July 2020 The Residence at Bethel Park 5851 Keystone Drive Bethel Park, Pa. 15102 (412) 835-9500						
					Friday	with QUGCIU
Sunday  THE RESIDENCE AT BETHEL PARK A GRACE MGMT COMMUNITY	Monday  ☐ Cognitive	Tuesday	Wednesday  10:00 ↔ Exercise Video [on 4]  11:00  Bingo [AR]  1:30 ↔ Wednesday Walk  2:00 ↔ Sit & Be Fit - Low Impact Seated Exercise [AR]  3:00 ★ Ambassadors for The Residence at Bethel Park Meeting [AR]  4:00  Bingo [AR]  7:15  Movie Night [on 4]	Decorate with Red-White and Blue Today  10:00	Friday  Wear Red-White and Blue Today!  8:00 ★ Pick Up Your Box Supper [DR]  10:00 ➡ Exercise Video [on 4]  12:00 ➡ Holiday Celebration Featuring Mikey Dee, the Kona Shaved Ice Truck, and an Eat-In / Cook Out!  3:00 ★ Rosary [on 4]  3:30 ➡ Social Hour [Pub]  7:15 ➡ Movie Night Featuring Top Gun-Happy Birthday Tom Cruise [on 4]	Independence Day 8:00 ★ Pick Up Your Box Supper [DR] 10:00 ↔ Exercise Video [on 4] 2:00 ↔ Saturday Stroll 7:15 ❤ Movie Night Featuring Will Smith in Independence Day [on 4]
12:00 Pick Up a New Puzzle Packet [AR]	5 10:00 ♣ Exercise Video [on 4] 10:00 ★ Giant Eagle/ Walmart/PNC [Outing] 2:00 ★ Bethel Park Library [Outing] 2:00 巻 Movie Matinee is "Creed"-Happy Birthday Sylvester Gardenzio Stallone [on 4]	10:00 → Exercise Video [on 4]  11:00  Bingo [AR]  2:00 → Sit & Be Fit - Low Impact Seated Exercise [AR]  3:00  Bingo [AR]		Shout "Tango" When You Win at Bingo!  10:00  ➡ Exercise Video [on 4]  11:00  █ Bingo [AR]  2:00  ★ Giant Eagle and Walmart [Outing]  2:00  ➡ Sit & Be Fit - Low Impact Chair Exercise [AR]  3:00  █ Bingo [AR]  4:00  █ Mindbenders, Trivia, Fun Facts and More! [AR]	10:00 ★ Dollar Store/ South Park Shops [Outing]  10:00 ★ Exercise Video [on 4] 2:00 ★ Hobby Lobby [Outing] 2:00 ❷ Yahtzee 3:00 ❤ Rosary [on 4] 3:30 ❷ Social Hour [Pub] 7:15 ❷ Movie Night [on 4]	10:00 → Exercise Video [on 4]  11:00
12:00 Pick Up a New Puzzle Packet [AR]	2 10:00 → Exercise Video [on 4] 10:00 ★ Giant Eagle/ Walmart/ PNC	Happy July Birthdays! Photos All Day in the Lobby  10:00	Getting to Know You Month  10:00 → Exercise Video [on 4]  11:00 ⋑ Bingo [AR]  1:30 → Wednesday Walk  2:00 ቕ Meet and Greet Our New Residents - 2nd & 4th Floors May Attend [AR]  3:00 ቕ Meet and Greet Our New Residents-1st & 3rd Floors May Attend [AR]  4:00 ⋑ Bingo [AR]  7:15 ቕ Movie Night [on 4]	Thirsty Thursday 10:00	10:00 → Exercise Video [on 4]  2:00 → Sit & Be Fit - Low Impact Seated Exercise [AR]  3:00 ★ Rosary [on 4]  3:30 ♣ Social Hour [Pub]  7:15 ♣ Movie Night [on 4]	10:00 → Exercise Video [on 4]  11:00  Bingo [AR]  2:00 ★ Kohl's / Marshalls/ Village Square Shops [Outing]  2:00 → Saturday Stroll  2:00 → Sit & Be Fit - Low Impact Chair Exercise [AR]  3:00  Bingo [AR]  7:15  Movie Night [on 4]
12:00 Pick Up a New Puzzle Packet [AR]	National Lollipop Day 10:00 → Exercise Video [on 4] 10:00 ★ Giant Eagle/ Walmart/ PNC [Outing] 2:00 ★ Bethel Park Library	Of Course, It's HORSE - Bingo!  10:00 → Exercise Video [on 4]  11:00		Gorgeous Grandma Day with Props and Photos!  10:00	10:00 ★ Dollar Store/ South Park Shops [Outing]  10:00 ➡ Exercise Video [on 4] 2:00 ❷ Mindbenders and More- Word in a Word [AR]  3:00 ❤ Rosary [on 4] 3:30 ❷ Social Hour [Pub] 7:15 ❷ Movie Night [on 4]	Hot Fudge Sundae Day!  10:00
12:00 Pick Up a New Puzzle Packet [AR]	6 10:00 ♣ Exercise Video [on 4] 10:00 ★ Giant Eagle/ Walmart/ PNC [Outing] 2:00 ★ Macy's and South Hills Village [Outing]	10:00 •• Exercise Video [on 4]	[on 4] 29 11:00  Bingo [AR] 1:30  Wednesday Walk 2:30  Tea Social-Wear Your	10:00  Bingo [AR] 10:00  Exercise Video [on 4] 11:00  Bingo [AR] 2:00  Giant Eagle and Walmart [Outing] 2:00  Table Talk with Chef Glenn [Bistro] 3:00  Sit & Be Fit - Low Impact Chair Exercise [AR]	10:00 → Exercise Video [on 4]  10:00 ★ Shop at Aldi's [Outing]  3:00 ★ Rosary [on 4]  3:30 ★ Social Hour [Pub]  7:15 ★ Movie Night [on 4]	Location Keys  Activity Room AR  Bistro Bistro  Dining Room DR  Lobby LB  Outing Outing  Pub Pub  on 4 on 4