

May 2020
Town Village Independent Senior Living



created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May cont'd 31 11:00 ➡ Outdoor Games w/ Cherie 1:00 🍄 Play Pool [2P] 2:00 ➡ Cherie's Outdoor Walking Club 3:00 🦋 Church Service w/Don 3:00 📖 Computer & Phones 4:00 🍄 Candy Bingo 5:00 🍄 Smoothie Time! [B] 7:00 💖 Inspirational Movie	8222 S. Yale Ave. Tulsa, OK 74137 918-493-1200	"Look deep into nature and you will understand everything better" — Albert Einstein	📖 Cognitive 🦋 Creative 💖 Emotional ➡ Physical ★ Purposeful 🍄 Sensory 🍄 Social 🦋 Spiritual	HAPPY MOTHER'S DAY!	9:30 ➡ Whole Body Fitness 10:30 🍄 Visual Relaxation [T] 1:00 🍄 Blood Pressure Checks 2:00 🍄 Drinks in the Garden 2:00 🍄 Fun In The Sun 2:30 ★ Wii Bowling Practice 3:00 💖 Opera/Symphony Concerts 3:30 📖 Trivia Challenge [CR] 4:00 💖 Robert Smith Sings! 7:00 💖 Romance Movie Night [T]	Derby Day! 9:30 ➡ Walking Club 10:00 ★ Garden Gurus 11:00 💖 Beach Ball Volleyball 1:00 ★ Wii Bowling Practice 1:30 💖 Scenic Drive 3:00 ➡ Easy Exercise Class [FR] 3:30 🍄 Visual Relaxation [FR] 4:00 🍄 Laugh Club [FR] 5:00 🍄 Watch Kentucky Derby! 7:00 🍄 Adventure Movie Night
3 11:00 ➡ Outdoor Games w/Cherie 1:00 🍄 Play Pool [2P] 2:00 ➡ Cherie's Outdoor Walking Club 3:00 🦋 Church Service w/Don 3:00 📖 Computer & Phones 4:00 🍄 Candy Bingo 5:00 🍄 Smoothie Time! [B] 7:00 💖 Inspirational Movie	4 9:30 ➡ Sit & Be Fit 10:30 ★ Beginners Painting 11:00 ➡ Games with Cherie 1:00 🦋 Advanced Painting 2:00 💖 Meditation w/Cherie [T] 3:00 🍄 Sing-A-Long w/Mary [FR] 3:15 🦋 Intermediate Painting 4:00 💖 Armchair Travel [T] 7:00 🍄 Action Movie Night [T]	5 Cinco de Mayo! 10:00 ➡ Stretch & Tone 11:00 ➡ Mexican Music & Games 1:00 🦋 Creative Craft Class 1:00 ★ Wii Bowling Practice 1:30 🦋 Don's Devotionals 2:00 🍄 Bingo & Prizes 3:00 ★ Sew & Sew Club 3:15 ➡ Line Dancing [FR] 4:00 📖 Ted Talks w/Cherie [T] 7:00 🍄 Western Movie Night [T]	6 Nat'l Nurses Week 9:30 ➡ Whole Body Fitness 10:30 💖 Scenic Drive 11:00 🦋 Rosary with Loretta 1:00 ➡ Ladder Ball Toss 2:00 🍄 Meditation w/Cherie [T] 2:30 🦋 Prayer with Margie [T] 3:00 ★ Charity Knit Wits 4:00 💖 Robert Smith Sings! 7:00 🍄 Classic Movie Night [T]	7 10:00 ➡ Stretch & Tone 10:30 🍄 Deep Breathing & Relaxation [FR] 11:00 📖 Computer & Phones 1:00 ★ Karaoke w/Cherie [T] 2:00 🍄 Dime Bingo 3:00 📖 Mind Aerobics [CR] 3:30 📖 Crossword Puzzles [CR] 4:00 ➡ Health & Nutrition Class [T] 7:00 🍄 Comedy Movie Night	8 9:30 ➡ Whole Body Fitness 10:30 🍄 Visual Relaxation [T] 1:00 🍄 Blood Pressure Checks 2:00 🍄 Drinks in the Garden 2:00 🍄 Fun In The Sun 2:30 ★ Wii Bowling Practice 3:00 💖 Opera/Symphony Concerts 3:30 📖 Trivia Challenge [CR] 4:00 🍄 Birthday Bash [DR] 4:00 💖 Robert Smith Sings! 7:00 💖 Romance Movie Night [T]	9 9:30 ➡ Walking Club 10:00 ★ Garden Gurus 11:00 💖 Beach Ball Volleyball 1:00 ★ Wii Bowling Practice 1:30 💖 Scenic Drive 3:00 ➡ Easy Exercise Class [FR] 3:30 🍄 Visual Relaxation [FR] 4:00 🍄 Laugh Club [FR] 7:00 🍄 Adventure Movie Night
10 Mother's Day 11:00 ➡ Outdoor Games w/ Cherie 1:00 🍄 Play Pool [2P] 2:00 ➡ Cherie's Outdoor Walking Club 3:00 🦋 Church Service w/Don 3:00 📖 Computer & Phones 4:00 🍄 Candy Bingo 5:00 🍄 Smoothie Time! [B] 5:30 🦋 Mother's Day Concert [T] 7:00 💖 Inspirational Movie	11 9:30 ➡ Sit & Be Fit 10:30 ★ Beginners Painting 11:00 ➡ Games with Cherie 1:00 🦋 Advanced Painting 2:00 💖 Meditation w/Cherie [T] 3:00 🍄 Sing-A-Long w/Mary [FR] 3:15 🦋 Intermediate Painting 4:00 💖 Armchair Travel [T] 7:00 🍄 Action Movie Night [T]	12 10:00 ➡ Stretch & Tone 10:45 ★ Ambassador Meeting 11:00 ➡ Bean Bag Toss 1:00 🦋 Creative Craft Class 1:00 ★ Wii Bowling Practice 1:30 🦋 Don's Devotionals 2:00 🍄 Bingo & Prizes 3:00 ★ Sew & Sew Club 3:15 ➡ Line Dancing [FR] 4:00 📖 Ted Talks w/Cherie [T] 7:00 🍄 Western Movie Night [T]	13 9:30 ➡ Whole Body Fitness 10:30 💖 Scenic Drive 11:00 🦋 Rosary with Loretta 1:00 ➡ Ladder Ball Toss 2:00 🍄 Meditation w/Cherie [T] 2:30 🦋 Prayer with Margie [T] 3:00 ★ Charity Knit Wits 4:00 💖 Robert Smith Sings! 7:00 🍄 Classic Movie Night [T]	14 10:00 ➡ Stretch & Tone 10:30 🍄 Deep Breathing & Relaxation [FR] 11:00 📖 Computer & Phones 1:00 ★ Karaoke w/Cherie [T] 2:00 🍄 Dime Bingo 3:00 📖 Mind Aerobics [CR] 3:30 📖 Cranium Crunches [CR] 4:00 ➡ Health & Nutrition Class [T] 7:00 🍄 Comedy Movie Night	15 9:30 ➡ Whole Body Fitness 10:30 🍄 Visual Relaxation [T] 1:00 🍄 Blood Pressure Checks 2:00 🍄 Drinks in the Garden 2:00 🍄 Fun In The Sun 2:30 ★ Wii Bowling Practice 3:00 💖 Opera/Symphony Concerts 3:30 📖 Trivia Challenge [CR] 4:00 💖 Robert Smith Sings! 7:00 💖 Romance Movie Night [T]	16 Good Neighbor Day! 9:30 ➡ Walking Club 10:00 ★ Garden Gurus 11:00 💖 Beach Ball Volleyball 1:00 ★ Wii Bowling Practice 1:30 💖 Scenic Drive 3:00 ➡ Easy Exercise Class [FR] 3:30 🍄 Visual Relaxation [FR] 4:00 🍄 Laugh Club [FR] 7:00 🍄 Adventure Movie Night
17 11:00 ➡ Outdoor Games w/Cherie 1:00 🍄 Play Pool [2P] 2:00 ➡ Cherie's Outdoor Walking Club 3:00 🦋 Church Service w/Don 3:00 📖 Computer & Phones 4:00 🍄 Candy Bingo 5:00 🍄 Smoothie Time! [B] 7:00 💖 Inspirational Movie	18 9:30 ➡ Sit & Be Fit 10:30 ★ Beginners Painting 11:00 ➡ Games with Cherie 1:00 🦋 Advanced Painting 2:00 💖 Meditation w/Cherie [T] 3:00 🍄 Sing-A-Long w/Mary [FR] 3:15 🦋 Intermediate Painting 4:00 💖 Armchair Travel [T] 7:00 🍄 Action Movie Night [T]	19 10:00 ➡ Stretch & Tone 11:00 ➡ Bean Bag Toss 1:00 🦋 Creative Craft Class 1:00 ★ Wii Bowling Practice 1:30 🦋 Don's Devotionals 3:00 ★ Sew & Sew Club 3:15 ➡ Line Dancing [FR] 4:00 📖 Ted Talks w/Cherie [T] 7:00 🍄 Western Movie Night [T]	20 9:30 ➡ Whole Body Fitness 10:30 💖 Scenic Drive 11:00 🦋 Rosary with Loretta 1:00 ➡ Ladder Ball Toss 2:00 🍄 Meditation w/Cherie [T] 2:30 🦋 Prayer with Margie [T] 3:00 ★ Charity Knit Wits 4:00 💖 Robert Smith Sings! 7:00 🍄 Classic Movie Night [T]	21 10:00 ➡ Stretch & Tone 10:30 🍄 Deep Breathing & Relaxation [FR] 11:00 📖 Computer & Phones 1:00 ★ Karaoke w/Cherie [T] 2:00 🍄 Dime Bingo 3:00 📖 Mind Aerobics [CR] 3:30 📖 Word Mining [CR] 4:00 ➡ Health & Nutrition Class [T] 7:00 🍄 Comedy Movie Night	22 9:30 ➡ Whole Body Fitness 10:30 🍄 Visual Relaxation [T] 1:00 🍄 Blood Pressure Checks 2:00 🍄 Drinks in the Garden 2:00 🍄 Fun In The Sun 2:30 ★ Wii Bowling Practice 3:00 💖 Opera/Symphony Concerts 3:30 📖 Trivia Challenge [CR] 4:00 💖 Robert Smith Sings! 7:00 💖 Romance Movie Night [T]	23 9:30 ➡ Walking Club 10:00 ★ Garden Gurus 11:00 💖 Beach Ball Volleyball 1:00 ★ Wii Bowling Practice 1:30 💖 Scenic Drive 3:00 ➡ Easy Exercise Class [FR] 3:30 🍄 Visual Relaxation [FR] 4:00 🍄 Laugh Club [FR] 7:00 🍄 Adventure Movie Night
24 11:00 ➡ Outdoor Games w/Cherie 1:00 🍄 Play Pool [2P] 2:00 ➡ Cherie's Outdoor Walking Club 3:00 🦋 Church Service w/Don 3:00 📖 Computer & Phones 4:00 🍄 Candy Bingo 5:00 🍄 Smoothie Time! [B] 7:00 💖 Inspirational Movie	25 Memorial Day 9:30 ➡ Sit & Be Fit 10:30 ★ Beginners Painting 11:00 ➡ Games with Cherie 1:00 🦋 Advanced Painting 2:00 💖 Meditation w/Cherie [T] 3:00 🍄 Sing-A-Long w/Mary [FR] 3:15 🦋 Intermediate Painting 4:00 💖 Armchair Travel [T] 7:00 🍄 Action Movie Night [T]	26 10:00 ➡ Stretch & Tone 11:00 ➡ Bean Bag Toss 1:00 🦋 Creative Craft Class 1:00 ★ Wii Bowling Practice 1:30 🦋 Don's Devotionals 3:00 ★ Sew & Sew Club 3:15 ➡ Line Dancing [FR] 4:00 📖 Ted Talks w/Cherie [T] 7:00 🍄 Western Movie Night [T]	27 Sr. Health/Fitness Day 9:30 ➡ Whole Body Fitness 10:30 💖 Scenic Drive 11:00 🦋 Rosary with Loretta 1:00 ➡ Ladder Ball Toss 2:00 🍄 Meditation w/Cherie [T] 2:30 🦋 Prayer with Margie [T] 3:00 ★ Charity Knit Wits 3:30 📖 Alz/Dementia Group [T] 4:00 💖 Robert Smith Sings! 7:00 🍄 Classic Movie Night [T]	28 10:00 ➡ Stretch & Tone 10:30 🍄 Deep Breathing & Relaxation [FR] 11:00 📖 Computer & Phones 1:00 ★ Karaoke w/Cherie [T] 2:00 ★ All Staff Meeting [FR] 2:00 🍄 Dime Bingo 3:00 📖 Mind Aerobics [CR] 3:30 📖 Word Pyramid 4:00 ➡ Health & Nutrition Class [T] 7:00 🍄 Comedy Movie Night	29 9:30 ➡ Whole Body Fitness 10:30 🍄 Visual Relaxation [T] 1:00 🍄 Blood Pressure Checks 2:00 🍄 Drinks in the Garden 2:00 🍄 Fun In The Sun 2:30 ★ Wii Bowling Practice 3:00 💖 Opera/Symphony Concerts 3:30 📖 Trivia Challenge [CR] 4:00 💖 Robert Smith Sings! 7:00 💖 Romance Movie Night [T]	30 9:30 ➡ Walking Club 10:00 ★ Garden Gurus 11:00 💖 Beach Ball Volleyball 1:00 ★ Wii Bowling Practice 1:30 💖 Scenic Drive 3:00 ➡ Easy Exercise Class [FR] 3:30 🍄 Visual Relaxation [FR] 4:00 🍄 Laugh Club [FR] 7:00 🍄 Adventure Movie Night

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