



May 2020 Monthly Activities							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div>May cont'd</div> <div>31</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>3:30 📖 Bingo! [CL]</div> <div>7:15 🎬 Movie Night CC - Paris When It Sizzles [TC]</div>	<div></div> <div>THE LANDON AT LAKE HIGHLANDS A GRACE MGMT COMMUNITY</div> <div>8501 Lullwater Dr. Dallas, TX 75238 2143436400</div>				<div>1</div> <div>9:00 ⭐ Preferred Podiatry [CC]</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Basic Water Aerobics [P]</div> <div>10:00 ➡ Basic Water Aerobics [P]</div> <div>10:30 ➡ Strength Training [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Line Dancing Video [MR]</div> <div>2:00 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>2:30 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>3:00 📖 Bingo! [CL]</div> <div>3:00 🍷 Happy Hour Adventure</div> <div>7:15 🎬 Movie Night NCC - O Brother, Where Art Thou? [TC]</div>	<div>2</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>2:30 🎬 Movie Matinee ReRun NCC - Grumpy Old Men [TC]</div> <div>7:15 🎬 Movie Night ReRun NCC - Grumpy Old Men [TC]</div>	<div>📖 Cognitive</div> <div>🧠 Creative</div> <div>💖 Emotional</div> <div>➡ Physical</div> <div>⭐ Purposeful</div> <div>🌸 Sensory</div> <div>👥 Social</div> <div>🦋 Spiritual</div>
<div>3</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>3:30 📖 Bingo! [CL]</div> <div>7:15 🎬 Movie Night ReRun CC - Fiddler On the Roof [TC]</div>	<div>4</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Water in Motion [P]</div> <div>10:00 ➡ Water in Motion [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>2:00 ➡ Step in Motion: Basic Step Class [MR]</div> <div>7:15 🎬 Movie Night ReRun CC - Meet Joe Black [TC]</div>	<div>5</div> <div>Cinco De Mayo</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Aqua Bodyworks [P]</div> <div>10:00 ➡ Aqua Bodyworks [P]</div> <div>10:00 🎮 The Sun Shine Club - Shuffleboard [LR]</div> <div>11:00 ➡ Chair Yoga with Heather - Group 1 [TC]</div> <div>11:20 ➡ Chair Yoga with Heather - Group 2 [TC]</div> <div>1:30 🐾 Pet Play [MR]</div> <div>3:00 📖 Learning Electronics with Donald [BC]</div> <div>4:00 🎵 Mariachi Michoacan Band Performance Happy Hour [E]</div> <div>7:15 🎬 Movie Night ReRun NCC - Three Amigos [TC]</div>	<div>6</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:45 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>10:15 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>11:05 ➡ Chair Aerobics & Strength Class - Group 1 [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance [FC]</div> <div>11:35 ➡ Chair Aerobics & Strength Class - Group 2 [TC]</div> <div>3:00 ➡ The Sunshine Club - Ring Toss</div> <div>7:15 🎬 Movie Night CC - Vegas Vacation [TC]</div>	<div>7</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Advance Water Aerobics [P]</div> <div>10:00 ➡ Advanced Water Aerobics [P]</div> <div>10:00 ➡ Bodyworks [TC]</div> <div>10:30 ➡ Bodyworks [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>3:00 📖 The Sun Shine Club - Craft [LR]</div> <div>7:15 🎬 Movie Night ReRun CC - Shall We Dance? [TC]</div>	<div>8</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Basic Water Aerobics [P]</div> <div>10:00 ➡ Basic Water Aerobics [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Line Dancing Video [MR]</div> <div>2:00 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>2:30 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>3:00 🍷 Happy Hour Adventure</div> <div>7:15 🎬 Movie Night NCC - Munich [TC]</div>	<div>9</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>2:30 🎬 Movie Matinee CC - Grumpier Old Men [TC]</div> <div>7:15 🎬 Movie Night CC - Grumpier Old Men [TC]</div>	<div>Location Keys</div> <div>Business Center</div> <div>Care Concierge</div> <div>Champagne Lounge</div> <div>Entrance</div> <div>Fitness Center</div> <div>Lobby Living Room</div> <div>Multipurpose Room</div> <div>Pool</div> <div>Theater Central</div> <div>BC</div> <div>CC</div> <div>CL</div> <div>E</div> <div>FC</div> <div>LR</div> <div>MR</div> <div>P</div> <div>TC</div>
<div>Mother's Day</div> <div>10</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>3:30 🍷 Bingo [CL]</div> <div>7:15 🎬 Movie Night CC - Failure To Launch [TC]</div>	<div>11</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Water in Motion [P]</div> <div>10:00 ➡ Water in Motion [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Step into Motion: Basic Step Class [MR]</div> <div>2:00 🎧 Musingo - Virtual Class [TC]</div> <div>3:00 📖 Let's Talk with Rachel: The Grieving Process [CL]</div> <div>7:15 🎬 Movie Night CC - Meet The Parents [TC]</div>	<div>12</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Aqua Bodyworks [P]</div> <div>10:00 ➡ Aqua Bodyworks [P]</div> <div>10:00 🎮 The Sun Shine Club - Corn Hole [LR]</div> <div>11:00 ➡ Chair Yoga with Heather - Group 1 [TC]</div> <div>11:20 ➡ Chair Yoga with Heather - Group 2 [TC]</div> <div>1:30 🐾 Pet Play [MR]</div> <div>2:00 ⭐ Food Committee Meeting [CL]</div> <div>2:00 🦋 Sharing Our Faith with David Jeremiah [TC]</div> <div>3:00 📖 Learning Electronics with Donald [BC]</div> <div>7:15 🎬 Movie Night NCC - Dr. Jeckyll and Mr. Hyde [TC]</div>	<div>13</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:45 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>10:15 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>11:05 ➡ Chair Aerobics & Strength Class - Group 1 [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance [FC]</div> <div>11:35 ➡ Chair Aerobics & Strength Class - Group 2 [TC]</div> <div>2:00 📖 Landon Lecture Series - "Surprises Galore in Gershwin's Incomparable Rhapsody in Blue" [MR]</div> <div>3:00 ➡ The Sunshine Club - Croquet</div> <div>4:30 🍷 Happy Hour On Wheels</div> <div>7:15 🎬 Movie Night CC - The Book Thief [TC]</div>	<div>14</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Advance Water Aerobics [P]</div> <div>10:00 ➡ Advanced Water Aerobics [P]</div> <div>10:00 ➡ Stretch to Your Health [MR]</div> <div>10:30 ➡ Stretch to Your Health [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>3:00 📖 The Sun Shine Club - Craft [LR]</div> <div>7:15 🎬 Movie Night CC - Don't Say A Word [TC]</div>	<div>15</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Basic Water Aerobics [P]</div> <div>10:00 ➡ Basic Water Aerobics [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Line Dancing Video [MR]</div> <div>2:00 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>2:30 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>3:00 📖 Bingo! [CL]</div> <div>3:00 🍷 Happy Hour Adventure</div> <div>7:15 🎬 Movie Night NCC - Pat and Mike [TC]</div>	<div>National Do Something Good for Your Neighbor Day</div> <div>16</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>2:30 🎬 Movie Matinee NCC - Dracula Dead and Loving It [TC]</div> <div>7:15 🎬 Movie Night NCC - Dracula Dead and Loving It [TC]</div>	<div>Happy Birthday To You!</div> <div>2nd - Bud Lewis</div> <div>5th - Edythe Clements</div> <div>8th - Jan Gifford</div> <div>11th - Jean Emde</div> <div>12th - Dorothy Spratlen</div> <div>14th - Dolores Hutchings</div> <div>15th - Beverly Pegram and Mary Ann Jones</div> <div>18th - Kabir Ali</div> <div>21st - Albert Beers</div> <div>27th - Chuck Hunnicutt</div> <div>29th - Marlene Hanks</div> <div>31st - Lolly Saunders</div>
<div>17</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>3:30 📖 Bingo! [CL]</div> <div>7:15 🎬 Movie Night CC - We Bought a Zoo [TC]</div>	<div>18</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Water in Motion [P]</div> <div>10:00 ➡ Water in Motion [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>2:00 ➡ Step in Motion: Basic Step Class [MR]</div> <div>3:00 📖 Let's Talk with Rachel - "All The Changes In Your Life" [CL]</div> <div>7:15 🎬 Movie Night CC - The Siege [TC]</div>	<div>19</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Aqua Bodyworks [P]</div> <div>10:00 ➡ Aqua Bodyworks [P]</div> <div>10:00 🎮 The Sun Shine Club - Craft [LR]</div> <div>11:00 ➡ Chair Yoga with Heather - Group 1 [TC]</div> <div>11:20 ➡ Chair Yoga with Heather - Group 2 [TC]</div> <div>1:30 🐾 Pet Play [MR]</div> <div>2:00 🍷 I Scream, You Scream - Ice Cream Truck</div> <div>3:00 📖 Learning Electronics with Donald [BC]</div> <div>7:15 🎬 Movie Night NCC - The Pledge [TC]</div>	<div>20</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:45 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>10:15 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>11:05 ➡ Chair Aerobics & Strength Class - Group 1 [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance [FC]</div> <div>11:35 ➡ Chair Aerobics & Strength Class - Group 2 [TC]</div> <div>12:00 💖 Lunch & Learn with Rachel on "Anxiety" [TC]</div> <div>3:00 ➡ The Sunshine Club - Shuffleboard</div> <div>4:30 🍷 Happy Hour On Wheels</div> <div>7:15 🎬 Movie Night CC - Say Anything [TC]</div>	<div>21</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Advance Water Aerobics [P]</div> <div>10:00 ➡ Advanced Water Aerobics [P]</div> <div>10:00 ➡ Bodyworks [TC]</div> <div>10:30 ➡ Bodyworks [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>3:00 📖 The Sun Shine Club - Corn Hole [LR]</div> <div>7:15 🎬 Movie Night CC - Key Largo [TC]</div>	<div>22</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Basic Water Aerobics [P]</div> <div>10:00 ➡ Basic Water Aerobics [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Line Dancing Video [MR]</div> <div>3:00 📖 Bingo! [CL]</div> <div>3:00 🍷 Happy Hour Adventure</div> <div>7:15 🎬 Movie Night NCC - The Magdalene Sisters [TC]</div>	<div>23</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>2:30 🎬 Movie Matinee CC - Dreamer [TC]</div> <div>7:15 🎬 Movie Night CC - Dreamer [TC]</div>	
<div>24</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>3:30 📖 Bingo! [CL]</div> <div>7:15 🎬 Movie Night CC - Young at Heart [TC]</div>	<div>Memorial Day Office Closed</div> <div>25</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>7:15 🎬 Movie Night CC - Honey, I Shrunk the Kids! [TC]</div>	<div>26</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Aqua Bodyworks [P]</div> <div>10:00 ➡ Aqua Bodyworks [P]</div> <div>10:00 🎮 The Sun Shine Club - Craft [LR]</div> <div>11:00 ➡ Chair Yoga with Heather - Group 1 [TC]</div> <div>11:20 ➡ Chair Yoga with Heather - Group 2 [TC]</div> <div>1:30 🐾 Pet Play [MR]</div> <div>2:00 🦋 Sharing Our Faith - David Jeremiah [TC]</div> <div>3:00 📖 Learning Electronics with Donald [BC]</div> <div>7:15 🎬 Movie Night NCC - Under The Tuscan Sun [TC]</div>	<div>27</div> <div>National Senior Health & Fitness Day</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:45 ➡ Chair Tai Chi - Group 1 [TC]</div> <div>10:15 ➡ Chair Tai Chi - Group 2 [TC]</div> <div>11:05 ➡ Chair Aerobics & Strength Class - Group 1 [TC]</div> <div>11:30 ➡ Open Play on the Smart Balance [FC]</div> <div>11:35 ➡ Chair Aerobics & Strength Class - Group 2 [TC]</div> <div>3:00 ➡ The Sunshine Club - Bocci Ball</div> <div>4:30 🍷 Happy Hour On Wheels</div> <div>7:15 🎬 Movie Night CC - Ballard of Lefty Brown [TC]</div>	<div>28</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Advance Water Aerobics [P]</div> <div>10:00 ➡ Advanced Water Aerobics [P]</div> <div>10:30 ➡ Stretch to Your Health [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>3:00 📖 The Sun Shine Club - Croquet [LR]</div> <div>7:15 🎬 Movie Night CC - The China Syndrome [TC]</div>	<div>29</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>9:30 ➡ Basic Water Aerobics [P]</div> <div>10:00 ➡ Basic Water Aerobics [P]</div> <div>10:30 ➡ Strength Training - Group 1 [MR]</div> <div>11:00 ➡ Strength Training - Group 2 [MR]</div> <div>11:30 ➡ Open Play on the Smart Balance Machine [FC]</div> <div>1:00 ➡ Line Dancing Video [MR]</div> <div>3:00 📖 Bingo! [CL]</div> <div>4:30 🍷 *Hawaiian Luau Party By The Pool* [P]</div> <div>7:15 🎬 Movie Night NCC - Facing Giants [TC]</div>	<div>30</div> <div>9:00 ➡ Water Walking Group [P]</div> <div>2:30 🎬 Movie Matinee NCC - Monster's Ball [TC]</div> <div>7:15 🎬 Movie Night NCC - Monster's Ball [TC]</div>	<div>Continued at top</div>