


March 2020 Penobscot & Cottages

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:00 Van Departs for Church 1</p> <p>10:00 Catholic Communion [SR]</p> <p>10:30 Van Departs for Church</p> <p>1:30 Rummikub [SR]</p> <p>2:00 Hymns with Hannah</p> <p>2:30 <i>Movie Matinee</i></p> <p>7:00 <i>Downton Abbey</i> [KGP]</p>	<p>Shopping 2</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>3:00 Pool League</p> <p>3:45 Rosary Prayer Meeting [CR]</p>	<p>3</p> <p>12:00 Zumba [KGP]</p> <p>1:30 Scrabble [GR]</p> <p>2:30 <i>Movie Matinee</i> [KGP]</p> <p>7:15 Shawn Laatsch [PMR]</p>	<p>4</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>1:30 Bridge [GR]</p> <p>2:00 Masanobu Ikemiya [KGP]</p> <p>4:30 Social Hour</p> <p>7:15 <i>Midweek Movie</i> [KGP]</p>	<p>5</p> <p>11:00 Sewing Bird [CR]</p> <p>2:00 Cribbage [SR]</p> <p>3:00 Bereavement Group</p> <p>4:00 Fireside Strings [KGP]</p>	<p>6</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>2:00 Mah Jong [SR]</p>	<p>7</p> <p>1:30 Crafting Group</p> <p>2:00 Card Games [SR]</p> <p>2:00 Doolally [KGP]</p> <p>3:00 Bingo [PMR]</p> <p>7:15 <i>Saturday Night Movie</i> [KGP]</p>	 <p>DIRIGO PINES A GRACE MGMT COMMUNITY</p>
<p>Daylight Saving Time Begins 8</p> <p>9:00 Van Departs for Church</p> <p>10:00 Catholic Communion [SR]</p> <p>10:30 Van Departs for Church</p> <p>1:30 Rummikub [SR]</p> <p>2:00 Hymns with Hannah</p> <p>2:30 <i>Movie Matinee</i></p> <p>7:00 <i>Downton Abbey</i> [KGP]</p>	<p>Shopping 9</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>2:00 True North Theatre [PMR]</p> <p>3:00 Pool League</p> <p>3:45 Rosary Prayer Meeting [CR]</p> <p>7:15 <i>Gateway Movie</i> [KGP]</p>	<p>10</p> <p>10:00 Penobscot Resident Meeting [PMR]</p> <p>12:00 Zumba [PMR]</p> <p>1:30 Scrabble [GR]</p> <p>2:00 Duane Nickerson</p> <p>2:00 Welcome Whitney & Bill</p> <p>3:30 <i>Movie Matinee</i> [KGP]</p> <p>7:15 Bill Trowell [KGP]</p>	<p>11</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>1:30 Bridge [GR]</p> <p>4:00 Alz Caregivers Support Group [CR]</p> <p>4:30 Social Hour</p> <p>7:15 <i>Midweek Movie</i> [KGP]</p>	<p>12</p> <p>10:00 Art with Janice</p> <p>2:00 Cribbage [SR]</p> <p>3:00 Library Committee</p> <p>7:15 Bob Tredwell</p>	<p>13</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>11:15 Out to Lunch Bunch</p> <p>2:00 Mah Jong [SR]</p>	<p>14</p> <p>1:30 Crafting Group</p> <p>2:00 Card Games [SR]</p> <p>3:00 Bingo [PMR]</p> <p>7:15 <i>Saturday Night Movie</i> [KGP]</p>	
<p>9:00 Van Departs for Church 15</p> <p>10:00 Catholic Communion [SR]</p> <p>10:30 Van Departs for Church</p> <p>1:30 Rummikub [SR]</p> <p>2:30 <i>Movie Matinee</i></p> <p>7:00 <i>Downton Abbey</i> [KGP]</p>	<p>Shopping 16</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>2:00 Dan Tardy, PT [PMR]</p> <p>3:00 Pool League</p> <p>3:45 Rosary Prayer Meeting [CR]</p>	<p>St. Patrick's Day 17</p> <p>12:00 Zumba [PMR]</p> <p>1:30 Scrabble [GR]</p> <p>2:30 <i>Movie Matinee</i> [KGP]</p> <p>5:00 St. Patrick's Day Party</p>	<p>18</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>1:30 Bridge [GR]</p> <p>4:30 Social Hour</p> <p>7:15 <i>Midweek Movie</i> [KGP]</p>	<p>19</p> <p>11:00 Sewing Bird [CR]</p> <p>2:00 Cribbage [SR]</p> <p>7:15 Mark Brewer [PMR]</p>	<p>20</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>2:00 Mah Jong [SR]</p> <p>4:00 Girl Scout Cookie Sale</p>	<p>21</p> <p>1:30 Crafting Group</p> <p>2:00 Card Games [SR]</p> <p>3:00 Bingo [PMR]</p> <p>7:15 <i>Saturday Night Movie</i> [KGP]</p>	
<p>9:00 Van Departs for Church 22</p> <p>10:00 Catholic Communion [SR]</p> <p>10:30 Van Departs for Church</p> <p>1:30 Rummikub [SR]</p> <p>2:30 <i>Movie Matinee</i></p> <p>7:00 <i>Downton Abbey</i> [KGP]</p>	<p>Shopping 23</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>2:00 True North Theatre [PMR]</p> <p>3:00 Pool League</p> <p>3:45 Rosary Prayer Meeting [CR]</p> <p>7:15 <i>Gateway Movie</i> [KGP]</p>	<p>24</p> <p>12:00 Zumba [PMR]</p> <p>1:30 Scrabble [GR]</p> <p>2:30 <i>Movie Matinee</i> [KGP]</p> <p>7:15 UMaine Renaissance [KGP]</p>	<p>25</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>1:30 Bridge [GR]</p> <p>2:00 <i>Gateway Seniors Musical</i></p> <p>4:30 Social Hour</p> <p>7:15 <i>Midweek Movie</i> [KGP]</p>	<p>26</p> <p>2:00 Cribbage [SR]</p> <p>2:00 Death with Dignity [KGP]</p> <p>6:30 Paint & Sip [KGP]</p>	<p>27</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>11:15 Out to Lunch Bunch</p> <p>2:00 Julie Monroe</p> <p>2:00 Mah Jong [SR]</p>	<p>28</p> <p>1:30 Crafting Group</p> <p>2:00 Card Games [SR]</p> <p>3:00 Bingo [PMR]</p> <p>7:15 <i>Saturday Night Movie</i> [KGP]</p>	
<p>9:00 Van Departs for Church 29</p> <p>10:00 Catholic Communion [SR]</p> <p>10:30 Van Departs for Church</p> <p>1:30 Rummikub [SR]</p> <p>2:30 <i>Movie Matinee</i></p> <p>7:00 <i>Downton Abbey</i> [KGP]</p>	<p>Shopping 30</p> <p>9:30 Exercise [PMR]</p> <p>10:00 Exercise [PMR]</p> <p>10:00 Sittercise [KGP]</p> <p>10:30 Gateway Exercise [PMR]</p> <p>3:00 Pool League</p> <p>3:45 Rosary Prayer Meeting [CR]</p>	<p>31</p> <p>12:00 Zumba [PMR]</p> <p>1:30 Scrabble [GR]</p> <p>2:30 <i>Movie Matinee</i> [KGP]</p> <p>7:15 John Tercyak [KGP]</p>	<p>Location Keys</p> <p> 📖 Cognitive ★ Purposeful 🎨 Creative 🌻 Sensory 💖 Emotional 👥 Social 👵 Inter-generational 🦋 Spiritual 🚶 Physical </p> <p> Conference Room CR Penobscot Media Room PMR Garden Room GR Social Room SR Kenduskeag Gathering Place & GP </p>				



Dirigo Pines
9 Alumni Drive
Orono, Maine 04473
(207)866-3400