# November

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|---|---|---|
| Meadowbrook 2019 | Dirigo Pines (207)866-3400 | | | | 1<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Fall Drive | 2<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Movie Matinee, *The Muppet Movie* |
| 3<br><br>2:00 Hymns | 4<br><br>10:00 Sittercise<br>10:30 Kickball<br>12:00 Clayton Rogers<br>3:00 Crafts with Helen | 5<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Tea Social and Share<br>4:15 One on Ones | 6<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Masanobu Ikemiya<br>4:15 Crockpot Wassail | 7<br><br>10:00 Maizy Visit<br>2:00 Dirigo Library<br>4:00 Fireside Strings | 8<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Movie Matinee, *Gone with the Wind* | 9<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Fran & Dave |
| 10<br><br>2:00 Hymns | 11 **Veteran's Day**<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 *Veterans Day Trivia<br>3:00 Puzzles w/ Helen<br>4:00 Veterans Day Social | 12<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Duane Nickerson<br>7:15 Anything Goes | 13<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Music Therapy | 14<br><br>10:00 Art with Janice<br>12:00 Judy Faust<br>2:00 Pickle Taste Testing | 15<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Thanksgiving Reminiscing & Crockpot Cake<br>4:15 One on Ones | 16<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 *Karaoke |
| 17<br><br>2:00 Inter Church Ministries Service | 18<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Julie Monroe<br>3:00 Baking with Helen | 19<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Word Games | 20<br><br>10:00 Dave Mussey<br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Make a Mural<br>4:15 *Rick Steves Travel, Croatia | 21<br><br>10:00 One on Ones<br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Make Your Own PB&J Ritz Crackers & Facts<br>3:30 Alcohol Ink Class | 22<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 November Birthday Party | 23<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 *Classic TV, *Bonanza* |
| 24<br><br>2:00 Inter Church Ministries Service | 25<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Make Paper Airplanes<br>2:30 Resident Council<br>3:30 Bill Trowell | 26<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 *Price is Right Game<br>6:30 Paint & Sip with Valerie Wallace | 27<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Autumn Art Pages | 28 **Thanksgiving**<br><br> | 29<br><br>10:00 Sittercise<br>10:30 Kickball<br>2:00 Turkey Arts & Craft | 30<br><br>10:30 Exercise<br>10:55 Hydration<br>11:00 Kickball<br>2:00 Bingo |