

February 2020
Monthly Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>THE LANDON AT LAKE HIGHLANDS A GRACE MGMT COMMUNITY</div> <div>8501 Lullwater Dr. Dallas, TX 75238 2143436400</div>		<div>Important Numbers</div> <div>Courtesy Officer Cellphone - (214)734-1076 Trattoria Restaurant - (214)221- 3285 Emergency Medical - 911 Care Concierge - (214)343-6400 (Monday - Friday 10 AM - 4 PM)</div>				<div><div>1:00 Rummikub [GR]</div><div>1:30 Peaceful Puzzles [AR]</div><div>2:30 The Crown Season 2 Episode 1 & 2 - Captions [TC]</div><div>3:30 Ping Pong [BR]</div><div>7:15 The Crown Season 2 Episode 1 & 2 - Captions [TC]</div></div> <div><div> Cognitive</div><div> Creative</div><div> Emotional</div><div> Inter-generational</div><div> Physical</div><div> Purposeful</div><div> Sensory</div><div> Social</div><div> Spiritual</div></div>
<div>Groundhog Day - No Movie Night [TC]</div> <div>10:15 St. Patrick's Catholic Church Service [TC]</div> <div>10:30 Lake Highlands U.M. Church [OS]</div> <div>11:00 Sunday Brunch</div> <div>2:00 Non - Denominational Service [TC]</div> <div>3:30 Bingo! [CL]</div> <div>5:00 Superbowl Watch Party [CL]</div> <div>5:00 The League of Men - Superbowl Party [TC]</div>	<div>8:30 Shopping Loop [OS]</div> <div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>2:00 Matter of Balance [MR]</div> <div>3:00 Let's Talk with Rachel - "All The Changes In Your Life" [CL]</div> <div>4:30 Happy Hour [CL]</div> <div>7:15 Movie Night ReRun CC - La La Land [TC]</div>	<div>1:00 Bridge [GR]</div> <div>9:00 Heart Healthy Walking Club [OS]</div> <div>10:00 Dragon Fly Dental - See Sara for more info [E]</div> <div>11:00 Chair Yoga with Heather [MR]</div> <div>11:00 Maggiano's Little Italy Restaurant [OS]</div> <div>1:00 Learning Electronics [LR]</div> <div>1:30 Pet Play [MR]</div> <div>2:30 Safety Meeting Talk with Dallas Police Department [CL]</div> <div>3:00 Tuesday Tea [CL]</div> <div>7:15 Movie Night NCC - Winter's End [TC]</div>	<div>9:45 Chair Tai Chi [MR]</div> <div>10:30 Blood Pressure Checks [CC]</div> <div>11:05 Chair Aerobics & Strength Class [MR]</div> <div>11:30 Open Play on the Smart Balance [FC]</div> <div>1:00 Bridge [GR]</div> <div>1:00 Cheer Committee [TR]</div> <div>1:30 Blood Pressure Checks [CC]</div> <div>2:00 "Gratitude With Attitude" Lecture with Fred [TC]</div> <div>4:30 Happy Hour with Art Stern [CL]</div> <div>7:15 Movie Night CC - Betty White "First Lady of Television" [TC]</div>	<div>9:00 Shopping at Target [OS]</div> <div>10:00 Stretch To Your Health [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>11:30 Picasso's Pizza & Grill [OS]</div> <div>3:30 Poker - Dealers Choice [GR]</div> <div>7:15 Movie Night CC - The Two Popes [TC]</div>	<div>9:30 Mobile Vision Care with Dr. Wike - See Sara for more info. [CC]</div> <div>10:30 Strength & Chair Boxing Training [MR]</div> <div>11:00 Trades Of Hope [BH]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>2:00 Chair Tai Chi [MR]</div> <div>3:00 Bingo! [CL]</div> <div>3:30 Veteran's Group - VA Hospital Valentines Boxes [MR]</div> <div>4:30 Happy Hour with Appetizers [CL]</div> <div>4:35 National Wear Red Day</div> <div>7:15 Movie Night NCC - The Great Outdoors [TC]</div>	<div>11:00 Famous Brands Clothing [BH]</div> <div>1:00 Rummikub [GR]</div> <div>1:30 Peaceful Puzzles [AR]</div> <div>2:00 *NEW* Creative Painting Workshop [CL]</div> <div>2:30 The Crown Season 2 Episode 3 & 4 - Captions [TC]</div> <div>3:30 Ping Pong [BR]</div> <div>7:15 The Crown Season 2 Episode 3 & 4 - Captions [TC]</div>
<div>10:15 St. Patrick's Catholic Church Service [TC]</div> <div>10:30 Lake Highlands U.M. Church [OS]</div> <div>11:00 Sunday Brunch</div> <div>2:00 Non - Denominational Service [TC]</div> <div>3:30 Bingo! [CL]</div> <div>7:15 Movie Night NCC - Gladiator [TC]</div>	<div>8:30 Shopping Loop [OS]</div> <div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>2:00 Matter of Balance [MR]</div> <div>2:00 Musingo [CL]</div> <div>4:30 Happy Hour [CL]</div> <div>7:15 Movie Night CC - When Harry Met Sally [TC]</div>	<div>9:00 Heart Healthy Walking Club [OS]</div> <div>10:00 Donuts with Leasing [CL]</div> <div>11:00 Chair Yoga with Heather [MR]</div> <div>1:00 Learning Electronics [LR]</div> <div>1:00 VA Hospital Trip [OS]</div> <div>1:30 Pet Play [MR]</div> <div>2:00 One Story At A Time - Creative Writing Class [TR]</div> <div>2:00 Sharing Our Faith with Betsy [TC]</div> <div>7:15 Movie Night NCC - The Gallant Hours [TC]</div>	<div>9:45 Chair Tai Chi [MR]</div> <div>10:30 Blood Pressure Checks [CC]</div> <div>11:05 Chair Aerobics & Strength Class [MR]</div> <div>11:30 Open Play on the Smart Balance [FC]</div> <div>1:00 Bridge [GR]</div> <div>1:00 Line Dancing [MR]</div> <div>1:30 Blood Pressure Checks [CC]</div> <div>2:00 Healing Hands Therapeutic Massage by Grace H.H. [CC]</div> <div>2:00 Landon Lecture Series - " Letha Dawson Scranzoni & Friends" [MR]</div> <div>3:30 Movie Committee [CL]</div> <div>4:30 Happy Hour with Marty Ruiz [CL]</div> <div>7:15 Movie Night CC - Little Giants [TC]</div>	<div>9:00 Healthy Heart Step Class [MR]</div> <div>9:00 Shopping at Walmart [OS]</div> <div>10:00 Bodyworks [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:30 Read!Vet</div> <div>2:00 Food Committee Meeting [TR]</div> <div>3:00 Resident Ambassador Meeting * Date change * [TR]</div> <div>3:30 Poker - Dealers Choice [GR]</div> <div>7:15 Movie Night CC - The Benny Goodman Story [TC]</div>	<div>Heart Association Silent Auction - Open All Day</div> <div>Valentine's Day</div> <div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>12:10 Healthy Heart Lunch and Learn [CL]</div> <div>1:00 Bridge [GR]</div> <div>1:00 Novin Jewelry Repair [CL]</div> <div>1:30 Alzheimer's Support Group [TR]</div> <div>2:00 BINGO - *Time change [CL]</div> <div>2:00 Chair Tai Chi [MR]</div> <div>3:30 1st Annual Heart Beat Dance [T]</div> <div>4:30 Happy Hour with Appetizers [CL]</div> <div>7:15 Movie Night NCC - Couples Retreat [TC]</div>	<div>11:00 Premier Jewelry [BH]</div> <div>1:00 Rummikub [GR]</div> <div>1:30 Peaceful Puzzles [AR]</div> <div>2:30 The Crown Season 2 Episode 5 & 6 - Captions [TC]</div> <div>3:30 Ping Pong [BR]</div> <div>7:15 The Crown Season 2 Episode 5 & 6 - Captions [TC]</div>
<div>10:15 St. Patrick's Catholic Church Service [TC]</div> <div>10:30 Lake Highlands U.M. Church [OS]</div> <div>11:00 Sunday Brunch</div> <div>12:00 Girl Scout Cookie Day! [LR]</div> <div>2:00 Non - Denominational Service [TC]</div> <div>3:30 Bingo! [CL]</div> <div>7:15 Movie Night NCC - Little Big League [TC]</div>	<div>Presidents' Day</div> <div>8:30 Shopping Loop [OS]</div> <div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>2:00 Matter of Balance [MR]</div> <div>4:30 Happy Hour [CL]</div> <div>7:15 Movie Night ReRun CC - Scent of a Women [TC]</div>	<div>9:00 Heart Healthy Walking Club [OS]</div> <div>11:00 Chair Yoga with Heather [MR]</div> <div>1:00 Learning Electronics [LR]</div> <div>1:30 Pet Play [MR]</div> <div>3:30 Community Meeting [CL]</div> <div>3:30 Movie Club & Dinner "Valkyrie" - RSVP for Dinner [TC]</div> <div>7:15 Movie Night NCC - 27 Dresses [TC]</div>	<div>9:45 Chair Tai Chi [MR]</div> <div>10:30 Blood Pressure Checks [CC]</div> <div>11:05 Chair Aerobics & Strength Class [MR]</div> <div>11:30 Open Play on the Smart Balance [FC]</div> <div>12:00 Lunch & Learn with Rachel - "Advance Directives" [TC]</div> <div>1:00 Bridge [GR]</div> <div>1:00 Jam Session - Come and play or just come and listen! [MR]</div> <div>1:30 Blood Pressure Checks [CC]</div> <div>2:30 Communion with L.H.U.M.C [TC]</div> <div>4:30 Happy Hour with Richard Palomino</div> <div>7:15 Movie Night CC - Cider House Rules [TC]</div>	<div>9:00 Shopping at Central Market [OS]</div> <div>10:00 Stretch To Your Health [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:30 BUNCO! [CL]</div> <div>3:00 New Resident Orientation *Welcome HOME!* [CL]</div> <div>3:30 Poker - Dealers Choice [GR]</div> <div>7:15 Movie Night CC - Downton Abbey [TC]</div>	<div>10:30 Strength Training [MR]</div> <div>11:30 Hedy's Boutique</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>1:30 Book Club "American Princess" [4L]</div> <div>2:00 Chair Tai Chi [MR]</div> <div>3:00 Bingo! [CL]</div> <div>4:30 Happy Hour with Appetizers [CL]</div> <div>7:15 Movie Night NCC - The Stepford Wives [TC]</div>	<div>1:00 Rummikub [GR]</div> <div>1:30 Peaceful Puzzles [AR]</div> <div>2:30 The Crown Season 2 Episode 7 & 8 - Captions [TC]</div> <div>3:30 Ping Pong [BR]</div> <div>7:15 The Crown Season 2 Episode 7 & 8 - Captions [TC]</div>
<div>10:15 St. Patrick's Catholic Church Service [TC]</div> <div>10:30 Lake Highlands U.M. Church [OS]</div> <div>11:00 Sunday Brunch</div> <div>2:00 Non - Denominational Service [TC]</div> <div>3:30 Bingo! [CL]</div> <div>7:15 Movie Night NCC - War of the Roses [TC]</div>	<div>8:30 Shopping Loop [OS]</div> <div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>2:00 Matter of Balance [MR]</div> <div>2:00 Musingo [CL]</div> <div>4:30 Happy Hour [CL]</div> <div>7:15 Movie Night CC - Lawrence of Arabia [TC]</div>	<div>Mardi Gras</div> <div>9:00 Heart Healthy Walking Club [OS]</div> <div>11:00 Chair Yoga with Heather [MR]</div> <div>11:30 Mardi Gras - Louisiana Style Buffet [T]</div> <div>1:00 Learning Electronics [LR]</div> <div>1:30 Mardi Gras Pet Parade at The Villages [OS]</div> <div>1:30 Pet Play [MR]</div> <div>2:30 Silver Derby Horse Races [CL]</div> <div>7:15 Movie Night NCC - Top Gun [TC]</div>	<div>Ash Wednesday</div> <div>9:00 Preferred Podiatry [CC]</div> <div>9:45 Chair Tai Chi [MR]</div> <div>10:30 Blood Pressure Checks [CC]</div> <div>11:05 Chair Aerobics & Strength Class [MR]</div> <div>11:30 Open Play on the Smart Balance [FC]</div> <div>1:00 Bridge [GR]</div> <div>1:00 Line Dancing [MR]</div> <div>1:30 Ash Wednesday with St. Patrick's Catholic Church - Everyone is welcome to come! [TC]</div> <div>2:30 Blood Pressure Checks [CC]</div> <div>1:30 Healing Hands Therapeutic Massage Grace H.H. [CC]</div> <div>9:00a Preferred Podiatry</div> <div>7:15 Movie Night CC - The Natural [TC]</div>	<div>9:00 Shopping at WalMart [OS]</div> <div>10:00 Bodyworks [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 "Little Women" at The Dallas Theater Center [OS]</div> <div>2:30 Taylor Marie Fashion Show [CL]</div> <div>3:30 Poker - Dealers Choice [GR]</div> <div>7:15 Movie Night CC - Perfect Storm [TC]</div>	<div>10:30 Strength Training [MR]</div> <div>11:30 Open Play on the Smart Balance Machine [FC]</div> <div>1:00 Bridge [GR]</div> <div>3:00 Bingo! [CL]</div> <div>4:30 Happy Hour with Appetizers [CL]</div> <div>7:15 Movie Night NCC - Snatched [TC]</div>	<div>12:00 Cooking Demonstration [CL]</div> <div>1:00 Rummikub [GR]</div> <div>1:30 Peaceful Puzzles [AR]</div> <div>2:30 The Crown Season 2 Episode 9 & 10 - Captions [TC]</div> <div>3:30 Ping Pong [BR]</div> <div>7:15 The Crown Season 2 Episode 9 & 10 - Captions [TC]</div>

Happy Birthday!

3rd Paula Marino
10th Homer Martinez
10th Pat Hartwig
12th Midred Burns
12th Sig Britt Hughes
14th Betty Butler
15th Joe Caldwell
16th Mavis Axtell
19th Charles Cullum
19th Kathleen Diggs
21st Pat Barron
25th Roslyn Hancock
25th Harold Smith
27th Freddie Senking
29th Donald Sem

Location Keys

4th Floor Library	4L
Art Room	AR
Billiards Room	BR
Bistro Hallway	BH
Care Concierge	CC
Champagne Lounge	CL
Entrance	E
Fitness Center	FC
Game Room	GR
Lobby Living Room	LR
Multipurpose Room	MR
Off Site Event	OS
Theater Central	TC
Trattoria Restaurant	T
Tuscan Room	TR