale Kneeland 2:00 🍷 Ice Cream Social 2:45 ★ "I Have A Dream" Day in History-Martin Luther King 3:00 🦋 Zoom Family Chat Hour 6:00 🍷 Evening Lounge and relaxation	29 9:00 ★ Coffee Chat 9:30 🦋 Morning Hymns 10:30 🚶 Ball Toss 11:00 🍷 Travelling around the World-IN2L 1:30 🍷 Movie Matinee 3:00 🚶 In House Strolls 4:30 🍷 Old Time Show 6:00 🍷 Evening Lounge and relaxation

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