





March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:00 WHATS NEW 9:30 MORNING WALK/YOGA 10:00 CHURCH 1:00 BINGO 2:00 AFTERNOON SNACKS 6:00 HALLMARK MOVIE	2 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR BALL 10:30 DRUMMING CLASS 1:00 CRAFTS 2:00 AFTERNOON SNACKS 6:00 HALLMARK MOVIE	3 8:30 WHATS NEW 9:00 MORNING WALK/YOGA 10:00 DANCE CLASS W/CHRIS 1:00 COLOR EXPRESSIONS 2:00 BAKING COOKIES 3:00 CATCH THE PHRASE 6:00 WORD SEARCHES	4 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR EXERCISES 10:00 RING TOSS 1:30 PUZZLES 1:30 ICE CREAM BUS RIDE W/GWEN 6:00 RELAXING MUSIC	5 9:00 MORNING WALK/YOGA 10:00 CHAIR EXERCISES 1:00 BINGO 2:00 AFTERNOON SNACK 3:30 HAPPY HOUR 6:00 BRAIN TEASERS 	6 8:30 SPA DAY 9:15 MORNING WALK/YOGA 10:15 RING TOSS 12:00 VELMAS 99TH PARTY 1:00 BISHOP ANIMAL 1:30 SCENIC BUS RIDE W/GWEN 6:00 HALLMARK MOVIE	7 VELMAS 99TH 9:00 WHATS NEW 10:00 MORNING STRETCHES 11:00 BOWLING GAME  2:00 ICE CREAM SOCIAL 3:30 COLORING 6:00 HALLMARK MOVIE	
8 9:00 WHATS NEW 9:30 MORNING WALK/YOGA 10:00 CHURCH 1:00 WORD SEARCH 2:00 AFTERNOON SNACKS 6:00 HALLMARK MOVIE	9 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR BALL 10:30 DRUMMING CLASS  1:00 ART GROUP 2:00 AFTERNOON SNACKS 3:00 BINGO	10 8:30 WHATS NEW 9:00 MORNING WALK/YOGA 10:00 BOWLING GAME 1:00 PUZZLES 2:00 MAKING MILKSHAKES 3:00 COLOR EXPRESSIONS 6:00 HALLMARK MOVIE	10 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR EXERCISES 1:00 PUZZLES 1:30 SCENIC RIDE W/ GWEN 3:00 BRAIN FITNESS 6:00 HALLMARK MOVIE	12 POPCORN LOVERS DAY 8:30 WHATS NEW 9:00 MORNING WALK 10:00 PLANTING THE GARDEN 1:00 PRIMP & POLISH 3:30 HAPPY HOUR 6:00 RELAXING MUSIC	13 PIZZA DAY 8:30 SPA DAY 9:00 MORNING WALK 10:00 CHAIR BALL 10:30 LUNCH W/ CHEF VINCE 1:30 SCENIC BUS RIDE W/GWEN 1:30 ART GROUP 6:00 RELAXING MUSIC	14 BUTTERFLY DAY 9:00 WHATS NEW 10:00 MORNING STRETCHES 1:00 AFTERNOON WALK 2:00 POPCORN & MOVIE 3:30 SEEK & FIND PUZZLES 6:00 RELAXING MUSIC	
15 9:00 WHATS NEW 9:30 MORNING WALK/YOGA 10:00 CHURCH 1:00 BOWLING GAME 2:00 AFTERNOON SNACKS 3:00 CATCH THE PHRASE 6:00 HALLMARK MOVIE	16 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR BALL 10:30 DRUMMING CLASS 1:00 ART GROUP 2:00 AFTERNOON SNACKS 6:00 COLOR EXPRESSIONS	17 8:30 WHATS NEW 9:00 MORNING WALK/YOGA 10:00 DANCING W/CHRIS 1:00 ST PATRICKS DAY PARTY 3:30 ST PATTYS CRAFTS  6:00 RELAXIN MUSIC	18 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR EXERCISES 1:00 JEOPARDY 1:30 SCENIC RIDE W/ GWEN 3:00 BRAIN FITNESS 6:00 HALLMARK MOVIE	19 1ST DAY OF SPRING 8:30 WHATS NEW 9:00 MORNING WALK 10:00 CHAIR BALL 1:00 PRIMP & POLISH 2:00 COFFEE & SPRING ACTIVITY 3:30 HAPPY HOUR 6:00 RELAXING MOVIE	20 EARTH DAY 8:30 SPA DAY 9:15 MORNING WALK 10:00 RING TOSS 12:30 ROCK GARDEN ACTIVITY 1:30 CITY BUS RIDE W/GWEN 1:30 PUZZLES 6:00 HALLMARK MOVIE	21 9:00 WHATS NEW 10:00 MORNING STRETCHES 1:00 COLOR EXPRESSIONS 2:00 AFTERNOON SNACKS 3:30 TRIVIA 6:00 PUZZLES	
22 9:00 WHATS NEW 9:30 MORNING WALK/YOGA 10:00 CHURCH 1:00 WORD SEARCH 2:00 AFTERNOON SNACKS 3:00 SING A LONG 6:00 HALLMARK MOVIE	23 PUPPY DAY 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 CHAIR BALL 10:30 DRUMMING CLASS 1:00 ART GROUP 2:00 COOKING CLASS 6:00 RELAXING MUSIC	24 9:00 MORNING WALK/YOGA 10:00 DANCE CLASS W/ CHRIS 1:00 BINGO 2:00 AFTERNOON SNACKS 2:30 COLOR EXPRESSIONS 3:30 JEOPARDY 6:00 PUZZLES	25 WAFFLE DAY 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:00 MUSIC W/JIM 1:00 BINGO 2:30 SUNCOAST MUMMERS 6:00 HALLMARK MOVIE	26 8:30 WHATS NEW 9:00 MORNING WALK 10:00 BEAN BAG TOSS 1:00 PRIMP & POLISH 2:00 AFTERNOON SNACKS 3:00 BRAIN FITNESS 6:00 RELAXING MUSIC	27 8:30 SPA DAY 9:00 MORNING WALK 10:00 CHAIR BALL 12:30 LUCK ACTIVITY 1:30 MYSTERY RIDE W/GWEN 1:30 INTERACTIVE CRAFTS 6:00 RELAXING MUSIC	28 9:00 WHATS NEW 10:00 MORNING STRETCHES 1:00 CRAFTS 2:00 AFTERNOON SNACKS 3:30 TRIVIA 6:00 PUZZLES	
29 9:00 WHATS NEW 9:30 MORNING WALK 10:00 CHURCH 1:00 BINGO 2:00 AFTERNOON SNACKS 3:00 PUZZLES 6:00 HALLMARK MOVIE	30 8:30 SPA DAY 9:00 MORNING WALK/YOGA 10:30 DRUMMING CLASS 1:00 ART GROUP 2:00 COOKING CLASS 3:00 CATCH THE PHRASE 6:00 RELAXING MUSIC	31 CRAYON DAY 9:00 MORNING WALK 10:00 DANCE CLASS W/ CHRIS 1:00 CRAYON ACTIVITY 2:00 AFTERNOON SNACKS 3:00 BRAIN FITNESS 6:00 PUZZLES	ALL ACTIVITIES ARE SUBJECT TO CHANGE 