November 2019

created with Sagely

TOWN VILLAGE
AUDUBON PARK
A GRACE MGMT COMMUNITY

- Cognitive
- Creative
- Emotional
- Inter-generational
- Physical
- Purposeful
- Sensory
- Social
- Spiritual

Location Keys

Activity Room	AR
Back Hallway	BH
Back Patio	BP
Billiard Room	BR
Bistro	B
Bus Trip	BT
Dining Room	DR
Front Drive	FD
Lobby	LO
Swimming Pool	P
Town Hall	TH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Halmark/Gould's Academy Personal Trip/First Tennessee Bank/Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:30 Catholic Mass [TH] 11:00 Oak Court Mall [BT] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Adam Levin [B] 7:30 Pay for Play Bingo [DR]	**2** 9:30 XBOX Bowling [TH] 10:00 Sudoku 101 [AR] 10:15 Cordova Walmart Shopping Trip [BT] 2:00 Goodwill Drop-Off [BH] 3:00 Billiards [BR]
3 Daylight Saving Time Begins 8:15 Ridgeway Baptist Church [FD] 8:45 Cherry Road Baptist Church [BT] 9:00 2nd Presbyterian Church [BT] 9:15 Christ United Methodist Church [BT] 9:15 St. Luke's United Methodist Church [BT] 9:45 Holy Rosary Church [BT] 10:10 Cherry Road Baptist Church [BT] 2:00 Worship Service with Fellowship Memphis [TH] 3:00 Afternoon Movie [TH]	**4** 9:00 Power Stretch & Tone Aqua [P] 9:00 Rosary and Prayer [AR] 10:00 Tai Chi [TH] 10:30 Sprouts and Walgreens [BT] 1:00 Yoga [TH] 1:15 Kroger [BT] 2:00 Activity Planning Meeting [B] 3:00 Billiards [BR] 3:00 Shopping at Laurelwood including Nordstrom Rack & Novel! [BT] 3:00 Special DVD showing "Travel Greece with the Chamber Music Society of Lincoln Center" Sponsored by the Town Village Classic Music Group (90 mins.) [TH] 7:30 Pay for Play Bingo [DR]	**5** Election Day 9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 Fun Sing-along Around a Bonfire on the Back Patio (If weather permits) [BP]	**6** 9:00 Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P] 9:30 Girls with Pearls (Drop off Food Donation at St. Luke's) [BT] 10:35 Lunch Out to Char Restaurant (Limited to the First 11 Residents to Sign Up) [BT] 11:00 Eastgate Shopping Center and Bank [BT] 12:00 Buddy Bingo (12:00 - 2:00) [DR] 1:30 Sittercise [TH] 2:00 Germantown & Poplar Shopping Center (1 & 1/2 hours) Five Below, TJ Maxx, Hobby Lobby & More [BT] 2:00 XBOX Bowling [TH] 3:00 Chess, Checker & Board Games [AR] 7:30 Pay for Play Bingo [DR]	**7** 10:00 Weights [TH] 11:00 Welcome Ambassador Meeting [AR] 2:00 Balance Exercise [TH] 2:00 Shuffleboard 2:30 Memphis History (Don Hild Speaks on his Experiences at the Orpheum Theatre) [TH] 7:00 "Power Hour" Bible Study [TH] 7:00 "Someone is Dying to Go to Colonel Sander's Roast" Murder Mystery Play Written by Shawn [DR]	**8** 9:00 Halmark/Gould's Academy Personal Trip/First Tennessee Bank/Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 11:00 Oak Court Mall [BT] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with the Beverly Brothers [B] 7:30 Pay for Play Bingo [DR]	**9** 9:00 Breakfast Out to Perkins [BT] 10:00 Line Dancing with Orvill [B] 10:30 XBOX Bowling [TH] 2:00 Volleyball Game in the Swimming Pool [P] 3:00 Billiards [BR]
10 8:15 Ridgeway Baptist Church [FD] 8:45 Cherry Road Baptist Church [BT] 9:00 2nd Presbyterian Church [BT] 9:15 Christ United Methodist Church [BT] 9:15 St. Luke's United Methodist Church [BT] 9:45 Holy Rosary Church [BT] 10:10 Cherry Road Baptist Church [BT] 2:00 Communion with Kingsway Christian Church [AR] 3:00 Afternoon Movie [TH]	**11** Veterans Day 9:00 Power Stretch & Tone Aqua [P] 9:00 Rosary and Prayer [AR] 10:00 Tai Chi [TH] 10:30 Sprouts and Walgreens [BT] 12:00 Veteran Day Lunch [DR] 1:00 Yoga [TH] 1:15 Kroger [BT] 1:30 Resident Council Meeting (Members Only) [AR] 3:00 Billiards [BR] 7:30 Nonconnah Creek Conservancy [TH] 7:30 Pay for Play Bingo [DR]	**12** 9:00 Weights (Class A) [TH] 10:00 Jewelry Cleaning & Cupcakes with Home Instead [B] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 Short Story Society [TH]	**13** 9:00 Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P] 9:30 Trip to Library [BT] 10:00 Bo's Coffee Talk [DR] 11:00 Eastgate Shopping Center and Bank [BT] 11:00 New Resident Lunch and Orientation [DR] 1:30 Sittercise [TH] 2:00 Winchester & 385 Shopping (1 & 1/2 Hr) JC Penney, Ollie's Marshall's, JoAnn Fabric & Crafts, Ultra & More [BT] 2:00 XBOX Bowling [TH] 3:00 Chess, Checker & Board Games [AR] 7:30 Pay for Play Bingo [DR]	**14** 10:00 Town Village Veteran's Club [B] 10:00 Weights [TH] 1:00 Menu/Food Committee Meeting [TH] 2:00 Balance Exercise [TH] 2:00 Open Art Studio with Lindsey [AR] 2:00 Shuffleboard 7:00 "Power Hour" Bible Study [TH]	**15** 9:00 Halmark/Gould's Academy Personal Trip/ First Tennessee Bank/ Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 11:00 Oak Court Mall [BT] 11:00 Target, Superlo, and Post Office [BT] 1:30 Welcome Shabbat [AR] 3:30 Happy Hour with Driving Sideways [B] 7:30 Pay for Play Bingo [DR]	**16** 9:30 XBOX Bowling [TH] 10:00 Sudoku 101 [AR] 10:45 Out to Eat at Newk's Eatery [BT] 3:00 Billiards [BR]
17 8:15 Ridgeway Baptist Church [FD] 8:45 Cherry Road Baptist Church [BT] 9:00 2nd Presbyterian Church [BT] 9:15 Christ United Methodist Church [BT] 9:15 St. Luke's United Methodist Church [BT] 9:45 Holy Rosary Church [BT] 10:10 Cherry Road Baptist Church [BT] 2:00 Worship Service with First Evangelical Church [TH] 3:00 Afternoon Movie [TH]	**18** 9:00 Power Stretch & Tone Aqua [P] 9:00 Rosary and Prayer [AR] 10:00 Tai Chi [TH] 10:30 Sprouts and Walgreens [BT] 1:00 Yoga [TH] 1:15 Kroger [BT] 2:00 Bartlett Choral & Drama Group Concert [DR] 3:00 Billiards [BR] 7:00 Fern Society [TH] 7:30 Pay for Play Bingo [DR]	**19** 9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 Sing-along with Standards/Show Tunes [TH] 6:00 Bob & Tally Green Concert [B]	**20** 9:00 Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P] 10:00 Casino Trip [BT] 10:00 Mature Men with Mugs in the Morning [B] 11:00 Eastgate Shopping Center and Bank [BT] 1:30 Sittercise [TH] 2:00 XBOX Bowling [TH] 3:00 Chess, Checker & Board Games [AR] 7:30 Pay for Play Bingo [DR]	**21** 9:00 Forever Young Veterans [BT] 10:00 Weights [TH] 2:00 Balance Exercise [TH] 2:00 Shuffleboard 2:00 Trip to Germantown Library's Used Book Store [BT] 2:30 Trivia and History [TH] 6:30 "The Sound of Music" at Harding Academy [BT] 7:00 "Power Hour" Bible Study [TH]	**22** 9:00 Halmark/Gould's Academy Personal Trip/ First Tennessee Bank/ Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 10:00 Sports 56 Radio Live Remote with 3 Little Pigs BBQ (10:00 -1:00) [LO] 11:00 Oak Court Mall [BT] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Kris Grauel [B] 7:30 Pay for Play Bingo [DR]	**23** 9:30 XBOX Bowling [TH] 10:00 Line Dancing with Orvill [B] 2:00 Big Prize Bingo [DR] 3:00 Billiards [BR]
24 8:15 Ridgeway Baptist Church [FD] 8:45 Cherry Road Baptist Church [BT] 9:00 2nd Presbyterian Church [BT] 9:15 Christ United Methodist Church [BT] 9:15 St. Luke's United Methodist Church [BT] 9:45 Holy Rosary Church [BT] 10:10 Cherry Road Baptist Church [BT] 2:00 Communion with Kingsway Christian Church [AR] 3:00 Afternoon Movie [TH]	**25** 9:00 Power Stretch & Tone Aqua [P] 9:00 Rosary and Prayer [AR] 10:00 Tai Chi [TH] 10:30 Sprouts and Walgreens [BT] 11:00 New Resident Meet & Greet [AR] 1:00 Yoga [TH] 1:15 Kroger [BT] 3:00 Billiards [BR] 3:00 Trip for Cupcakes for Residents with November Birthdays [BT] 7:30 Pay for Play Bingo [DR]	**26** 9:00 Weights (Class A) [TH] 10:30 Bible Study [AR] 10:30 Weights (Class B) [TH] 2:00 Balance Exercise [TH] 3:00 Short Story Society [TH]	**27** 9:00 Bible Study [TH] 9:00 Power Stretch & Tone Aqua [P] 9:30 Trip to Library [BT] 11:00 Eastgate Shopping Center and Bank [BT] 11:15 Lunch at JCC [BT] 1:30 Sittercise [TH] 2:00 XBOX Bowling [TH] 3:00 Chess, Checker & Board Games [AR] 7:30 Pay for Play Bingo [DR]	**28** Thanksgiving 10:00 Weights is canceled today [TH] 2:00 Balance Exercise is canceled today [TH] 2:00 Shuffleboard 2:00 Special DVD shown in Town Hall [TH] 3:00 Learn Sign Language with Betty Krone is canceled today 7:00 "Power Hour" Bible Study [TH]	**29** 9:00 Halmark/Gould's Academy Personal Trip/ First Tennessee Bank/ Regions Bank [BT] 9:00 Power Stretch & Tone Aqua [P] 9:45 Catholic Communion [TH] 11:00 Oak Court Mall [BT] 11:00 Target, Superlo, and Post Office [BT] 3:30 Happy Hour with Oscar Sueing [B] 7:30 Pay for Play Bingo [DR]	**30** 9:30 XBOX Bowling [TH] 11:00 Movie Out [BT] 3:00 Billiards [BR]