



THE HIGHLANDS  
A GRACE MGMT COMMUNITY

# Friday Dinner Menu

December 6<sup>th</sup>

## SOUP

**Seafood Chowder**

## ENTREES

**Red Sox Pot Roast** (

*xtaêijũpòarñ òö ē-úūgrēđřáúúijđ*

**Lemon Haddock** ( Ů

*xi ijđñřřijpđđkũ.ž iji řěö òòřàòêřřatúřěg*

## SIDES

**Baked Potato**  
**Honey Carrots**

**Whipped Potatoes**  
**Peas n Onions**

## DESSERTS

**Toffee Cheesecake**  
**Rum Cake**

HBĐBQĐ Ł .ẼQÑKĐMẼŇFŤQĐ> MČŘĜĐQÆĐĐ  
CKĐ ŘĐ> ŘJẼŇŤQŘĐQŮĐQẼŇQ> ẼK ŮŇQŘĐKĐBĐHŇM

**\*Gluten Free Option V. Vegetarian Option**