

July 2020
Town Village Independent Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8222 S. Yale Ave. Tulsa, OK 74137 918-493-1200	“Freedom is not worth having if it does not include the freedom to make mistakes.” — Mohandas Gandhi	Cognitive Creative Emotional Physical Purposeful Sensory Social Spiritual	10:00 Steinmart Shopping 10:00 Whole Body Fitness 11:00 Rosary with Loretta 11:00 The Market Shops 1:45 Meditation w/Cherie [T] 2:30 Prayer with Margie [T] 3:00 <i>Charity Knit Wits</i> 4:00 Robert Smith Sings! 7:00 Classic Movie Night	10:00 Stretch & Tone 11:00 Computer & Phones 1:00 Karaoke w/Cherie 2:00 Biographies & Documentaries 2:00 Dime Bingo 3:00 Hymns & Gospel Songs [FR] 3:00 Mind Aerobics [CR] 3:30 Cranium Chunches 7:00 Comedy Movie Night	10:00 Whole Body Fitness 10:30 Visual Relaxation 10:45 Dollar Tree Shopping 1:00 Blood Pressure Checks 1:00 Opera/Symphony Concerts 1:30 Blazer Brothers 50's Rock 1:30 Drinks in the Garden 3:30 Trivia Challenge 7:00 Romance Movie Night	Independence Day! 9:00 Garden Gurus 10:00 Main Street BA 1:00 Wii Bowling Practice 2:00 L-C-R Dice Game 3:00 Easy Exercise Class [FR] 3:30 Visual Relaxation [FR] 4:00 Joyce Sings Patriotic 7:00 Movie "Yankee Doodle Dandy"
8:30 Church Transportation 11:00 Sunday Brunch 1:45 Walgreens & Whole Foods 3:00 Church Service w/Don 3:00 Computer & Phones 4:00 Candy Bingo 5:00 Smoothie Time! [B] 6:00 Skipbo & Rummikub 7:00 <i>Inspirational Movie</i>	10:00 Neighborhood Walmart 10:00 Sit & Be Fit 10:30 Beginners Painting 11:30 Home Computers w/Cherie 1:00 Advanced Painting 1:30 Super Walmart 3:15 Intermediate Painting 4:00 Ted Talks w/Cherie 7:00 Action Movie Night	10:00 Stretch & Tone 10:30 Play Pool! 1:00 Creative Craft Class 1:00 Wii Bowling Practice 1:30 Don's Devotionals 2:00 Bingo & Prizes 3:00 Armchair Travel 3:00 <i>Sew & Sew Club</i> 3:15 Line Dancing [FR] 7:00 Western Movie Night	10:00 Kohl's/Shoe Carnival Shopping 10:00 Whole Body Fitness 11:00 Rosary with Loretta 1:45 Meditation w/Cherie [T] 2:30 Prayer with Margie [T] 3:00 <i>Charity Knit Wits</i> 4:00 Robert Smith Sings! 7:00 Classic Movie Night	10:00 Stretch & Tone 11:00 Computer & Phones 1:00 Karaoke w/Cherie 2:00 Biographies & Documentaries 2:00 Dime Bingo 3:00 Hymns & Gospel Songs [FR] 3:00 Mind Aerobics [CR] 3:30 Word Mining 7:00 Comedy Movie Night	10:00 Whole Body Fitness 10:30 Visual Relaxation 10:45 Dollar Tree Shopping 1:00 Blood Pressure Checks 1:00 Opera/Symphony Concerts 1:30 Drinks in the Garden 3:30 Trivia Challenge 4:00 Robert Smith Sings! [DR] 7:00 Romance Movie Night	9:00 Garden Gurus 10:00 Porter Peach Barn 1:00 Wii Bowling Practice 2:00 L-C-R Dice Game 3:00 Easy Exercise Class [FR] 3:30 Visual Relaxation [FR] 3:45 Poet's Circle [FR] 4:00 Joyce Widick Sings 7:00 Adventure Movie Night
8:30 Church Transportation 11:00 Sunday Brunch 1:45 Walgreens & Whole Foods 3:00 Church Service w/Don 3:00 Computer & Phones 4:00 Candy Bingo 5:00 Smoothie Time! [B] 6:00 Skipbo & Rummikub 7:00 <i>Inspirational Movie</i>	10:00 Neighborhood Walmart 10:00 Sit & Be Fit 10:30 Beginners Painting 11:30 Home Computers w/Cherie 1:00 Advanced Painting 1:30 Super Walmart 2:00 Netflix Matinee 3:15 Intermediate Painting 7:00 Action Movie Night	10:00 Ambassador Meeting 10:00 Stretch & Tone 10:30 Play Pool! 1:00 Creative Craft Class 1:00 Wii Bowling Practice 1:30 Don's Devotionals 2:00 Bingo & Prizes 3:00 <i>Sew & Sew Club</i> 3:15 Line Dancing [FR] 7:00 Western Movie Night	10:00 Tulsa Hills Shopping 10:00 Whole Body Fitness 10:45 Porter Peach Barn 11:00 Rosary with Loretta 1:45 Meditation w/Cherie [T] 2:30 Prayer with Margie [T] 3:00 <i>Charity Knit Wits</i> 4:00 Robert Smith Sings! 7:00 Classic Movie Night	10:00 Stretch & Tone 11:00 Computer & Phones 1:00 Karaoke w/Cherie 2:00 Biographies & Documentaries 2:00 Dime Bingo 3:00 Hymns & Gospel Songs [FR] 3:00 Mind Aerobics [CR] 3:30 Crossword Puzzles 7:00 Comedy Movie Night	10:00 Whole Body Fitness 10:30 Visual Relaxation 10:45 Dollar Tree Shopping 1:00 Blood Pressure Checks 1:00 Opera/Symphony Concerts 1:30 Drinks in the Garden 1:30 John Southern Plays 3:30 Trivia Challenge 7:00 Romance Movie Night	9:00 Garden Gurus 10:00 Pretty Water Lake 1:00 Wii Bowling Practice 2:00 L-C-R Dice Game 3:00 Easy Exercise Class [FR] 3:30 Visual Relaxation [FR] 3:45 Laugh Club 4:00 Joyce Widick Sings 7:00 Adventure Movie Night
8:30 Church Transportation 11:00 Sunday Brunch 1:45 Walgreens & Whole Foods 3:00 Church Service w/Don 3:00 Computer & Phones 4:00 Candy Bingo 5:00 Smoothie Time! [B] 6:00 Skipbo & Rummikub 7:00 <i>Inspirational Movie</i>	10:00 Neighborhood Walmart 10:00 Sit & Be Fit 10:30 Beginners Painting 11:30 Home Computers w/Cherie 1:00 Advanced Painting 1:30 Super Walmart 2:00 Netflix Matinee 3:15 Intermediate Painting 7:00 Action Movie Night	10:00 Stretch & Tone 10:30 Play Pool! 1:00 Creative Craft Class 1:00 Wii Bowling Practice 1:30 Don's Devotionals 3:00 Armchair Travel 3:00 <i>Sew & Sew Club</i> 3:15 Line Dancing [FR] 7:00 Western Movie Night	10:00 Whole Body Fitness 10:00 Woodland Hills Mall 11:00 Rosary with Loretta 11:00 Windsor Market Shop 1:45 Meditation w/Cherie [T] 2:30 Prayer with Margie [T] 3:00 <i>Charity Knit Wits</i> 4:00 Robert Smith Sings! 7:00 Classic Movie Night	10:00 Stretch & Tone 11:00 Computer & Phones 1:00 Karaoke w/Cherie 2:00 Biographies & Documentaries 2:00 Dime Bingo 3:00 Hymns & Gospel Songs [FR] 3:00 Mind Aerobics [CR] 3:30 Word Pyramids 7:00 Comedy Movie Night	10:00 Whole Body Fitness 10:30 Visual Relaxation 10:45 Dollar Tree Shopping 1:00 Blood Pressure Checks 1:00 Opera/Symphony Concerts 1:30 Accordionist, Nick B. 1:30 Drinks in the Garden 3:30 Trivia Challenge 4:00 Captain's B-Day Table 7:00 Romance Movie Night	9:00 Garden Gurus 10:00 Woolaroc Museum 1:00 Wii Bowling Practice 2:00 L-C-R Dice Game 3:00 Easy Exercise Class [FR] 3:30 Visual Relaxation [FR] 3:45 Laugh Club 4:00 Joyce Widick Sings 7:00 Adventure Movie Night
8:30 Church Transportation 11:00 Sunday Brunch 1:45 Walgreens & Whole Foods 3:00 Church Service w/Don 3:00 Computer & Phones 4:00 Candy Bingo 5:00 Smoothie Time! [B] 6:00 Skipbo & Rummikub 7:00 <i>Inspirational Movie</i>	10:00 Neighborhood Walmart 10:00 Sit & Be Fit 10:30 Beginners Painting 11:30 Home Computers w/Cherie 1:00 Advanced Painting 1:30 Super Walmart 2:00 Netflix Matinee 3:15 Intermediate Painting 7:00 Action Movie Night	10:00 Stretch & Tone 10:30 Play Pool! 1:00 Creative Craft Class 1:00 Wii Bowling Practice 1:30 Don's Devotionals 3:00 Armchair Travel 3:00 <i>Sew & Sew Club</i> 3:15 Line Dancing [FR] 7:00 Western Movie Night	10:00 Target Shopping 10:00 Whole Body Fitness 11:00 Rosary with Loretta 1:45 Meditation w/Cherie [T] 2:30 Prayer with Margie [T] 3:00 <i>Charity Knit Wits</i> 3:30 Alz/Dementia Group [T] 4:00 Robert Smith Sings! 7:00 Classic Movie Night	10:00 Stretch & Tone 11:00 Computer & Phones 1:00 Karaoke w/Cherie 2:00 All Staff Meeting [FR] 2:00 Biographies & Documentaries 2:00 Dime Bingo 3:00 Hymns & Gospel Songs [FR] 3:00 Mind Aerobics [CR] 7:00 Comedy Movie Night	10:00 Whole Body Fitness 10:30 Visual Relaxation 10:45 Dollar Tree Shopping 1:00 Blood Pressure Checks 1:00 Opera/Symphony Concerts 1:30 Drinks in the Garden 1:30 Robert Combs Sings 3:30 Trivia Challenge 7:00 Romance Movie Night	HAPPY 4th of July DAY!