

## **JOB DESCRIPTION**

## **Grace Management, Inc.**

**Position:** Certified Nurse Assistant

Reports to: Wellness Director

### **Summary of Duties**

The primary responsibility of the Certified Nurse Assistant (CNA) is to provide physical and psychosocial care to all residents in a manner that promotes dignity, choice, and individuality. This position reports to the shift supervisor as well as the Wellness Director.

#### **Essential Functions**

- Provides all necessary care and services to assigned residents and assists other wellness department associates as needed.
- Works collaboratively with peers and other team members.
- Provides assistance with activities of daily living such as with bathing, dressing, personal hygiene (includes: shaving, oral care, nail care, hair care, foot care), toileting, eating, and ambulation/mobility.
- Maintains professional demeanor at all times when interacting with residents and families.
- Reports any suspected or witnessed instances of verbal, mental, or physical abuse to licensed staff immediately.
- Utilizes safe transfer techniques when assisting residents with mobility.
- Washes residents' laundry as needed.
- Understands and uses Centers for Disease Control and Prevention Standard Precautions, OSHA's Occupational Exposure to Bloodborne Pathogens standard, and follows established infection control procedures, hazardous communication, and other safety rules.
- Documents provision of services on Company forms.
- Operates designated medical equipment, copy, scan, fax machines, and telephone.
- Escorts residents and coordinates internal transportation needs.
- Assists residents with personal correspondence/telephone use when requested.
- Observes and reports changes in residents' physical condition and cognitive/emotional status to Wellness Director or supervisor, as needed.

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- · Conducts room checks and resident rounds.
- Monitors for environmental safety hazards.
- Respond to emergencies in a prompt and calm manner; Immediately reports such emergencies to the supervisor.
- Uses tactful, diplomatic communication techniques in potentially sensitive or emotionally charged situations.
- Follows-up with appropriate staff, residents, or other individuals regarding reported complaints, problems, and concerns.

#### **Non-Essential Functions**

- Participates in and supports the resident-centered activities program.
- Care for sensory enhancement devices such as eyeglasses and hearing aids.
- Completes housekeeping tasks such as bed-making, linen changes, vacuuming, emptying trash, and cleaning bathroom.
- Acts as an ambassador and public relations representative to guests and other off-campus visitors.
- Copies special paperwork and/or forms.
- Assists in a variety of tasks related to dining (escort residents to dining room, assist with set-up and clean tables, serve meals, bus tables, etc.).
- Demonstrates an appreciation of the heritage, values and wisdom of the residents, and an understanding of the aging process.
- Collaborates with associates in other departments to assure necessary care and services are provided.
- Participates in projects or committees as assigned.
- Performs related duties as assigned.
- Attends and participates in staff meetings and mandatory in-services.

# **Knowledge, Skills, Abilities, and Experience**

- Ability to read, write, and speak in English.
- Must maintain certification for a Certified Nurse Aide.
- Satisfactory completion of the company Resident Assistant skills competency checklist.
- Be in good physical health and free of communicable diseases; Lifting, bending, and pushing medication cart about residence is required.
- Must be able to lift 40 pounds.
- Completion of drug testing and criminal background check upon hire and upon request of supervisor.
- Experience in Assisted Living preferred.

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