



SEDGWICK PLAZA'S

LITTLE STORE

Come check us out!

MONDAY 1:00 PM - 2:00 PM
WEDNESDAY 5:00 PM - 6:00 PM
FRIDAY 1:00 PM - 2:00 PM

Two ways to pay: the Little store store accepts payment by check or the amount of you purchase can be added to your monthly bill.

NO Cash Accepted

Suggestions for "The Little Store", we'd love to hear them!!



Fancy Nails Independent Living

Monday April 6 and Monday April 20

Assisted Living

Thursday April 9 and Thursday April 23

Please Contact Concierge to sign up!

316-687-3741

Trivia Answers

1. False
2. True
3. True
4. True
5. False



SEDGWICK PLAZA
A GRACE MGMT COMMUNITY

2455 N Woodlawn Blvd Wichita Ks 67220

What does Easter mean to you?

Do you have a favorite Easter memory from when you was a kid, or a favorite memory of your own kids and grand kids. What was Easter like with your family and friends? Was there a certain food you would always have to have or a dessert that mama made. When you think Easter what comes to mind? We'd love to hear it. Write it down and submit it to the concierge or to Life Enrichment. Need help putting it on paper see Amanda and she will assist you however she can.

“As the world sings triumphant cries to heaven over death that you conquered, help us, Lord, tomorrow as well, when the dresses are put away and the candy is all eaten and on with life we go let us not forget. The celebration of your resurrection over death is a celebration of life that should continue well beyond the sunrise service and the music, rehearsed for days prior; it is beyond the sign of spring, beyond the lily, beyond new lambs grazing in open fields. Resurrection is a daily celebration over fear; man's greatest and most powerful enemy. Fear of tomorrow, fear of our yesterdays, fear of what shall become of our young our old our unborn. Resurrection is replacing fear with physical action. This alone, the most touching and profound of your signs that fear is dead and belief in you brings, not just hope but life. What better living parable could You have brought? All fear death. All. Even in the garden, You took on our fear if for only moments, it was as real as our fears can be real and You knew then that this single enemy must be destroyed. And, You sacrificed your life, leaving those who had been comfort, and follower; You left them behind, to conquer fear. I shall cling to this now, and the tomorrows given me. Peace and thanksgiving lifted unto you. Amen.”

UNKNOWN

Resident Council Meeting
March 10, 2020

Rich Langholz called the meeting to order at 2:30 pm. Larry Mitchell led the group in prayer. Rich led the group in The Pledge of Allegiance.

Rich introduced Terri Greaves, our director, to share what news she had for us. Terri spoke about the continuing work in the dish washing room. They found more that needed repaired than they had thought at first. The new dishwasher is in and ready to be placed soon. She reminded us of the Good Neighbor promotion it is an opportunity for each of us to get someone to move into the building. Then we receive a reduction of our rent as a reward. Terri brought ideas home from her meeting in Las Vegas last month.

She will be using a Wheel of Fortune that will allow residents to win prizes. Some suggestions for prizes were: Movie Tickets, massages from Kirk, ticket to baseball games, cash credit at the Little Store, Anthony's cinnamon rolls!

The Coronavirus was discussed in length. Hand washing is one of the best ways to stay safe. Clorox wipes, masks, gowns and goggles are on hand for our safety.

It has been suggested that if you feel sick or running a fever you should call your doctor for instructions before going in and exposing other patients. Another piece of advice is not to shake hands or hug each other for now. There were complaints about the small print in the calendar in the Buzz and complaints that the hairdresser's info was missing. Terri shared briefly a little about her trip to Las Vegas. She has no desire to go back there.

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Returning to our regular meeting, Rich asked if there were any other comments or problems to bring up. Ruth said that someone thought the little store was out of several things.

Rich stated that since the minutes had been printed in the "Buzz", the minutes would stand as printed. Bob P motioned for the meeting to be adjourned. Ruth second the motion. Rich declared the meeting adjourned at 3:20 p.m.

Secretary
Pat Walker

Trivia
True or False

1. The word "Easter" appears in the Old Testament Bible?
2. A lamb is one of the symbols of Easter, as it was a sacrificial animal in the Old Testament?
3. The rabbit is an ancient symbol of fertility.
4. The egg represents "new life", or the resurrection of Christ.
5. The most Popular American Easter candy is the Chocolate Bunny.



We know at this time many of you are missing your family and friends. The safety precautions in place for our Community are making these already stressful times even harder on our residents. But we are here to help. If you would like assistance in video chatting with your loved ones contact the Concierge they will contact Amanda who will then assist you in keeping as close of contact with those loved ones as we can.

Go to the Concierge
or call 316-687-3741

Reminiscent Corner

12 years ago 2008- Pope Benedict XVI visited the U.S. He went to the White house, Catholic University of America, and to the site of the Fallen World Trade Center.

22 years ago 1998- The Dow Jones Industrial Average closed above 9,000 for the first time.

42 years ago 1978- The Night time soap opera, Dallas premiered on CBS. It began as a five-week miniseries that led to a regular series that was on for 13 season until May 1, 1991. The women's Army Corp's (WAC) was abolished when the women were integrated into the regular army.

52 years ago 1968- The film Space Odyssey, premiered in Washington D.C. Martin Luther King Jr was assassinated in Memphis, TN.

The musical Hair, opened at Baltimore Theater on Broadway.

102 years ago 1918- An electrical fire killed 38 men and boys at the Oklahoma State Hospital for mental patients

COVID-19
(Coronavirus Disease 2019)

PRACTISE GOOD PERSONAL HYGIENE

WASH your hands regularly with soap and water.  **AVOID** touching your face with your hands. 

8 STEPS TO CLEAN YOUR HANDS

- 1 Palm to palm
- 2 Between fingers
- 3 Back of hands
- 4 Base of thumbs
- 5 Back of fingers
- 6 Fingernails
- 7 Wrists
- 8 Rinse and wipe dry

DO NOT WEAR A MASK IF YOU ARE WELL

There are sufficient masks in the government's stockpiles, if used responsibly.

WEAR A MASK ONLY IF

- You have a **FEVER, COUGH OR RUNNY NOSE**
- You are **RECOVERING FROM ILLNESS**

Stay home and AVOID social gatherings if you are sick. 