

January 2020

Twin Rivers Assisted Living Calendar

created with  Sagely

| Sunday | | Monday | | Tuesday | | Wednesday | | Thursday | | Friday | | Saturday | | | |
|--|--|--|--|--|--|--|--|--|--|---|--|---|--|--|--|
|  TWIN RIVERS A GRACE MGMT COMMUNITY | |  | | 1720 North Plano Road Richardson, TX 75081 (972)979-4333 | | New Year's Day 1 8:00 Rose Parade (NBC) [M] 3:00 Bingo Showdown [M] 4:15 St.Joseph Catholic Church Communion [P] 6:30 Movie Night [M] | | Happy Birthday Nicky! 2 8:30 Scheduled Appointment [T] 10:30 30 min. Chair Exercise [M] 2:30 Bridge Club or Card Games [B] 3:30 Bible Study with Kelly [P] 6:30 Mexican Train [B] | | 9:30 Morning Exercise w/ Jason [M] 3 10:45 Men"s Luncheon [O] 2:00 Bingo [M] 3:30 Happy Hour [B] 6:00 Movie Night [M] | | National Spaghetti Day 4 10:00 Coffee & Donuts Social [B] 2:30 Bridge Club or Card Game [B] 6:30 Movie Night [M] | | | |
|  | | Happy Birthday Mary M. 5 11:00 Christ United Methodist Church (AL) [M] 12:00 Sunday Sing Along [D] 6:30 Mexican Train or Dominoes [B] | | 9:00 Wii Bowling [M] 6 10:30 Morning Exercise [M] 1:00 Shopping at Target [T] 4:00 Wheel of Fortune [M] 6:30 Mexican Train [B] | | 8:30 Scheduled Appointment [T] 7 10:30 30 min. In Chair Exercise [M] 11:00 BP Clinic with Carla [W] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train or Dominoes [B] | | 10:30 Chair Yoga with Cindy [M] 8 3:00 Bingo Showdown [M] 4:15 St.Joseph Catholic Church Communion [P] 6:30 Movie Night [M] | | National Law Enforcement Appreciation Day 9 8:30 Scheduled Appointment [T] 10:30 30 min. Chair Exercise [M] 11:00 Prayer Session Twon North Church [P] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train [B] | | 10:30 Morning Exercise w/ Jason [M] 10 2:00 Bingo [M] 3:30 Happy Hour [B] 3:30 Happy Hour with Toni Macaroni [D] 6:00 Movie Night [M] | | 10:00 Coffee & Donuts Social [B] 11 2:30 Bridge Club or Card Game [B] 6:30 Movie Night [M] | |
|  | | 11:00 Christ United Methodist Church (AL) [M] 12 12:00 Sunday Sing Along [D] 6:30 Mexican Train or Dominoes [B] | | Happy Birthday Dorothy S. 13 9:00 Wii Bowling [M] 10:30 Morning Exercise [M] 1:00 Shopping at Walmart [T] 4:00 Wheel of Fortune [M] 6:30 Mexican Train [B] | | 8:30 Scheduled Appointment [T] 14 10:30 30 min. In Chair Exercise [M] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train or Dominoes [B] | | 10:45 Health Talk with Melanie (It's a New Year) 15 3:00 Bingo Showdown [M] 4:15 St.Joseph Catholic Church Communion [P] 6:30 Movie Night [M] | | 8:30 Scheduled Appointment [T] 16 10:30 30 min. Chair Exercise [M] 11:15 Jody & Jody [D] 2:30 Bridge Club or Card Games [B] 3:30 Bible Study with Kelly 6:30 Mexican Train [B] | | 10:30 Morning Exercise w/Jason [M] 17 2:00 Bingo [M] 3:30 Happy Hour [B] 6:00 Movie Night [M] | | 10:00 Coffee & Donuts Social [B] 18 2:30 Bridge Club or Card Game [B] 6:30 Movie Night [M] | |
|  | | 11:00 Christ United Methodist Church (AL) [M] 19 12:00 Sunday Sing Along [D] 6:30 Mexican Train or Dominoes [B] | | Martin Luther King, Jr. Day 20 9:00 Wii Bowling [M] 10:30 Morning Exercise [M] 1:00 Shopping at Target [T] 4:00 Wheel of Fortune [M] 6:30 Mexican Train [B] | | Happy Birthday Marian C. 21 8:30 Scheduled Appointment [T] 10:30 30 min. In Chair Exercise [M] 2:00 Heart of Texas Pet Therapy Visit [C] 2:00 Heart of Texas Therapy Dog Visit [C] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train or Dominoes [B] | | 1:00 Chair Yoga with Cindy 22 3:00 Bingo Showdown [M] 4:15 St.Joseph Catholic Church Communion [P] 6:30 Movie Night [M] | | National Pie Day 23 8:30 Scheduled Appointment [T] 10:30 30 min. Chair Exercise [M] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train [B] | | 9:30 Morning Exercise w/ Jason [M] 24 11:00 Texas Winds Musical Angels Duo (Harp & Viola) 2:00 Bingo [M] 3:30 Happy Hour [B] 6:00 Movie Night [M] | | 10:00 Coffee & Donuts Social [B] 25 2:30 Bridge Club or Card Game [B] 6:30 Movie Night [M] | |
|  | | 11:00 Christ United Methodist Church (AL) [M] 26 12:00 Sunday Sing Along [D] 6:30 Mexican Train or Dominoes [B] | | Happy Birthday Doris B. 27 9:00 Wii Bowling [M] 10:30 Morning Exercise [M] 1:00 Shopping at Walmart [T] 4:00 Wheel of Fortune [M] 6:30 Mexican Train [B] | | 8:30 Scheduled Appointment [T] 28 10:30 30 min. In Chair Exercise [M] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train or Dominoes [B] | | 10:30 30 Min Chair Exercise [M] 29 3:00 Bingo Showdown [M] 4:15 St.Joseph Catholic Church Communion [P] 4:45 Let's Eat Out (Siciliano's A Taste of Italy) [O] 6:30 Movie Night [M] | | 8:30 Scheduled Appointment [T] 30 10:30 30 min. Chair Exercise [M] 2:30 Bridge Club or Card Games [B] 6:30 Mexican Train [B] | | National Have Fun at Work Day 31 10:30 Morning Exercise w/Jason [M] 2:00 Bingo [M] 3:30 Happy Hour (Snow Ball Fight) [B] 6:00 Movie Night [M] | | | |